



# Green Holiday Guide



*Looking for creative, eco-friendly holiday tips?*

*From the gift of experience to where to buy local crafts—here are some great ways to save more and live more this holiday season.*

## Food

### Purchase local, healthy food this holiday season

- Buy seasonal, locally grown fruits and vegetables from your grocery store or farmer's market.
- Bring your reusable bags to the store and buy in bulk.

### Preparation

- Compost as you go.
- Find out how much meat, vegetables or pasta to prepare for your guests.
- Serve food buffet-style so people can choose the best portions for themselves.

### Cleanup

- Ask guests to scrape their plates directly into your kitchen compost container.
- Use durable storage options for leftovers. Ask your guests to bring reusable Tupperware® or casserole dishes for leftovers.



## Gifts

### Give the gift of experience

- Massage, pedicure or restaurant gift certificates.
- Passes, memberships or tickets to the zoo, OMSI, art museum, a play or movie, the gym and sharing organizations like tool libraries.
- Art, music, sewing, carpentry, cooking, kayaking or rock climbing lessons or classes.

### Be creative with handmade gifts and holiday décor

- Sew or knit a scarf or mittens using recycled or scrap materials.
- Bake, can or pickle food items.

### Give local crafts and vintage finds

- Shop locally at school and church craft bazaars or Saturday Market.
- Find gifts at vintage and second-hand stores or estate and garage sales.

### Consider wrapping and packaging

- Choose items with reusable or recyclable packaging.
- Use cloth bags instead of wrapping paper or sew your own.



## Décor

### Use nature to decorate your home

- Decorate with fruits and vegetables that can be eaten later, and branches and pinecones that can be composted when you're done with them.
- Pop popcorn and string it for your mantel or tree.

### Make your own décor

- Make or choose table coverings that can be used year after year.
- Decorate with items you already have. A stack of holiday books, a bowl filled with toys and another with game cards for entertaining.



*For more holiday tips visit [www.oregonmetro.gov/holidaytips](http://www.oregonmetro.gov/holidaytips)*