

High School, Adult

Skateboarding – Private Coaching All Ages

Need more individualized attention? Develop skills, from beginning to advanced, in a one on one experience. Work with your personal instructor developing & improving skating techniques & ability. Whether you are a beginner, intermediate, or advanced rider, let us help you reach your personal goals. Location: Gabriel Park Skate Park, or indoor at SWCC. Call 503-823-2847 to schedule. Maximum of 4 participants at a time. See guide for additional details.

One Hour Session:

Private 1-on-1\$28/person
Group Session.....\$18/person

Adult 55 & up

Holiday Tea Luncheon & Ridgefield Wildlife Drive age: 55 & up

Twist & wind through scenic countryside, Oregon history & beautiful vistas. Marvel at the peace of flowing rivers & majestic mountains just beyond the city. Traveling backcountry roads is your gateway to sites of special occasion.

Fee includes tea & gratuity. Most luncheon items contain dairy. Tea followed by slow drive in wildlife refuge for winter bird-spotting; you may wish to bring binoculars.

Van departs from Southwest Community Center, 6820 SW 45th, promptly at 11 a.m. Parking is available in the lot or on the street. Meet in the lobby.

For Mobility Rating Guide or if using a wheelchair, motorized scooter or need special assistance, please contact Senior Recreation at 503-823-4328 as soon as possible.

Tickets are pre-purchased & non-refundable after January 31. If calling 3 working days in advance the program fee of \$18 is refundable.

416906 Th 11-4:30pm 2/13 \$42

Women's Basketball *New*

Sundays 3-4pm. Included in daily admission.
See Gym Schedule on page 52.

Music - Private Lessons age: 8 & up

Always wanted to start playing or improve upon existing skills? One-on-one time in a private setting can boost confidence as well as musical abilities. Express your creativity!

4, 60-min lessons for \$140

Call 503-823-2845 or email blaine.rethmeier@portlandoregon.gov for flexible scheduling and additional information.

Music – Guitar or Bass

Looking for a way to express your creativity? Music helps you try something new as you acquire skills that last a lifetime. Explore or review essential techniques such as note reading, chords, music theory, rhythm patterns, improvisations & strumming of popular tunes.

Music – Drums

Dreams of playing in a band can come true! Basic skills - equipment, tempo, timing, syncopation & patterns, increase your musical knowledge, coordination, dexterity & concentration. Feel the beat, discover rhythm & develop a lifelong pursuit.

Music – Technology

Groove from the ground up! Explore elements of music-making software such as Ableton Live, Logic, Reaper and Garageband. Mix-up your own tunes in hip-hop, rock and electric styles.