PORTLAND PARKS & RECREATION
Healthy Parks, Healthy Portland

Southwest Community Center
6820 SW 45th Ave. | 503-823-2840
www.portlandoregon.gov/parks/swcc

All Ages

SWCC Gym Schedule

Fall 2013: Sept 15-Jan 5

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am		All Ages 5:30-8:45am		All Ages 5:30-8:45am			
6am							
7am	Circuit Training 7:10-8:10am		Circuit Training 7:10-8:10am		Circuit Training 7:10-8:10am	Adult 30 & up Team Play 7:30-9:30am	
8am							
9am							
10am		Indoor Park 10:30am-2pm		Indoor Park 10:30am-2pm	Indoor Park 10:30-noon		All Ages 10am-4pm
11am							
Noon	Adult Basketball noon-2pm	Open Gym Noon-2pm	Adult Basketball noon-2pm	Open Gym Noon-2pm	Adult Basketball noon-2pm		
1pm	Indoor Park 1:30-3pm		Indoor Park 1:30-3pm				
2pm						*All Ages 2-7pm	Women's basketball 3-4pm @ East Gym
3pm	Youth 18 & under 3-5pm	Youth 18 & under 3-5pm		Youth 18 & under 3-5pm	Youth 18 & under 3-5pm		
4pm							Adult 30 & up Team Play 4-6pm
5pm					Open Gym 5-7:30pm		
6pm							
7pm	Adult Basketball Team Play 18 & up 7:30-9:30pm	Adult Volleyball REC PLAY 7:30-9:30pm	Adult Basketball Team Play 18 & up 7:30-9:30pm	Adult Volleyball POWER PLAY 7:30-9:30pm	Open Gym 7:30-9pm		
8pm							
9pm							
10pm							

- No Indoor Playpark: 10/11, 11/8, 11/11, 11/25-29, last day 12/20.
- Limited hours during our annual building maintenance 9/1-9/13.
- Open REC Volleyball: Open for all skill levels to enjoy!
- Groups are not permitted to use Open Gym time for practices. Call 503-823-2849 and speak with a coordinator to learn about our new Gym Practice Rental Policy.
- Power Play Volleyball: For experienced players only (18 & up)! Players should understand a 6-2 offense for Power Play.

Women's Basketball

Sundays 3-4pm.

Included in daily admission

New

- Gymnasium Closures: 10/19 10-7pm, 11/25-27 8:45-6pm, 12/23-1/3 8:45-6pm.

= Times when Southwest Community Center has classes or activities scheduled.