PORTLAND BY CYCLE

Classes

All classes are FREE and open to the public, but **pre-registration is required.**

To register for any of the classes, or to get more information, email SmartTrips@portlandoregon.gov, or call Jeff Smith at 503-823-7083.

Rides

All rides are FREE. No pre-registration required. Helmets must be worn by all riders. Children under 16 must be accompanied by an adult.

Summer Evening Series

Tuesdays and Wednesdays, July through August. Meet at 5:45, ride at 6:00 pm. Rides last about 2 hours and cover 6 to 10 miles roundtrip.

Saturday Ride Series

Various Saturdays, April through November. Meet at 9:45, ride at 10:00 am. Rides last 2.5 – 3 hours and cover 10 to 20 miles roundtrip.

For more information about rides, call Timo Forsberg at 503-823-7699 or email timo.forsberg@portlandoregon.gov.

MADE POSSIBLE WITH SUPPORT FROM METRO AND THE FEDERAL TRANSIT ADMINISTRATION

Drive less. Save more.

The City of Portland complies with all non-discrimination laws including Title VI (Civil Rights) and Title II (ADA). To request a translation, accommodation or additional information, please contact Linda Ginenthal at Linda.Ginenthal@portlandoregon.gov or use City TTY 503-823-6868, or Oregon Relay Service: 711.

4/15

CLASS SCHEDULE

All classes are free, but **pre-registration is required**. See back page for details.

SPRING CLASS SESSIONS

*Classes are 6:30 – 8:00 pm, except where noted, at either the **PCC CLIMB Center**, 1626 SE Water Ave or **PCC Cascade Campus**, Student Center, 705 N Killingsworth St*

Shop By Bike / Build Your Own Bike Bucket

TUES, JUN 2 *PCC Cascade Campus*
WED, JUN 3 *PCC Climb Center*

Do you ever take a car because you have too much to carry on your bike? Come learn some strategies for conveniently transporting groceries, packages, and kids by bicycle. We'll conclude with you building your own "bike bucket".

Bike Maintenance Basics

WED, MAY 6 *PCC Climb Center*
WED, JUN 10 *PCC Climb Center*

Join us for a hands-on clinic covering basic bike maintenance, flat repair, and a few simple adjustments and cleaning techniques. Learn how to keep your bike running like, um... a well-oiled machine! Great if you can bring your bike, as there'll be an opportunity to work on it, but not absolutely necessary.

Cycling Essentials

TUES, MAY 12 *PCC Cascade Campus*
WED, MAY 13 *PCC Climb Center*

Want more information on how to develop your cycling awareness, stay comfortable and safe, and find the best bike routes? Come join us for this interactive session and build your cycling confidence.

Low-Car Living

TUE, MAY 19 *PCC Cascade Campus*
WED, MAY 20 *PCC CLIMB Center*

Portland is a great city to live in, especially if you don't want to spend your time in traffic. We'll cover maps, apps and online tools for using transit, car-sharing, and biking, so you can have more time, more money and fewer car-ownership headaches.

Get Rolling: On-Bike Riding Skills

SAT, JUN 13 *PCC Climb Center* *9am to 1pm*

Is the road beckoning but you're not sure you're ready? This course will get you up to speed. The first part of the workshop focuses on the rules of the road and on-the-bike technique like signaling, turning, shifting and braking. The second half we'll venture out to practice these skills, and take a short and easy ride around town so you can flex your new skills and we can explore the wonderful world of two-wheeled Portland.

Please bring your bike, helmet, water, a snack and wear weather-appropriate clothing. If it's been a while since you've pushed the pedals, please bring your bike to a local shop for a safety check before the ride.

FALL CLASS SESSIONS

All Season Cycling class

Sure, it gets pretty wet in Oregon but with a little extra preparation you can be an all-season cyclist. Join us for an interactive session as some experienced riders share their tips and techniques for staying dry, comfortable and safe while riding year 'round.

All Season Cycling and *Bike Maintenance Basics* will be offered in the Fall; check our website after August 15 for a schedule of dates and locations:

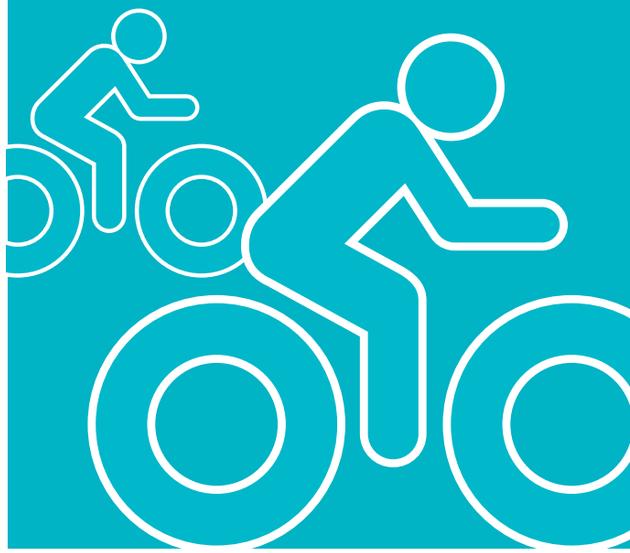
PortlandOregon.gov/transportation/at, click on "Events"

FOR OTHER OPTIONS on getting around town, visit our Active Transportation website:

portlandoregon.gov/transportation/at

PORTLAND BY CYCLE

LET US SHOW YOU AROUND



Easy-paced bike rides

Classes with what you need to know to get out and go

2015 EDITION

PORTLAND BY CYCLE RIDE SCHEDULE

Learn Portland's great bikeways this summer! Come ride with experienced cyclists on our easy-paced Bicycle Network Tours. You will learn:

- Comfortable streets to travel by bike
- How to ride safely in traffic
- Points of interest in your neighborhood

Free bike/walk maps and prize drawing at every ride.

All rides are FREE. No pre-registration required.

Helmets are required for all riders, and children under 16 must be accompanied by an adult.

For more information about rides, contact

Timo Forsberg 503-823-7699
timo.forsberg@portlandoregon.gov
portlandoregon.gov/transportation/44099

For women who would like to find out more about cycling from a female-specific perspective, check out the Women on Bikes webpage – rides, groups, and information especially for women.
portlandoregon.gov/transportation/44100

SUNDAY FAMILY RIDE

Sunday @ 12:30pm (meet at 12:15); 2.5 hours, 6.5 miles

Family Ride to the Tram (CC)

SUN, MAY 17 *Splendid Cycles, 407 SE Ivon St*

Bike, walk and fly on this kid–friendly route to the Gibbs Pedestrian Bridge and Portland Aerial Tram. Free ride on the Tram included!

Want more opportunities for a relaxed ride? Come to Sunday Parkways!

Held on **May 10, June 21st, July 26, August 23** and **September 27** in 2015.

Visit **PortlandSundayParkways.org** for details.

SUMMER EVENING SERIES

Tuesdays / Wednesdays @ 6pm (meet at 5:45); 2-2.5 hours, 6-13 miles

Waterways Real & Metaphoric (CC)

WED, JUN 10 *Vera Katz Statue, Eastbank Esplanade & SE Main St*

It's Pedalpalooza! This tour will celebrate our city's rivers through the work of artists and engineers.

The Wonderful World of Bike Non–Profits (NE)

WED, JUN 17 *Community Cycling Center, 1700 NE Alberta St*

Visit half a dozen sites showing the vibrant bike non-profit community and efforts to increase accessibility, safety and empowerment in Portland.

Sweet Summer Cycle (SE)

TUE, JUL 7 *Clever Cycles, SE Hawthorne Blvd & 9th Ave*

Everyone's favorite ride – visit SE sweet shops, have a treat, by bike.

Sweet Summer Cycle (NE)

WED, JUL 8 *Irving Park, NE 7th Ave & Fargo St*

Everyone's favorite ride – visit NE sweet shops, have a treat, by bike.

PMLR East & the 19th Neighborhood Greenway (SE)

TUE, JUL 14 *PCC CLIMB Center, 1626 SE Water St*

A Pretty Mellow Little Ride to Sellwood via new bikeways, including the SE 19th Ave Neighborhood Greenway.

NoPo Greenway Tour (N)

WED, JUL 15 *Dawson Park, N Stanton St & Vancouver Ave*

Tour several of Portland's beautiful Neighborhood Greenways while learning some of the area's history.

PMLR West (CC)

TUE, JUL 21 *Waterfront Bikes, 10 SW Ash St*

A Pretty Mellow Little Ride showing off new bikeways downtown and to the south.

50's Bikeway – Northeast (NE)

WED, JUL 22 *Laurelhurst Park, SE Ankeny St & Laurelhurst Pl*

We'll try two major north–south routes and find connections to NE & SE bikeways.

Fly the 130's (E)

TUE, JUL 28 *East Portland Community Ctr, 740 SE 106th Ave*

Neighbors remember when a plane went down near here. A new Neighborhood Greenway will make roads safer for non–airborne travel.

SW Multnomah & More (SW)

WED, JUL 29 *Dewitt Park, across from Hillsdale Library, 1525 SW Dewitt St*

We'll try out a new cycletrack plus the ups–and–downs of SW hills.

The Spirit of '77 (NE)

TUE, AUG 4 *Hollywood Library, 4040 NE Tillamook St*

We'll blaze a trail to a new park via new Neighborhood Greenways in Roseway, Cully and Rose City Park.

50's Bikeway – Southeast (SE)

WED, AUG 5 *JoeBike, SE Lincoln St & Cesar Chavez Blvd*

We'll try two major north–south routes and find connections to NE & SE bikeways.

The Dream of the 80's (SE)

TUE, AUG 11 *Clinton Park, SE Woodward St & 57th Ave*

We'll take a tour of two low–traffic routes that travel north and south, enjoying our bicycle rights.

St. Johns, Park to Park (N)

WED, AUG 12 *Columbia Pool, 7701 N Chautauqua Blvd*

We'll use low–stress routes to see parks, parks and more parks!

Butte of a Ride – Council Crest (SW)

TUE, AUG 18 *Salmon Street Springs, SW Naito Pkwy & Salmon St*

I'm not going to lie to you – it's steep. But we'll go slow, and the views are worth every minute of climbing.

Let's BIKE to IKEA (NE)

WED, AUG 19 *Cat 6 Bike Shop, 4831 NE 42nd Ave*

You're not always shopping for a 6-drawer dresser. Find your way to the big store on this ride – meatballs optional.

150's or Bust (E)

TUE, AUG 25 *Glendoveer Golf Course parking lot, NE Halsey St & 148th Ave*

Look into the future as we ride a possible route for a new bikeway in East Portland.

Butte of a Ride – Rocky Butte (NE)

WED, AUG 26 *Hollywood Library, 4040 NE Tillamook St*

See August 18th – again, steep. Again, amazing views.

SATURDAY SERIES

Saturdays @ 10am (meet at 9:45); 2.5-3 hours, 11-20 miles

Green Trees, Green Streets (SE)

SAT, APR 18 *Universal Cycles, SE Ankeny St & 22nd Ave*

Portland doesn't rest on its laurels – or its oaks. See how we're improving the urban canopy and managing all that rain.

Autumn Adventure (SE)

SAT, SEP 26 *PCC CLIMB Center, 1626 SE Water St*

A longer ride to start the season – we'll head south via new bikepaths, neighborhood greenways and a new bridge.

Coffee & Donuts Ride (NE)

SAT, OCT 10 *Hollywood Library, 4040 NE Tillamook St*

What's round and keeps your bike moving? BYO cup + cash for snacks.

Art Along the I-205 Path (E)

SAT, OCT 24 *Ed Benedict Park, SE 104th Ave & Bush St*

Enjoy innovative art at various stations along the Green Line while riding the I–205 Multi–Use Path.

Tilikum to Terwilliger Tour (SW)

SAT, NOV 7 *PCC CLIMB Center, 1626 SE Water St*

Enjoy views of the Willamette from many perspectives while learning to love low gear.

Stormwater Cycling (SE)

SAT, NOV 21 *Universal Cycles, SE Ankeny St & 22nd Ave*

Take a tour of innovative street designs that help protect our watershed – and make it pleasant for folks on foot and bike.