

The City African American Network (CAAN) Invites you to join us in celebrating **Black History Month 2021**

Join CAAN for these events and to sign up for future communications, contact CAAN@portlandoregon.gov
Follow us on Facebook: <https://www.facebook.com/pdxcaan/>

Black History Month City Council Proclamation

February 3, 2021, 2:00 PM – 3:00 PM – Live Stream [here](#) or via [youtube](#)
Featuring Testimonies from Community Members and City Employees related to the National Theme, 'The Black Family: Representation, Identity, and Diversity.'

Always Eat Together (AET) w/ Commissioner Mingus Mapps

February 16, 2021, 11:30 AM – 12:30 PM via [Microsoft Teams](#)
CAAN meets virtually every month to check in, network, and eat together. Commissioner Mapps will be joining us for a special meet and greet.

Let's Talk Mental Health

February 18, 2021, 1:00 PM – 2:00 PM via Zoom – [Register here](#)
Join the City's Mental Health Specialist, Tyesha McCool-Riley, providing information to promote wellness, increase awareness, and to de-stigmatize mental health disabilities. As our understanding of mental health grows, we increase our capacity to practice intentional self-care, provide support for others as well as learn of tools and resources available. The session will conclude with a mindfulness exercise focused on re-centering our energy.

Black History Month End Celebration

February 25, 2021 1:00 PM – 2:30 PM via Zoom – [Register here](#)
Send off Black History Month with a virtual celebration where we will highlight black businesses and feature keynote speakers Charlene McGee and Kheoshi Owens.

