

LMBC Meeting Minutes - Final

May 10, 2016

Bull Run Conference Room, 5th Floor, Portland Building
Attendance

LMBC Members present

Suzanne Kahn
Mark Gipson
Betsy Ames
Craig Morgan
Amy Bowles
Alan Ferschweiler
Jon Uto
Deborah Sievert-Morris
Jay Guo

LMBC members absent

Dawn Martin
Amy Archer
Jamie Burrows
Stephanie Babb
David Rhys

Staff

Cathy Bless
Vicki Arch

Other attendees

Rob Martineau (AFSCME Local 189)
Isaac McLennan (PFFA)
Elliot Levin (PTE 17)
Paul Cone (PTE 17)
Anne Thompson (Aon)
Katie Shifley (CBO)

1. Call to Order: Betsy Ames called the meeting to order at 1:37 p.m.
2. Minutes for the April 12th meeting were reviewed and approved with no changes.
3. **Self-Insured Plan Experience Reporting** — Cathy discussed the plan financials. The past few months have not been standard, since there were claims issues at Moda, and Kroger has not provided claims back-up documents in a timely way. We do have the numbers for April, however, with the loss ratio at 110% for that month. The loss ratio year to date is at 98%. Both March & April were somewhat skewed in terms of the reporting, however we would expect May and June to be more standard. We haven't seen any new large claims at this point in time.
4. **Annual Enrollment Update** –Cathy Bless
Packets are going out in the mail this week to employees' homes. Included are online instruction sheets with members' current elections & family members, flyers on Express Scripts, the EAP and Healthy Foundations, and a What's New Flyer which includes changes to the plan (DCTU/Rec life insurance, decrease in OOP maximum, change to Express Scripts, etc.) Meetings will be held at various locations during the annual enrollment period (Friday, May 13 through Monday, June 13). DCTU/Rec members will not need to do anything to change their \$10,000 life to the 1x salary plan, however, they will need to go online to complete their beneficiary information as that will not roll forward to the new plan. In addition, if they have supplemental life and want to reduce that because of the increased Basic Life, they may do that at any time of the year.
5. **Pharmacy Plan Renewal Update**
There will be no issue with OTC Step Therapy as previously mentioned. If someone has a prescription, it will be honored. Express Scripts will also be including coverage of OTC hyperglycemic products, and we will continue to cover OTC tobacco patches. To prepare for the transfer of PBMs, Kroger will send both a Prior Authorization (PA) file and a year-long claims history file to Express Scripts. These will be sent very soon and again on June

30th. There is a grandfather provision within our Express Scripts contract, so no new PA will be required until the old one expires. This provision also maintains safety protocols, so someone's medication will not be changed if they are stable on their current drug.

Kroger will not be sending an open refills file for mail order or specialty since members will need to get in touch with Express Scripts (or Accredo for specialty meds) anyway to set up their account, provide payment information, etc. Members can call their providers to request the new prescription to go to Express Scripts, or they can call Express Scripts customer service who will call their provider. For Specialty medications, Express Scripts will reach out to assure a smooth transition. These members can also contact Healthy Foundations for help in getting set up with Express Scripts. At the retail pharmacies, the individual pharmacist holds the prescription, so members just need to provide their new Express Scripts billing information to refill their prescriptions. When we send confirmation statements out in June, we will include the Express Scripts temporary ID card, which will provide the pharmacist with all the billing information they will require to bill the claim. Express Scripts cards will go out within the first 10 days of July, and members can call or go online effective July 1, 2016. They have advanced online tools/phone application.

The Express Scripts contract will be a five-year contract.

6. Other Business

- The Plan Document passed Council last week.
- No contract with Express Scripts yet, but final pricing piece has been determined and it should be finalized soon.
- For stop loss, Cathy asked the committee if they would be interested in staying with Moda (instead of going with Zurich) if Moda can match or beat Zurich's price and terms (\$1M deductible.) The group discussed whether or not it made sense—Moda is a local company, but then there was some concern about their financial stability. Cathy will get Moda's proposal. **UPDATE:** Moda did match Zurich's proposal and then Zurich reduced its' price so any fees Moda required to transmit data to Zurich was cost neutral. Since Zurich was the original entity the LMBC chose, we stayed with Zurich.
- A question came up about the open meetings, Cathy is still waiting for the City attorney to provide information. When this is received, it will be included on the next agenda.

7. Meeting was adjourned at 2:20p.m.