



Health & Financial Benefits

HEALTHY LIVING. HEALTHY FUTURE.

Preventive Care Initiative Reminder

For Nonrepresented, PPA, PPCOA, Housing (AFSCME 189-3), BOEC, PTE-17 (formerly COPPEA), Recreation, Portland City Laborers (PCL), and DCTU represented employees enrolled in the City's health plan:

You have until March 9th, 2018 to visit your primary care provider for a preventive wellness exam (also called a checkup or physical) to maintain the lowest premium share for the upcoming benefits year.

- If you have received a letter confirming you met the Preventive Care Initiative (PCI) from Moda or Kaiser, there is nothing else you need to do now.
- If you have recently visited your provider or scheduled your appointment and will see your provider before January 31, 2018, Moda and Kaiser will send you a letter once your claim has been processed.
- If you are a Kaiser participant, you are required to complete and return the [Kaiser Authorization](#) form for the City to program your premium share correctly during annual enrollment in 2018 and for Kaiser to confirm to you that you have met the Standard. Kaiser participants can logon to their www.kp.org account to view previously sent letters.
- Moda participants can contact the Member Health Advocate at 855-466-6340 or email cityadvocate@modahealth.com with questions or to confirm status.
- If you are a newly hired employee (any time in 2017), you have until December 31, 2018 to meet the standard and this current deadline does not affect you or apply to you.

Taking the time to get these valuable screenings is an important step to better health and better health outcomes. We want everyone who desires to meet the PCI standard to have an opportunity to do so.

If you have not already met the Preventive Care Initiative standard and:

- Do not have a primary care provider; or
- Was told by your provider's office an appointment is not available until after March 9, 2018.

You are invited to make a confidential appointment with a qualified practitioner from Healthy Foundations (Moda) or a medical assistant from Kaiser who will provide a preventive care appointment at nearby worksites.

To secure an appointment, please read the following instructions:

- Dates, locations and health plan options are listed on the next page.
- CityCore, CityNet members please email cityadvocate@modahealth.com or call 855-466-6340 for available appointments.
- Kaiser members please go to www.kp.org/wellnessevent (Code: portland) to schedule an appointment
- No walk-ins will be allowed
- Employee's may use accrued sick leave to cover the appointment and associated travel time.
- No information about your appointment will be shared with the City, except that you had one.
- The worksite clinic will not provide ongoing care. You will be referred to a primary care physician for acute needs and follow-up recommendations will be given to your provider's office. This appointment will certify you meet the standard for the upcoming 2018/19 benefits plan year only.

For more information about the Preventive Care Initiative, please review some frequently asked questions online at <https://www.portlandoregon.gov/bhr/31516>.

City of Portland Health & Financial Benefits Office: 503-823-6031

Email: Benefits@portlandoregon.gov

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ONSITE PREVENTIVE CARE APPOINTMENT OPTIONS

Date	Location	Health Plan
November 13 th	1900 SW Fourth Avenue (room 4d)	CityCore and CityNet
November 14 th	1900 SW Fourth Avenue (room 4d)	CityCore and CityNet
November 15 th	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	CityCore and CityNet
November 16 th	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	CityCore and CityNet
November 17 th	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	CityCore and CityNet
November 27 th	BES Water Pollution Control Lab , 6543 N Burlington Ave, Peninsula Park Room	CityCore and CityNet
November 28 th	PBOT Kerby , 2929 N Kerby, South conference room	CityCore and CityNet
November 29 th	BES Water Pollution Control Lab , 6543 N Burlington Ave, Peninsula Park Room	CityCore and CityNet
December 1 st	Moda Health , 601 SW Second Ave, 7 th Floor	CityCore and CityNet
December 4 th	Moda Health , 601 SW Second Ave, 7 th Floor	CityCore and CityNet
December 5 th	1900 SW Fourth Avenue , Room 4d	CityCore and CityNet
December 6 th	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	CityCore and CityNet
December 8 th	BES Water Pollution Control Lab , 6543 N Burlington Ave, Peninsula Park Room	CityCore and CityNet
December 11 th	Moda Health , 601 SW Second Ave, 7 th Floor	CityCore and CityNet
December 12 th	Moda Health , 601 SW Second Ave, 7 th Floor	CityCore and CityNet
December 14 th	PBOT Kerby , 2929 N Kerby, South conference room	CityCore and CityNet
January 9 th	Interstate Water , 664 N Tillamook Street, Kelly Butte Room	CityCore and CityNet
January 10 th	Interstate Water , 664 N Tillamook Street, Forest Park Room	CityCore and CityNet
January 17 th	1900 SW Fourth Avenue , Room 4b	CityCore and CityNet
January 18 th	1900 SW Fourth Avenue , Room 4b	CityCore and CityNet
January 25 th	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	CityCore and CityNet
November 30 th	PBOT Kerby , 2929 N Kerby, South (Moda) and North (Kaiser) conference rooms	Kaiser, CityCore and CityNet
December 7 th	1900 SW Fourth Avenue , Room 4b (Moda) and Room 4d (Kaiser)	Kaiser, CityCore and CityNet
December 13 th	1900 SW Fourth Avenue , Room 4b (Moda) and Room 4e (Kaiser)	Kaiser, CityCore and CityNet
December 15 th	PBOT Kerby , 2929 N Kerby, South (Moda) and North (Kaiser) conference rooms	Kaiser, CityCore and CityNet
December 18 th	400 Building , 400 SW Sixth Ave, 4 th Floor Bull Run Room	Kaiser
December 19 th	400 Building , 400 SW Sixth Ave, 4 th Floor Bull Run Room	Kaiser

December 20 th	BES Water Pollution Control Lab , 6543 N Burlington Ave, Peninsula Park Room	Kaiser
December 21 st	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	Kaiser
December 22 nd	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	Kaiser
January 3 rd	Interstate Water , 664 N Tillamook Street, Kelly Butte Room	Kaiser
January 4 th	Interstate Water , 664 N Tillamook Street, Kelly Butte Room	Kaiser
January 8 th	1900 SW Fourth Avenue , Room 4d	Kaiser
January 11 th	1900 SW Fourth Avenue , Room 4d	Kaiser
January 24 th	East Portland Community Center , 740 SE 106 th Ave, Poolside Room 2	Kaiser

CityCore, CityNet participants email cityadvocate@modahealth.com or call 855-466-6340 to make an appointment
Kaiser members, to schedule an appointment go to: www.kp.org/wellnessevent and use Code: portland