

Manage your health online.

Anytime. Anywhere.

Register today.

Go to kp.org/register and we'll ask you a few questions to verify your identity. Once registered, you can sign on with your unique user ID and password.



Always on the go?

Download the Kaiser Permanente app to your mobile phone for quick access.

With kp.org, you have access to information and tools to better manage your health. Use it 24 hours a day, 7 days a week, to:

- **View your Personal Action Plan**
Identify your unique care gaps and learn steps to address them with your Personal Action Plan.
- **Email your doctor's office**
Send secure messages to your doctor's office for routine nonurgent questions, saving time, gas, and a copay.
- **Schedule, cancel, or review appointments**
Request routine appointments and check past office visit information.
- **Care, anywhere**
Get the care you need, when and where you need it, with telephone and video visits.*
- **View most lab test results**
Get most lab test results as they're available — many on the same day.
- **Order or refill prescriptions**
Order or refill your prescriptions and have them delivered to your home.
- **Online and mobile bill pay**
Pay and view your medical bills, track your payment history, and generate a summary of up to 2 years of past medical payments.
- **View recent immunizations, allergies, and more**
Review your immunizations, your allergies, and your eligibility and benefits information.
- **Act for a family member**
Access your family member's health information and email their doctors on their behalf.
- **Find tips, tools, and resources**
Find ways to improve your health or view prior claims information — all at your fingertips.

*May be subject to cost share for members on HSA-qualified high deductible health plans (HDHP).

kp.org

KAISER PERMANENTE® **thrive**