

On the move?



Plan before you pack (and unpack)

Before you begin packing, set aside any items you no longer want. This guide will help you make the best plan for the things you no longer need.

One of the biggest challenges may be locating — and disposing of — packing boxes

- Use your bags, suitcases or other empty containers to save resources and space.
- If you start looking for packing boxes before you need them, you can find used boxes online at Craigslist, Freecycle and Nextdoor.
- Some movers will provide boxes (or rent them) at a reasonable price and buy back gently used ones at a reduced rate.
- And when you're done, list boxes online if they're still usable; break them down and bundle them together for recycling collection if they're not.

Find new homes for what you no longer need

You can swap, sell or donate unwanted items instead of trashing them. Get started with these ideas:

- **Have a garage sale or community swap.** Talk with your property manager to see if you can hold a garage sale (even if you don't have a garage) or post items *for sale* on community bulletin boards.
- **Post your items online:** Craigslist: [craigslist.org](https://www.craigslist.org) | Freecycle: [freecycle.org](https://www.freecycle.org) | Nextdoor: [nextdoor.com](https://www.nextdoor.com)
- **Donate clothing and household items in good condition.** Many charitable organizations accept drop-off; some will even pick up donations and most will provide a receipt for tax purposes.



NO ILLEGAL DUMPING



Don't leave your bulky items and unwanted furniture on the property.

Recycle as usual

Paper, metal and plastic recyclables go in their same bins, and glass stays on the side in a separate container.



Take these items to a recycling depot near you

It's amazing the number of unusable items that can be recycled:

- Plastics: bags, lids, bubble wrap, crates and storage bins, toys and bulky rigid plastic
- Packing peanuts and block foam
- Books
- Batteries
- CDs / DVDs (and cases)
- Lightbulbs
- Small appliances
- Athletic shoes and textiles

To find a depot near you or what can be recycled, contact Metro Recycling Information at 503-234-3000 or www.oregonmetro.gov/recycling



Items that require safe disposal

Electronic waste

In Oregon, it's free to recycle electronics. Many electronics contain hazardous materials and must be recycled properly:

- Computers and monitors
- Keyboards and mice
- Televisions
- VCR / DVD players
- Printers, scanners, photocopiers and fax machines
- Cables
- Stereos and speakers
- Cell phones and hand-held devices

To find a depot near you, contact Oregon E-Cycles at www.oregonecycles.org



Hazardous waste

If you have paint, chemicals, cleaners or other hazardous materials, take them to one of Metro's facilities for safe disposal or recycling. A small fee will apply for most hazardous materials, however, there is no fee assessed for paint.

To locate a facility for hazardous waste disposal, contact Metro Recycling Information at 503-234-3000 or www.oregonmetro.gov/hhw

Ask Metro:
503-234-3000 | www.oregonmetro.gov



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