

0 **Program List for Hosts**

| Title | Description | Length | # of seats | |
|---------------------------------|--|--|-----------------|----|
| Skill Building Trainings | | | | |
| 1 | Anti-Oppressive Facilitation | Inefficient and ineffective meetings can leave people feeling drained, exhausted, or discouraged, rather than inspired and energized. Good meetings help build strong, effective organizations and successful projects. Even organizations with great meeting process inadvertently perpetuate barriers to full member participation and access to democratic process. This happens through group dynamics of power, privilege, and oppression that often marginalize women, people of color, queer, trans, and gender non-conforming folks, people with disabilities, and those with limited access to the cultural cues that come with class privilege. Whether or not you tend to act as facilitator at meetings you attend, building your facilitation skills will help you make your meetings better, more inclusive, and more fully democratic! In this workshop we will skill share meeting facilitation tools, from agenda building tips to addressing sticky situations. Beginners and pros are both welcome; come to develop new skills or strengthen the ones you have. | 4 hour | 40 |
| 2 | Destabilizing Systemic Oppression | In this workshop we will develop shared language and a deeper analysis of how systemic oppression operates so that we can better understand how to transform ourselves and our organizations, workplaces, and communities. Together we will map what it looks like when systems like white supremacy, patriarchy, classism, homo- and transphobia, ableism, etc. influence and affect our day-to-day interactions, as well as organizational operations and practices. We will leave with a more comprehensive and complicated understanding of these systems, as well as action steps and resources to make concrete changes and impacts. | 4 hour, evening | 40 |
| 3 | Healthy Organizational Communication | This workshop will show how conflict resolution practices, collective care models, intentional meeting facilitation, can all work together to create a culture and practice of healthy organizational communication. Through this framework, we will investigate how strong and healthy communication is key to anti-oppression politics. Participants will leave with concrete tools on how to further their organizations' purpose, objectives, and goals with principled and creative communications processes. | 4 hour | 40 |
| 4 | Conflict Resolution in Your Organization | As in all communities, conflict in organizations is unavoidable. It is also uncomfortable. In working through conflict, the question shouldn't be, "How do we prevent conflict?" but rather "How do we address conflict in ways that are healthy and build a stronger organization?" This workshop will help participants identify conflict, even when its just a slow burning tension, and help us all distinguish between what healthy and unhealthy conflict look like. In the process we'll share AORTA's conflict resolution practices and methods in order to get a jump start in developing processes tailored to your own organization. | 4 hour | 40 |
| 5 | Anti-Oppression Training | Day long workshop to learn and explore approaches to anti-oppression in our work and lives. | 8 hours | 40 |
| 6 | Facilitating discussions | 2- day facilitation workshops (3 workshops total). Trainings to strengthen your skills to plan and facilitate conversations about the big questions that drive your work. During the training, you will participate in reflective discussions in large and small groups and deepen your knowledge of techniques to lead them. All participants have the opportunity to plan a conversation and receive feedback from trainers and other participants. | 2 days | 25 |
| Equity Workshops | | | | |
| 7 | Cool and Collective Disability Dialogue | Disability culture is rich and beautiful, but we are often seen only as our impairments. This workshop will go beyond typical disability training to dive into disability culture, disability justice, and access intimacy. Disability Justice (DJ), or a intersectional approach with leadership from people most impacted, must be a critical part of the disability movement. Accommodations are crucial for the disability community, but the ADA is a minimal law. We need to move beyond logistics of accommodations to embrace access intimacy and work together to find solutions to the lack of inclusion. | 90 minutes | 20 |
| 8 | Cool and Collective Disability Dialogue | same as above | 90 minutes | 20 |
| 9 | Cool and Collective Disability Dialogue | same as above | 90 minutes | 20 |
| 10 | Cool and Collective Disability Dialogue | same as above | 90 minutes | 20 |

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| 11 | Trauma and Racism | An effective way to confront bias and rebuild a shared vision of community is through our training workshops. They are multi-faceted and dynamic using diverse formats that maximize engagement, sharing and learning. Together, we explore how cultural, religious and racial stereotypes influence our beliefs and its impact on communities. Our trainers are certified in conflict transformation, multilingual, lived or worked internationally while maintaining roots locally. The purpose of our Racism and Trauma workshops is to confront bias, humanize our collective experiences and transform traumatic events into healing opportunities. Audience: African/ African American communities | 90 minutes | 40 |
| 12 | Trauma and Racism | Same as above, but audience: Immigrants and Refugees | 90 minutes | 40 |
| 13 | Trauma and Racism | Same as above, but audience: Communities of Color | 90 minutes | 40 |
| 14 | Trauma and Racism | Same as above, but audience: service providers/people with public facing jobs | 90 minutes | 40 |
| Dialogues | | | | |
| 15 | Crime and Punishment in Oregon | http://oregonhumanities.org/programs/conversation-project/catalog/crime-and-punishment-in-oregon/ | 60-90 minutes | 20 |
| 16 | How Do We Create Equitable Spaces Within Our Public Lands? | http://oregonhumanities.org/programs/conversation-project/catalog/how-do-we-create-equitable-spaces-within-our-public-lands/ | 60-90 minutes | 20 |
| 17 | What Is Cultural Appropriation? | http://oregonhumanities.org/programs/conversation-project/catalog/what-is-cultural-appropriation/ | 60-90 minutes | 20 |
| 18 | The Hate We Live In | http://oregonhumanities.org/programs/conversation-project/catalog/the-hate-we-live-in/ | 60-90 minutes | 20 |
| 19 | Where Are You from? Exploring What Makes Us Oregonians | http://oregonhumanities.org/programs/conversation-project/catalog/where-are-you-from-exploring-what-makes-us-oregonians/ | 60-90 minutes | 20 |
| 20 | Race and Place: Racism and Resilience in Oregon's Past and Future | http://oregonhumanities.org/programs/conversation-project/catalog/race-and-place/ | 60-90 minutes | 20 |
| 21 | White Allyship in Close-knit Communities | http://oregonhumanities.org/programs/conversation-project/catalog/white-allyship-in-close-knit-communities/ | 60-90 minutes | 20 |
| 22 | Everyone Can Be a Leader: Exploring Nontraditional Community Leadership | http://oregonhumanities.org/programs/conversation-project/catalog/everyone-can-be-a-leader/ | 60-90 minutes | 20 |
| 23 | Exploring Power and Privilege with Courage, Creativity, and Compassion | http://oregonhumanities.org/programs/conversation-project/catalog/exploring-power-and-privilege-with-courage-creativity-and-compassion/ | 60-90 minutes | 20 |
| 24 | Beyond Invitation: How Do We Create Inclusive Communities? | http://oregonhumanities.org/programs/conversation-project/catalog/beyond-invitation/ | 60-90 minutes | 20 |
| 25 | Can We Get Along? Examining Our Personal Experiences of Connection and Community | http://oregonhumanities.org/programs/conversation-project/catalog/can-we-get-along/ | 60-90 minutes | 20 |
| 26 | Listening to Young People | http://oregonhumanities.org/programs/conversation-project/catalog/listening-to-young-people/ | 60-90 minutes | 20 |

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| 27 | The Space Between Us: Immigrants, Refugees, and Oregon | http://oregonhumanities.org/programs/conversation-project/catalog/the-space-between-us-immigrants-refugees-and-oregon/ | 60-90 minutes | 20 |
| 28 | Where Are Queer People Welcome? | http://oregonhumanities.org/programs/conversation-project/catalog/where-are-queer-people-welcome/ | 60-90 minutes | 20 |
| 29 | Won't You Be My Neighbor? How Relationships Affect the Places We Live | http://oregonhumanities.org/programs/conversation-project/catalog/wont-you-be-my-neighbor/ | 60-90 minutes | 20 |