

Qaybinta Xiriirka Isku-Duwaha Amniga Bulshada

Ka buuxi foomka codsiga khadka
tooska ah [www.portlandoregon.gov/
civic/cp](http://www.portlandoregon.gov/civic/cp).

ka Dhammeystir foomka codsiga
online ee
[https://www.portlandoregon.gov/
civic/article/699587](https://www.portlandoregon.gov/civic/article/699587).

503.823.4064



**XAFIISKA Bulshada iyo
Nolosha Dadweynaha**

**Ammaanka
Bulshada**

4747 E Burnside Portland OR, 97215

www.portlandoregon.gov/civic/cp

503.823.4064



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**Barnaamijkeena Badbaadada
Bulshada wuxuu abaabulaa oo
taageeraa iskaashiga si loo dhi-
so beel amaan ah oo iskuxiran,
loo dhan yahay iyo ku howlan.**

**Wadajirka
xaafadda**



maxaa Deris wadajir loo abaabulaa?

Magaaladeenu waa amaan, xoog iyo xamaasad badan marka dhammaan dadka reer Portland ka qeybqaadan karaan amniga dadweynaha. Wadajirka Derisyadu waxay soo bandhigaan aalado lagu dhisi karo nabadgelyo, firfircoonaan badanna leh adkeysiga bulshooyinka.

Tababarkeenna wuxuu caawiyaa

Wuxuu dhisa xiriirada bulshada, ilaha nabadgelyada dadweynaha, iyo deriska la yeelo iskaashi iyo hal abuur nimo badbaado



An ka dhigno iney dhacdo!



Sidee loo howlgeliyaa jaarka wadajir ahaan

- * La kulan jaarkaaga ama bulshada
- * Aqoonso danaha amniga bulshada
- * La yeesho xiriir iskuduwaha amniga bulshada ee tababbarka.
- * a wada shaqee dadaalada nabdoonaanta ee danta guud.

Ziyaas wax aad sameyn karto

- su-duwe dhinacyada xafladaha, farshaxanka wadada, iyo hagaajinta.
 - Isku xiriiri aaladaha u diyaarsanaanta xaaladaha deg-degga ah.
 - Dhiirrigelinta lugeeyaha & wacyiga amniga shaqsiyeed.
 - Martiqaado fasalka awoodsiinta dhalinyarada.
 - Taageer Wadooyinka Nabdoon ee Iskuulka.
 - Baro sida loo wado nidaamyada amniga dadweynaha
- ... **Dano kale**

In badan oo ku saabsan tababarka

Ugu yaraan laba saacadood ayaa loogu talagalay danaha amniga bulshada ee kooxdaada ee xadka magaalada Portland.

Isuduwayaasha amniga bulshada ayaa kula kulmi kara kooxdaada halka aad joogtid, sidaad tahayba.