



PORTLAND FIRE & RESCUE

Home Fire Safety Self-Inspection Checklist

| | Yes | No |
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| Kitchen | | |
| Stove and oven are kept clean and free of grease. | | |
| The stovetop is clear of items that can burn. | | |
| Range hoods are inspected regularly and cleaned as needed. | | |
| Small appliances are unplugged when not in use. | | |
| Adults stay in kitchen when stovetop is in use. | | |
| When cooking, pan handles are turned in so children cannot pull on them. | | |
| When cooking with grease or oil, a lid for the pan is kept nearby in case of fire. | | |
| Housekeeping | | |
| The home is not cluttered with clothes, magazines, newspapers and other items that can burn. | | |
| Matches and lighters are stored in a secure place, out of reach of children. | | |
| Candles are in non-tip over holders and are clear of combustibles. | | |
| Lit candles are not left unattended. | | |
| Interior finishes (sheetrock, ceiling) are in good condition. | | |
| Stairways are in good repair (tread and handrails). | | |
| Dryer lint trap is free from excessive lint build-up. Clean after each use. | | |
| Dryer vents are free from excessive lint build-up, and outdoor vent flap opens when dryer is operating. Inspect and/or clean once a year. | | |
| Gasoline and other flammable liquids are stored in closed metal containers away from heat, sparks, and children. | | |
| Smoking Safety | | |
| Smokers smoke outside the home. | | |
| Smoking materials are disposed of properly: <ul style="list-style-type: none"> • Non-combustible, non-tip receptacles • Do not discard in planters, soil, or bark dust • Dousing in water or sand is most effective | | |
| Smokers do not smoke when oxygen is being used. | | |

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| Electrical | | |
| All receptacle and switches are in good working condition – no evidence of arcing or overheating. | | |
| All receptacle and switch faceplates are installed and in good condition. | | |
| Kitchen and bathrooms have GFCI outlets on countertop surfaces within 6 feet of running water outlets and they are working properly. | | |
| Lighting fixtures are secured in place and in good condition. | | |
| Bulbs in light fixtures are the correct wattage for the lighting fixture. | | |
| Extension cords are not: (1) used as permanent wiring, (2) run through holes in walls, ceiling or floor, (3) run through doorways, windows or under carpets, or (4) attached to building surfaces. | | |
| Electrical cords are not worn or frayed. | | |
| If there are young children in the home, the home has tamper-resistant outlets. | | |
| If an appliance isn't working right, we stop using it and have it fixed. | | |
| The motors on refrigerator, dryer, and other electrical appliances are clean of dust and lint. | | |
| Heating Equipment | | |
| Anything that can burn is kept 3 feet from baseboard and wall heaters, portable heaters, woodstoves and fireplaces. | | |
| Portable electric space heaters, when used, are plugged directly into wall outlets and not into extension cords. | | |
| Portable heaters are turned off when unattended. | | |
| Fireplace has proper screen and hearth. | | |
| Chimney is inspected annually by qualified professional and cleaned as needed. | | |
| Fireplace ashes are disposed of in non-combustible container. Allow to cool before disposal. | | |
| Furnace is inspected and cleaned annually. | | |
| Hot water heater is set to no higher than 120 degrees Fahrenheit. | | |
| Windows and Doors | | |
| If there are young children in the home, only allow windows to open to 4 inches (install window stop or window guards). | | |
| Security bars or window stops or guards, if installed, shall have a quick release device. | | |
| Ensure that windows used for escape open easily – not obstructed or nailed/painted shut. | | |
| Doors open from the inside without the use of key, special knowledge, or effort. | | |
| Building Exterior | | |
| Address and building numbers are visible from street. | | |
| Stairways are in good repair (tread and handrails). | | |

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| Natural gas meters are safe from vehicle impact. | | |
| Combustible storage is removed (trash). | | |
| Exits and exit pathways are unobstructed. | | |
| There is no storage in/under stairways. | | |
| Ground cover and bark dust free from cigarettes. | | |
| Smoke Alarms | | |
| Smoke alarms are installed on every level of the home. | | |
| Smoke alarms are installed in every sleeping area. | | |
| Smoke alarms are installed in immediate vicinity of every sleeping area (e.g. hallways). | | |
| Smoke alarms appear to be free from tampering or damage. | | |
| Smoke alarms are testing monthly and batteries replaced as needed. | | |
| Carbon Monoxide Alarms | | |
| Carbon monoxide alarms are installed on every level of the home. | | |
| Carbon monoxide alarms are installed within 15 feet of every sleeping area. | | |
| Carbon monoxide alarms are tested monthly and batteries replaced as needed. | | |
| General | | |
| There is a working fire extinguisher on every level of the home. | | |
| Fire extinguishers are visible and accessible. | | |
| Family or residents have a home fire escape plan which includes a meeting place. | | |
| Home fire escape plan is practiced at least twice a year. | | |
| There are at least two ways out of each bedroom (window, door). | | |
| Everyone in the home can show how to smother a fire on their clothes with the Stop, Drop & Roll method. | | |
| Everyone in the home knows how to call for emergency help – dial 9-1-1. | | |
| Everyone in the home knows the home address and phone number. | | |
| Burns are treated with cold water. | | |