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- PUBLIC SERVICE ANNOUNCEMENT -

Portland Parks & Recreation offers easy ways to beat the heat this weekend

Visit a pool or splash pad, or cool off in the evenings while enjoying a fee concert at Washington Park or movie at Laurelhurst Park

(Portland, OR) – Portlanders can find relief from the 90+ degree temperatures forecast through Monday by taking refuge in the city's parks and pools. From a shady walk in Forest Park to a picnic dinner under the trees in your neighborhood park, from a dip in a community pool to a splash in a spray fountain, there are many free or inexpensive opportunities to escape from the heat.

Portland Parks & Recreation's "Summer Free For All" offers free movies and concerts in parks this weekend. Enjoying a picnic dinner, followed by a concert or movie, is a fun and affordable way to keep cool in the evenings. Visit http://www.portlandparks.org and click on "Summer Free For All" for a list of movies and concerts, dates and locations. Highlights this weekend include the final nights of the Washington Park Summer Festival tonight and Saturday, and the classic 1962 film "The Music Man," which will be presented Saturday evening in Laurelhurst Park.

For those seeking air-conditioned spaces, PP&R's Southwest Community Center (6820 SW 45th Ave.), East Portland Community Center (740 SE 106th Ave.), and Multnomah Arts Center (7688 SW Capital Hwy.) offer air-conditioned lobbies that are open to the public.

In addition, most PP&R swimming pools are open until 9 p.m. or later on weeknights. Visit http://www.portlandparks.org and click on "Recreation" for a full list of pools, hours, and other information.

Locations of PP&R pools and free spray features in neighborhood parks are listed below.

PP&R Indoor Pools

Buckman Pool, 320 SE 16th Avenue Columbia Pool, 7701 N Chautauqua Blvd. Dishman Pool, 77 NE Knott Street East Portland Pool, 740 SE 106th Avenue Mt. Scott Pool, 5530 SE 72nd Avenue Southwest Pool, 6820 SW 45th Avenue

PP&R Outdoor Pools

Creston Pool, SE 44th Avenue and Powell Blvd. Grant Pool, NE 33rd Avenue and US Grant Place Montavilla Pool, 8219 NE Glisan Street Peninsula, 700 Rosa Parks Way Pier Pool, N Seneca Street and St Johns Avenue Sellwood Pool, 7951 SE 7th Avenue Wilson Pool, 1151 SW Vermont Street

Free spray features in neighborhood parks (available all regular park hours)

Caruthers Park, 3508 SW Moody Avenue
Columbia Park, N. Lombard Street and Woolsey Avenue
Earl Boyles Park, SE 112th Avenue & Boise Street
Essex Park, SE 79th Avenue & Center Street
Grant Park, NE 33rd Avenue & US Grant Place
Kenton Park, 8417 N. Brandon Avenue
McCoy Park, N Trenton Street & Newman Avenue
Northgate Park, N Geneva Avenue & Fessenden Street
Peninsula Park, N. 700 Rosa Parks Way
Pier Park, N Lombard Street & Bruce Avenue
Raymond Park, SE 118th Avenue & Raymond Street
Stark Street Island, SE 106th Avenue and Stark Street
Woodlawn Park, NE 13th Avenue & Dekum Street