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**Bureau of Fire and Police Disability and Retirement**

1800 SW First Avenue, Suite 450, Portland, OR 97201  
503-823-6823; FAX – 503-823-5166; B236/450



**SELF-EMPLOYMENT CERTIFICATION OF HOURS WORKED**

**MEMBER INFORMATION**

Member Name: \_\_\_\_\_ Claim No: \_\_\_\_\_

1 Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

**BUSINESS NAME OR DBA**

Business Name: \_\_\_\_\_ State of Record: \_\_\_\_\_

2 Business Phone: \_\_\_\_\_ Business Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State and Zip code: \_\_\_\_\_

**CERTIFICATION OF HOURS**

Reporting Month: \_\_\_\_\_, 20\_\_ . \* Submit to FPDR by the 5<sup>th</sup> of the following month.

Total Hours Worked Per Week\*: \_\_\_\_\_ Total Hours Worked This Month: \_\_\_\_\_

Type of Work: \_\_\_\_\_

3 *\* Self-Employment is considered full-time work only when the member is working an average of at least 36 hours per week or the maximum work hours documented in the permanent restrictions(s) placed by the attending physician.*

4 I hereby affirm that the information on this form is true and that I have worked the hours reported above. I agree to supply at my sole expense any additional information or supporting documentation requested by Director to fulfill my obligation to cooperate with administration of this claim as mandated by Chapter 5 of the Charter and the Administrative Rules.

\_\_\_\_\_  
MEMBER - PRINT NAME

\_\_\_\_\_  
MEMBER - SIGNATURE

\_\_\_\_\_  
DATE