

OMF W.I.S.E ~ First Friday Facts

How to Help the Environment at Work

Did you know that you can help the environment and work at the same time? Here are a few tips how:

- Bring your own mug or glass to use at work & reduce paper waste.
- Bring your own silverware to use instead of using non-biodegradable plastic ones.
- Cut down on printing, and when you do print, remember to print double sided.
- Use the back side of old documents for faxes, scrap paper, and drafts.



Recycle

Help the Environment *and* Save on Gas!



- Letting your car idle releases pollutants such as the GHG CO₂ and wastes fuel. Over 10 seconds of idling uses more fuel than restarting your engine.

When possible turn off your engine.

This Friday Fact is brought to you by the OMF “W.I.S.E Guys & Gals”: Workplace Innovators for a Sustainable Earth, OMF’s new sustainability team. Watch for new tips every first Friday of the month!