

OMF W.I.S.E ~ First Friday Fun Facts

Green Cleaning

Did you know some of the most toxic products in our homes and workplaces are cleaning products? They can be harmful to both people and the environment.

According to the EPA, using green cleaners can reduce:

- Skin irritation caused by contact with toxic chemicals
- Air pollution by reducing the use of VOC's
- Unnecessary additives such as fragrances and dyes
- Packaging waste
- Exposure to concentrates

METRO has a great [Green Cleaning](#) web site with suggestions for making and using less toxic cleaners, soaps, deodorizers, disinfectants, stain removers, etc. They also have other tips for a less toxic household and shopping tips for buying safer off the shelf products.

You can also download a copy of the Hazardless home Handbook, which is a joint publication of METRO and DEQ, and has additional information including disposal options.



For more information about harmful products, check out these up-coming public workshops from the Oregon Center for Environment Health:

Creating an EcoSafe Home

This one and half hour class will provide you with the knowledge you need to replace products that can be harmful to your family and will provide you with the information you need to make safer consumer choices for every room in your home including the garage and the garden. Classes are \$5 for OCEH members and \$10 for non-members.



Green Cleaning Party

The Oregon Center for Environmental Health is partnering with the Environmental Working Group to offer a green-cleaning party. Participants will learn about toxic ingredients in typical household cleaners, get recipes for green cleaners, and make three types of cleaners to take home (laundry detergent, all-purpose cleaner, and a creamy soft scrub for the kitchen and bathroom).

For class details and sign-up, check out the [events](#) section of the Oregon Center for Environment.

This WISE factsheet is brought to you by the OMF "W.I.S.E Guys & Gals": Workplace Innovators for a Sustainable Earth, OMF's Sustainability Team. Watch for new tips every first Friday of the month!