



Green Matters

Actions today for a healthier tomorrow

GoodGuide

& Other Resources for Choosing Better Products for You, Society, and the Environment

What chemicals are in your baby shampoo?

Was sweatshop labor used to make your t-shirt?

What products are the best, and what products should you avoid?

Increasingly, you want to know about the impacts of the products you buy. On your health. On the environment. On society. But unless you've got a Ph.D, it is almost impossible to find out the impacts of the products you buy. Until now...

GoodGuide provides the world's largest and most reliable source of information on the health, environmental, and social impacts of the products in your home.

With GoodGuide, you can:

- Find safe, healthy and green products that protect you and your family
- Search or browse over 70,000 food, toys, personal care, & household products to see what's really beneath the label
- Use expert advice and recommendations on products to quickly learn the impacts of what you buy
- Find better products and make purchasing decisions based on what's important to you
- Create a personalized favorites list with the products that are right for you and your family

GoodGuide information is available on-the-go!
If you have an iPhone...there's an app for that!"

Additional "green" product guides & resources:

- **Skin Deep** (personal care products, cosmetics)
- **Metro** (make your own green household products)
- **Consumers Reports' GreenerChoices**
(various green guides, resources)



Community Connect:

Upcoming Events at the Oregon Center for Environmental Health:

- Green Cleaning Class
(Aug 22 or Sept 26 or Oct 24)
- EcoSafe Home Class
(Aug 25 or Sept 30 or Oct 21)

Brought to you by the OMF Green Roots Team

Electronic versions are available at www.portlandonline.com/OMF/GreenMatters