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## Successful Year-round Vegetable Gardening

### Resources

- [Sustainable Gardening- Chapter 7](#)
- [Growing Vegetables West of the Cascades](#) by Steve Solomon
- [How to Grow More Vegetables](#) by John Jeavons
- [Four-Season Harvest](#) by Eliot Coleman
- [Designing and Maintaining Your Edible Landscape Naturally](#) by Robert Kourik
- [The Maritime Northwest Garden Guide](#) by Seattle Tilth
- [Gardening Under Cover](#) by William Head
- [Square Foot Gardening](#) by Mel Bartholomew
- OSU Extension Publications

### 8 Strategies for Year-round Food

1. Know this information:
  - Planting dates
  - Days to first harvest
  - Length of harvest (first to last)
  - Site conditions
2. Time management
3. Allocate ½ garden space for cool season crops
4. Maintain excellent soil fertility
5. Use transplants
6. Use space creatively
7. Use crop rotation plan
8. Extend your season

### Scale of Relative Value of Garden Vegetables (Adapted from Steve Solomon)

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|-----------------|--------------------|
| • Fresh Herbs   | • Tomatoes         |
| • Parsley       | • Cucumbers        |
| • Carrots       | • Peppers          |
| • Beets         | • Cantaloupe       |
| • Parsnips      | • Beans            |
| • Lettuce       | • Broccoli         |
| • Scallions     | • Cauliflower      |
| • Spinach       | • Cabbage          |
| • Kale          | • Brussels sprouts |
| • Chard         | • Onions           |
| • Leeks         | • Winter squash    |
| • Kohlrabi      | • Corn             |
| • Potatoes      | • Watermelon       |
| • Rutabagas     | • Pumpkin          |
| • Summer squash |                    |

## Planting Dates for Fall/Winter Harvest

<b>Crop</b>	<b>Planting date</b>	<b>Planting method</b>
Beet	July 15	Seed
Broccoli	June	Transplant or seed
	July	Transplant or seed
Brussels sprout	July 10–15	Transplant
Cabbage, extra early	June	Transplant or seed
	July 15–August 1	Transplant or seed
Cabbage, late	May 20–June 25	Transplant or seed
Carrot	July 15	Seed
Celeriac	June	Transplant
Celery	June 1–July 15	Transplant
Chinese cabbage	July 1–15	Seed
Collard	July 15	Seed
Corn salad	September	Seed
Fava bean	September; February 1–March 31	Seed
Kale	June	Transplant or seed
	July 20–August 10	Transplant or seed
Kohlrabi	June	Transplant or seed
	July 20–August 10	Transplant or seed
Lettuce, head	To July 15	Transplant or seed
Lettuce, leaf	To August 10 and December–January	Transplant or seed
Mustard	August 15–October 10	Seed
Onion, bulbing	August 1	Sets
Onion, multiplier	September	Sets
Parsnip	May 15–June 15	Seed
Rutabaga	July 10–31	Seed
Spinach	August 1–15	Transplant or seed
Swiss chard	June–July	Seed
Turnip	August	Seed