



Gardening Season is Here

Spring is finally approaching and what better way to enjoy it than to get out and garden. Soak in some Vitamin D while growing healthy, delicious fruits and vegetables. Not only is it fun to grow your own food, but it's healthier, sustainable, and often higher quality because the food doesn't travel thousands of miles before reaching your plate. Gardening is also a great family project for kids!

Jumping into gardening may seem a little daunting, especially if you've never tried it before. It's worth some research to fully enjoy the fruits of your effort. Below are some resources for both beginners and more experienced gardeners. Happy gardening!

Getting started:

When to plant, different seasons are good for different crops.

How to grow, deciding whether to grow from seeds or buy transplants.

Deciding where to plant your garden:

Container gardening, small spaces can still produce a big yield.

Raised beds, they save time, look great and produce more.

Vertical gardening, recycled pallets make great vertical gardens.

Streetside gardens, be creative with awkward front yards and sidewalk medians.

Gardens – not grass, re-think your grassy lawn. Victory gardens from the WWII era are being revived.

Community garden, there are 43 locations throughout Portland with more to come.

Edible landscaping, kids can eat their way around the yard all year long.

Yard sharing, neighbors sharing cost, labor and land for fresh vegetables.

Get the word out, let everyone know you have land to share or are looking for space.

Protecting your investment:

No bad bugs! A natural approach to garden pests.

Pesticide-free gardening, resources for parents and pet-owners.

Companion planting, pairing plants to control the insect balance in your garden.

Tending a garden does not fit in my life right now:

Community Supported Agriculture, or CSA – partner with a local farmer to buy fresh produce.

Local farmer's markets, with locations all over the metro region, buy fresh produce almost all year long.

I love to garden and share what I know:

Master Gardener program might be for you.

Life is a garden... dig it, eat it and share it!