



## Cycling and Re-Cycling

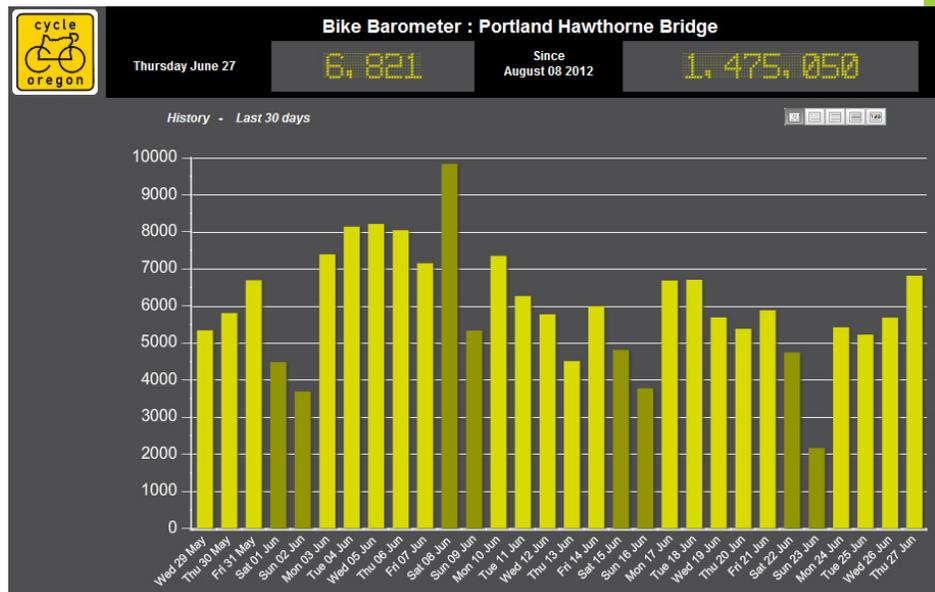
With the summer solstice behind us and the weather improving, the time is right to start enjoying a healthy and green commute by bike. As mentioned in the **Transportation and Travel** section of the OMF Employee Sustainability Best Practices, employees are encouraged to safely ride to work. City facilities provide secure and covered bicycle parking, as well as various other convenient amenities, including showers and locker rooms, depending on the location.

### Hawthorne Bridge bicycle counter

If you needed additional incentive to break out your bike, check out the Hawthorne Bridge bike counter, **installed August 2012**. Already the busiest bicycle bridge in Oregon, the counter saw record numbers in September 2012, with those records expected to be shattered this summer. If you're commuting to work or simply enjoying a leisurely ride, think about taking the time to go over the bridge and get counted. This is a great opportunity to be part of history! **Track the bike stats live** with the on-site counter, which includes daily and aggregate totals.

### Cycling waste – what to do with old tubes & tires?

If you've biked for any amount of time, you have likely been faced with the conundrum of properly disposing and recycling the various inner tubes, tires and other bicycle parts worn out due to seasonal wear and tear. Most, if not all, bike shops in the Portland area will gladly accept, without any charge, all of your old inner tubes, tires, chain, sprockets, and more. These either get re-purposed by various businesses (you might even see some at Saturday Market) or get properly recycled without ending up in the landfill. For example, old tires and tubes can end up as mulch for playgrounds, athletic fields and highway asphalt. Think twice the next time you have a flat – being green is just the next bike shop away!



### Summer events for you and your bike

To stay in shape and enjoy your bike, the summer provides a multitude of free events happening throughout Portland neighborhoods. Here are a few of the Green Team's favorites:

- The City of Portland **Sunday Parkways**.
- Shift2Bikes.org **calendar of events**.
- **Amateur bicycle racing** at Mount Tabor park and Portland International Raceway.