

COVID – Health Related Info (medical advice, testing, vaccine, PPE)

Covid19 Call Center: 503-988-3406 x2 (503-406-3696 – internal number only), eocallcenter@multco.us, <https://multco.us/novel-coronavirus-covid-19> (medical providers needing to report an infected patient or who need other assistance Press 4) – best resource for answering questions about testing and vaccine information. **County EOC:** 503-988-8940

CDC guidance on what to do if you are sick or think you might have the COVID-19 - <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Symptom Checker Tool - <https://c19oregon.com/start> - to support community-based triage in advance of and during a surge of COVID19 cases. Site will refer those who need medical attention to hospitals with capacity.

People with mild respiratory symptoms should stay home, cover their cough, wash hands frequently and practice physical distancing. No need to report mild symptoms to Health Department. If you have symptoms consistent with COVID seek testing. If you receive notice from a business you have frequented that a COVID case there was reported or if you have a friend that tests positive take precautions but if you did not have recent exposure within 6 feet for 15 minutes or more, monitor yourself for symptoms and seek testing if you manifest symptoms.

Those who need health advice should contact their doctor or health system, if they don't have one several resources that may help: **OHSU Connect Care Center:** 833-647-8222, **Multnomah County Primary Care:** 503-988-5558, **Legacy GoHealth Clinics:** 503-667-1808, **Kaiser Advice and Clinics:** 503-813-2000, **Providence Express:** 888-227-3312, **Virginia Garcia Health Centers:** 503-214-1668; **Zoom Care:** 503-684-8252

CDC guidance for when it is safe to resume being around others after COVID-19 - <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

Guidance for employers on employees return to work after infected with COVID-19 - <https://multco.us/novel-coronavirus-covid-19/if-employee-tests-positive-covid-19>

Contact Tracing - If someone is trying to get in contact with a contact tracer - 503-988-3406 x4, leave a message.

Testing - Testing Site Locator - <https://govstatus.egov.com/or-oha-covid-19-testing>

OHSU is operating a mobile testing site in Hillsboro. The test site at the Oregon Convention Center was closed to switch it over to a vaccination site. Phone: 1-833-647-8222. Anyone over two months of age with clinical signs or symptoms of upper or lower respiratory tract illness can be referred for testing if they don't have insurance with Kaiser, Legacy or Providence. **Flu vaccines available as well.** The two locations are:

> **Hillsboro Stadium** , 4450 NE Century Blvd., Hillsboro 97124.

Hours - Mon-Thurs 9am-4pm, Fri 7:30am-2:30pm

If existing County Clinic patient call 503-988-9093 for testing scheduling. This is also the number to call for questions about test results for any test administered by a County facility.

Multnomah County began offering free testing for those that have symptoms. Testing is by appointment: 503-988-9093. Anyone with COVID-19 symptoms or who is a recent close contact of someone with COVID-19 is eligible. They focus on reaching people of color, people without health insurance, and people without a regular health care provider. They do not share information with law enforcement or immigration officials.

> **East County Health Center** - 600 NE 8th St, Gresham. M & Th 9:30am-3:45pm.

> **Rockwood (hosted by Latino Network)** - 312 SE 165th Ave., Saturdays 9am-3:45pm.

> **Mid County Health Center (hosted by Immigrant and Refugee Community Organization)**
10301 NE Glisan. Fridays 12pm-5:45pm.

> **North - (hosted by PCC Cascade)** Campus Parking Lot 1 - 705 N Killingsworth, Wednesdays 11am-6pm

Vaccine

FDA COVID-19 Vaccine News and Updates - https://www.fda.gov/emergency-preparedness-and-response/coronavirus-disease-2019-covid-19/covid-19-vaccines?utm_medium=email&utm_source=govdelivery#news - Several vaccines approved and

started deploying - early doses to be administered to health care workers, first responders and people living and working in long-term care and assisted living facilities. Subsequent phases will get vaccine to those with pre-existing health conditions, older age groups, and essential frontline workers (March?)

Oregon Health Authority Vaccine Web Page - <https://covidvaccine.oregon.gov/>

OHA Vaccination Trends Dashboard -

<https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonCOVID-19VaccinationTrends/OregonStatewideVaccinationTrends>

OHA Vaccine FAQ - <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2390u.pdf>

Phase 1A Sequencing Update from 1/5/2021 -

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le3527b.pdf>

Oregon Phase 1A Vaccine Sequencing Plan -

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le3527.pdf>

People vaccinated in Oregon dashboard -

<https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonCOVID-19VaccinationTrends/OregonCountyVaccinationTrends>

State Health Authority is charged with vaccine distribution planning –

covid19.vaccine@dhsoha.state.or.us to give input.

Health Care Providers wanting access to vaccine - Beginning Jan. 12, health care providers and others in Multnomah County eligible for the state's Phase 1A priority group can apply to receive a COVID-19 vaccine through area hospital systems. Due to limited supply of vaccine the online form for vaccine requests was closed on January 26th until supply catches up with demand (form was at <https://app.smartsheet.com/b/form/90cbfb1e95304ff5bb8e783c076f5dac>.)

Public health will validate that the organization or solo provider is eligible for the Phase 1A vaccine and notify the applicant of their eligibility. Applicants will be matched with a health care system and once vaccine is available, they will be notified about how to access the vaccine.

OHA is also enrolling healthcare providers who wish to sign up as a provider of vaccine for COVID-19 - <https://immalert.oha.oregon.gov/>

Two Portland-Area mass vaccination clinics opened January 21, 2021 - One at Oregon Convention Center operated by OHSU and Kaiser (Legacy and Providence soon to join) and another at the Portland Airport Red Economy Parking Lot operated by Providence and the Red Cross. Appointment only for Phase 1A members at both of these clinics: 503-988-8939, covidvaccineinfo@multco.us

PPE

Face coverings, masks and COVID19 - October 19, 2020 Update - Wearing a mask now required at all indoor public spaces including private and public workplaces, outdoor markets and schools unless someone is along in an office or private workspace. <https://multco.us/novel-coronavirus-covid-19/face-coverings-masks-and-covid-19-what-you-should-know>

Personal Protective Equipment (PPE) for Personal Caregivers - email name, address, phone number, number of caregivers, supplies needed to AgingDisabilitySupplies@portlandoregon.gov, after request submitted, a confirmation email or phone call will be made and supplies will be delivered by NET Volunteers when they become available. <https://www.portlandoregon.gov/civic/article/759335>

Individuals can pick up free disposable face masks at some libraries.

> Capitol Hill, Gregory Heights, Holgate, Kenton, North Portland, Rockwood, and St Johns
Monday and Tuesday 12-8; Wednesday thru Saturday 10-6, Sunday 12-5.

Community Organizations and Healthcare Agencies seeing help acquiring PPE - Resource Requests - <https://multco.us/em/need-resources-multnomah-county-resource-request-form>