

# Helpful Resources

## General resources:

- Find your legislators: <https://www.oregonlegislature.gov/FindYourLegislator/leg-districts.html>

## State resources:

- Legislative process: [https://www.oregonlegislature.gov/citizen\\_engagement/Pages/How-an-Idea-Becomes-Law.aspx](https://www.oregonlegislature.gov/citizen_engagement/Pages/How-an-Idea-Becomes-Law.aspx)
- How to Testify: [https://www.oregonlegislature.gov/citizen\\_engagement/Pages/How-to-Testify.aspx](https://www.oregonlegislature.gov/citizen_engagement/Pages/How-to-Testify.aspx)
- Oregon Legislative Information System: <https://olis.leg.state.or.us/>
- Oregon Revised Statutes: [https://www.oregonlegislature.gov/bills\\_laws/Pages/ORS.aspx](https://www.oregonlegislature.gov/bills_laws/Pages/ORS.aspx)
- Oregon Administrative Rules: [http://sos.oregon.gov/archives/Pages/oregon\\_administrative\\_rules.aspx](http://sos.oregon.gov/archives/Pages/oregon_administrative_rules.aspx)
- Capitol Information Line: 503-986-1187

## Federal resources:

- Legislative process (diagram): <http://beta.congress.gov/content/legprocess/legislative-process-poster.pdf>
- Legislative process (videos): <http://beta.congress.gov/legislative-process/>

## City of Portland resources:

- Office of Neighborhood Involvement (ONI) <http://www.portlandoregon.gov/oni/55030>
- Office of Government Relations <http://www.portlandoregon.gov/ogr/>