



# DROP IN GYM SCHEDULE

FALL 2018

Southwest Community Center • 6820 SW 45th Avenue • 503-823-2840

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM							
6AM	Circuit Training 5:30-8am	Circuit Training 5:30-8am	Circuit Training 5:30-8am	Circuit Training 5:30-8am	Circuit Training 5:30-8am		
7AM						30+ Team Play 7-9:30am	
8AM							
9AM	Indoor Park*** 8:30-11:30am						All Ages Open Gym 9am-4pm
10AM		Indoor Park*** 9am-2pm					
11AM				Indoor Park*** 11am-2pm			
12PM	18+ Adult Basketball* 12-2pm		18+ Adult Basketball* 12-2pm		18+ Adult Basketball* 12-2pm		
1PM							
2PM			Indoor Park*** 1:30-3:00pm		Indoor Park*** 1:30-3:30pm		
3PM							
4PM						All Ages Open Gym 2-7pm	30+ Team Play 4-6pm
5PM							
6PM					Gym Unavailable 5- 9pm		
7PM							
8PM	Family Basketball 7:30-9:30	16+ Rec Volleyball** 7:30-9:30pm	Family Basketball 7:30-9:30	16+ Rec Volleyball** 7:30-9:30pm			
9PM							
10PM							

Hours and dates subject to change. Gym times may vary depending on private rentals.

Groups are not permitted to use Open Gym time for practices.

Call 503-823-2850 and speak with a coordinator to learn about our new Gym Practice Rental Policy.

\*Adult Basketball from 12:00-2:00pm is subject to cancellation on no school days for Kids' Day Off programming.

\*\*Open Rec Volleyball is open for all skill levels (16+) to enjoy.

\*\*\*No Indoor Park 10/12, 10/29, 11/11, 11/12, 11/19-11/23, 12/17 - 12/21, 12/24 - 12/28

