

SOUTHWEST COMMUNITY CENTER

GYM SCHEDULE | Effective October 2–March 18

Southwest Community Center offers an Open Gym setting for youth and adults to play basketball and volleyball at various times Monday through Sunday.

| | MON | TUE | WED | THU | FRI | SAT | SUN |
|-----------------------------|-----------------------------|----------------|-----------------------------|----------------|--------------|-------------|---------------|
| Adult Basketball | 12:00-2:00pm 7:30-9:30pm | | 12:00-2:00pm 7:30-9:30pm | | 12:00-2:00pm | | |
| Adult 30+ Team Play | | | | | | 7:30-9:30am | 4:00-6:00pm |
| All Ages Open Gym | | | | | | 2:00-7:00pm | 9:00am-4:00pm |
| Circuit Training | 6:00-8:00am | 6:00-8:00am | 6:00-8:00am | 6:00-8:00am | 6:00-8:00am | | |
| 16+ Rec Volleyball* | | 7:30-9:30pm | | 7:30-9:30pm | | | |
| Indoor Park** 9/25-5/25 | 8:30-10:30am 1:30-3:00pm | 11:30am-3:00pm | 8:30-10:30am 1:30-3:00pm | 11:30am-3:00pm | 8:30-12:00pm | | |
| Youth 18 and Under Open Gym | | | | | | | |

Hours and dates subject to change. Gym times may vary depending on private rentals.

Groups are not permitted to use Open Gym time for practices. Call 503-823-2849 and speak with a coordinator to learn about our new Gym Practice Rental Policy.

*Open Rec Volleyball is open for all skill levels (16+) to enjoy.

**No Indoor Park 10/13, 11/3, 11/8-10, 11/22-24, 12/18-1/1, 1/15, 1/29, 2/19

FACILITY FEATURES

Traversing bouldering wall

Indoor six-lane lap pool

Indoor zero-depth entry

Leisure Pool

Waterslide and splashdown pool

Whirlpool spa

Men's and women's locker rooms

Family changing rooms

Exercise studio with drop-in fitness courses

Fitness center with cardiovascular and circuit weight equipment

Poolside party/meeting room Gymnasium

Multipurpose rooms with attached kitchen

Drop-in child care room

48,000 square feet

ANNUAL BUILDING MAINTENANCE: Saturday, 9/2–Friday, 9/15

Revised building hours during these dates. Please see website or front desk for more information.

BUILDING CLOSURE: TUESDAY, 9/19

All Portland Parks & Recreation community centers and swimming pools will be closed for staff training.