



# DROP IN GYM SCHEDULE

WINTER/SPRING 2019 Southwest Community Center • 6820 SW 45th Avenue • 503-823-2840

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM							
6AM	Circuit Training 5:30-8am	Circuit Training 5:30-8am	Circuit Training 5:30-8am	Circuit Training 5:30-8am	Circuit Training 5:30-8am		
7AM						30+ Team Play 7-9:30am	
8AM							
9AM	Indoor Park*** 8:30-11:30am						
10AM		Indoor Park*** 9am-2pm					
11AM				Indoor Park*** 11am-2pm			All Ages Open Gym 9am-4pm
12PM	18+ Adult Basketball* 12-2pm		18+ Adult Basketball* 12-2pm		18+ Adult Basketball* 12-2pm		
1PM							
2PM			Indoor Park*** 1:30-3:00pm		Indoor Park*** 1:30-3:30pm		
3PM							
4PM						All Ages Open Gym 2-7pm	30+ Team Play 4-6pm
5PM							
6PM					Gym Unavailable 5-9:30pm		
7PM							
8PM	Community Night* 7:30-9:30	16+ Rec Volleyball** 7:30-9:30pm	Community Night* 7:30-9:30	16+ Rec Volleyball** 7:30-9:30pm			
9PM	All Ages Basketball 7:30-9:30		All Ages Basketball 7:30-9:30				
10PM							

Hours and dates subject to change. Gym times may vary depending on private rentals.

Groups are not permitted to use Open Gym time for practices.

Call 503-823-2850 and speak with a coordinator to learn about our new Gym Practice Rental Policy.

\*Adult Basketball from 12:00-2:00pm is subject to cancellation on no school days for Kids' Day Off programming.

\*\*Check our Community Night Schedule for specific activities happening in the Gym Weekly.

\*\*Open Rec Volleyball is open for all skill levels (16+) to enjoy. No more than 30 players per night.

\*\*\*No Indoor Park 2/7, 2/18, 3/25-3/29, 4/8, 5/2, 5/27

