



Drop In Gym Schedule

SUMMER 2018



HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM							
6AM	Circuit Training 6-8am	Circuit Training 6-8am	Circuit Training 6-8am	Circuit Training 6-8am	Circuit Training 6-8am		
7AM							
8AM	Gym Reserved for Camps	Gym Reserved for Camps	Gym Reserved for Camps	Gym Reserved for Camps	Gym Reserved for Camps	30+ Team Play 7-9:30am	
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM	GYM CLOSED	16+ Rec Volleyball** 7:30-9:30pm	GYM CLOSED	16+ Rec Volleyball** 7:30-9:30pm	Gym Closed for private rental 7:30- 9:15pm		
8PM							
9PM							

All Ages Open Gym
9am-4pm

All Ages Open Gym
2-7pm

30+ Team Play
4-6pm

Hours and dates subject to change. Gym times may vary depending on private rentals. Groups are not permitted to use Open Gym time for practices. Call 503-823-2850 and speak with a coordinator to learn about our new Gym Practice Rental Policy.

*Adult Basketball from 12:00-2:00pm is subject to cancellation

**Open Rec Volleyball is open for all skill levels (16+) to enjoy.

