Summer 2015

Dear Parents and Campers,

Welcome to 2015 Skate Camp! We are looking forward to a great summer of skateboarding, building confidence with board skills, and making new friends! Skating is a great way to build balance and coordination, stay active, as well as learning to set and achieve personal goals. With an emphasis on skatepark etiquette, we will learn how to safely progress in skateboarding, creating and following deliberate steps towards new skills and maneuvers. Campers will work with coaches and each other to learn, but also to think critically about skating and teach themselves new tricks in the future!

Meet the staff for 2015!



North Portland: Mike Vos, Russell Bauerlein, Ari Morris & Nikki Dempsey [unpictured: Austin Thongvivong]

East Portland: Troy Broat & Timothy Nace

Citywide Staff: Taylor Sanders, Kevin Gwozdz, Levi Poole & Max Carlstrom

[unpictured: Boomer Cisler, April Jones, & Keaton Rodgers]

Southwest Portland: Travis Reitano, Ebony Sicard, Chris Klich & Luke Mitchell-Nelson

Skate Gear: All campers and staff are required to wear helmets designed for skateboarding (plastic shell with padding inside; designed for multiple impacts). Knee, elbow, and wrist pads are optional - you decide if your child may *choose* to wear protective gear or if they are *required* to wear protective gear on the Skateboard Agreement Form that you will complete on the first day. Loaner equipment is available with advanced notice - please email jamie.sandness@portlandoregon.gov at least 5 business days in advance. Have questions about what gear to buy or where to go? Check out our What Makes a Good Skateboard flyer.

Your child will need to have sneakers (flat-soled skate styles work best), a backpack, water bottle and a heavy snack. We ask you to refrain from packing any foods containing peanuts or nuts due to a rising number of severe allergies.

Check-in for camp is available 10 minutes prior to the start of camp. Campers should be picked up promptly at the close of camp. Campers remaining more than 5 minutes after the close of camp will incur a \$1/minute late pick-up fee. After Care is only available at Peninsula & Gabriel Park. *Please remember that the authorized adult must show valid ID in order to check the child out from camp. For the safety of participants, no exceptions will be made.*

If you have any questions please feel free to talk with any of the skate staff or contact the Citywide Sports Coordinator, Jamie Sandness at 503-823-4112 or jamie.sandness@portlandoregon.gov.

Thank You, PP&R Skate Team Staff

Jamie Sandness, Citywide Sports Coordinator jamie.sandness@portlandoregon.gov | 503-823-4112

STAFFING:

Staff are First Aid and CPR certified, have undergone Criminal History checks and have experience working with school age youth. The program maintains a 1:7 adult/child ratio during skate instruction and a maximum of 1:14 ratio during rest and snack times.

PROGRAM STRUCTURE:

PP&R Skate Camps are offered for a variety of ages ranging from those going into 1st grade to those going into 6th grade. Each day your child will be taking part in a variety of skateboarding games, drills, challenges and other activities.

CAMP LOCATION: Please check below for specific meeting areas at each location

Pier Park - Pier Park Skate Park

Gabriel Park - Gabriel Park Skate Park

Irving Park - Covered shelter near the playground
Peninsula Park - Courtyard in front of the building

Glenhaven Park - Glenhaven Skate Park Mt Scott CC - Roller Rink is downstairs

Ed Benedict Park - Ed Benedict Skate Park Sellwood Park - Old tennis courts behind the pool

Hillside CC - Meets near parking lot

CHECK-IN & OUT

When picking-up & dropping off your child for camp, YOU MUST SIGN YOUR CHILD IN/OUT EACH DAY. VALID ID IS REQUIRED to check-out a child. This will ensure the safety of your child & allow staff the time to share information about your child & camp with you. Campers are not allowed to meet you at the curb/at the car. Check-in begins 10 minutes prior to the camp start time. Before & after care is not available for this program. Campers remaining more than 5 minutes after the close of camp will incur a \$1/minute late pick-up fee.

WHAT TO BRING:

Please pack a healthy, non-refrigerated, non-microwavable, substantial snack. Full day campers require lunch and 2 snacks. Campers should also bring: a water bottle (Tip: Freeze it overnight to keep cool during the day); Sunscreen (applying it before camp is very helpful); Wear closed-toe shoes (flat-soled skate style sneakers work best) and weather appropriate clothing; Medications (if necessary); a clearly labeled backpack. All items should be in a bag that your child will be able to carry with them throughout the day. DO NOT BRING: MP3s/electronics, toys, money, or any other valuables; we are not responsible for lost or stolen items.

SKATE EQUIPMENT:

Helmets are required for all PP&R skate participants and staff. Pad requirements are based on the guardian's dictation on the Skate Participation Agreement. Bring board, helmet and pads if participant has them. Loaner equipment is available - please email jamie.sandness@portlandoregon.gov with 5 business days notice to reserve. Visit the website to review the What Makes A Good Skateboard flyer: www.portlandoregon.gov/parks/skate.

INCLEMENT WEATHER:

RAIN: When there is advanced knowledge of inclement weather (continous rain or extreme heat above 100°), calls will be made 1.5 hours prior to the start of camp to notify families of cancellation or an alternate location. You may be subject to additional fees if you opt for additional hours of care through the alternate site. After camp has started, we will remain at the park rain or shine - please pack wet weather gear if rain is forecasted. In the case of inclement weather you are invited to pick up as early as possible. When temperatures are over 85°, physical skate activity will be limited. Peninsula & Gabriel camps will not cancel and will move indoors to the community center during inclement weather.

FORMS & MEDICATION:

Please complete the Medical/Emergency Form & Skateboard Participant Agreement and give to camp staff when you drop off your child. Your child will not be able to participate in camp without these forms completed. Everyone must fill out the NEW form for each skate camp location. Additional forms are required to dispense medications and can be filled out at check-in. Please note: All medication must be in its original container and bring only the amount needed for one day at a time.

MORE ABOUT SKATE

Visit www.portlandoregon.gov/parks/skate for more information on upcoming activities, skate park locations, and helpful parent resources on purchasing skate boards, skatepark etiquette and program forms. Details about skate clinics and private lessons are also available.

