



PORTLAND PARKS & RECREATION™

Healthy Parks, Healthy Portland

PORTLAND PARKS & RECREATION

Activities for Winter 2017



St. Johns Community Center

REGISTRATION BEGINS NOVEMBER 21, 2016

Go to PortlandParks.org,
click on the *Register Now* tab.

Commissioner Amanda Fritz
Director Mike Abbaté



In compliance with Civil Rights laws, it is the policy of the City of Portland that no person shall be excluded from participation in, denied the benefits of, or be subjected to discrimination in any City program, service, or activity on the grounds of race, color, national origin, or disability. To help ensure equal access to City programs, services, and activities, the City of Portland reasonably provides: translation and interpretation services, modifications, accommodations, auxiliary aids and services, and alternative format.

Inclusion services for people with special Needs:

How to request Inclusion Services:

- Choose the activity you would like to participate in, and register for that class.
- Contact Inclusion Services at 503-823-4333.
- If this is your first time requesting accommodations through Inclusion Services, you will need to complete either a phone intake or an Accommodation Form that can be sent over email. This process is to help determine what level of accommodation needed for the participant.
- Future assistance will be provided based on need. The inclusion staff will work with the instructor on how to support you and your individual needs.

Important details:

- A general program may be adapted using auxiliary aids and services, but the basic structure of the program remains the same.
- Accommodations are made as needed and can be flexible, as well creative.
- Participants need to register for activities that are intended for their birth age.
- Personal care is provided for activities for individuals up to age 12.
- For sign language interpreter please call 2 working days prior to the class
- We request at least 5 working days' notice prior to start of class.

If you have questions about Inclusion Services, please contact Jane Doyle at 503-823-4333 (jane.doyle@portlandoregon.gov). If necessary, use City TTY 503-823-6868, or use Oregon Relay Service: 711.

LOVE WHERE YOU LIVE. LOVE WHAT YOU GIVE.

This holiday season give the gift of
—— family, fitness, and fun. ——



BUY FIVE DROP-IN PASSES AND RECEIVE TWO FREE!

Passes are redeemable for any drop-in program.

Drop-in programming can include fitness centers, group exercise classes, open play swim, lap swim, water aerobics, adult basketball and volleyball, and more! Available for purchase at your local community center.

*Redeemable at the Portland Parks & Recreation Community Center where purchased. Promotion runs 11/28-12/23.

PP&R gift certificates are available for any occasion, all year long!

Certificates come in any dollar amount and can be redeemed for any program or service.



PORTLAND PARKS & RECREATION™

Healthy Parks, Healthy Portland



WHAT ARE YOU A #FORCEOF ?

A world of possibilities in ONE convenient pass - The TeenForce Pass.

Free drop-in activities for youth ages 10-20 Stop by any TeenForce location to register for your pass TODAY! Registration takes less than 5 minutes at any of the below locations:

- Charles Jordan Community Center
- East Portland Community Center
- Matt Dishman Community Center
- Montavilla Community Center
- Mt. Scott Community Center

Swimming, Basketball, Art Studios, Dancing, Fitness, Volleyball, Cooking, Leadership, Service Learning, Futsal, Outdoor Games, and much more!

For more information visit portlandoregon.gov/parks/teens



search for
TeenForce or Forceof



PORTLAND PARKS & RECREATION™
Healthy Parks, Healthy Portland

CONFIDENCE | TEAMWORK | GROWTH | SPORTSMANSHIP



PARK STARS BASKETBALL LEAGUE

JANUARY 30 - MARCH 17
BOYS & GIRLS GRADES K-4

For more information call 503-823-PLAY or visit
portlandoregon.gov/parks/parkstars

Team shirt included for all players

- OPTIONS VARY BY SITE -

Southwest CC | Charles Jordan CC | St Johns CC | Peninsula Park CC
Matt Dishman CC | East Portland CC | Mt Scott CC | Hillside CC

ST. JOHNS COMMUNITY CENTER



8427 North Central Street
Portland, OR 97203
503-823-3192

Building Director

Amie Massier

Coordinator

Jamie Moos-Benjamin

Renal Coordinator

Lisa Kato-Fieldhouse

Bus Line

#4 Fessenden, #44 Mocks Crest,
#75 Cesar Chavez Blvd/Lombard

Parking

Street parking

Disabled Accessible

Entrances, Parking, Restrooms

Hours

Monday, Wednesday	8:15am - 6:00pm
Tuesday	8:15am - 9:00pm
Thursday	8:15am - 7:00pm
Friday	9:00am - 6:00pm
Saturday	9:00am - 1:00pm
Sunday	Closed (except for rentals)

Building Closures

November 24-26	Closed
December 24	Closed at 3:00pm
December 25-26	Closed
December 31	Closed at 3:00pm
January 1-2	Closed

ANNUAL MAINTENANCE CLOSURE MARCH 18 – MARCH 26

WINTER CAMPS

Winter Friends Camp

Ages 3 -5

Play with other kids! Explore themes that embrace the zestful energy of children in art, games, music, stories & dramatic play. Format of free choice, group time & physical activity is designed to stimulate thinking, enhance self-esteem & build teamwork. Let's play! Child must be fully potty trained.

12/27-12/30	Tues-F	
9:00am-12:00pm	\$45	1060881

Winter Break Thrills

Grade K-5

School's out! Time to play! Join us for an action-packed day of exciting activities. Develop social skills & build self-esteem using a variety of amusing games, arts, crafts & sports. Improve coordination & teamwork interacting in a positive nurturing environment. No couch potatoes here!

12/19-12/22	M-F	
9:00am-5:00pm	\$120	1059856
12/27-12/30	T-F	
9:00am-5:00pm	\$96	1059857

SPRING CAMPS

Spring Break Friends Camp

Age 3-5

Play with other kids! Explore themes that embrace the zestful energy of children in art, games, music, stories & dramatic play. Format of free choice, group time & physical activity is designed to stimulate thinking, enhance self-esteem & build teamwork. Let's play! Child must be fully potty trained.

9:00am-12:00pm	3/27-3/31	M-F
	\$56	1063762

Spring Break Thrills

Grade K-5

School's out! Time to play! Join us for an action-packed day of exciting activities. Develop social skills & build self-esteem using a variety of amusing games, arts, crafts & sports. Improve coordination & teamwork interacting in a positive nurturing environment.

No couch potatoes here!

9:00am-5:00pm	3/27-3/31	M-F
	\$20	1063390

BEFORE & AFTER CARE

Camp - Before / After Care

Grade K-5

Need to be at work before our day starts or after it ends? Here's the solution! Our supervised activities include quiet games, art, crafts, stories and cooperative play! We're here for you.

12/19-12/23	M-F	
7:30am-9:00am	\$18	1059835
12/27-12/30	T-F	
7:30am-9:00am	\$18	1059836
12/19-12/23	M-F	
5:00-6:00pm	\$15	1059887
12/27-12/30	Tu-F	
5:00-6:00 pm	\$12	1059888



RENTALS AT SJCC

St. Johns Community Center offers a wide range of rooms for almost any gathering.

- Birthdays
- Business Meetings
- Wedding Receptions
- Quinceaneras
- Reunions
- And more!

Call us at 503-823-3192 to reserve your space!

ST. JOHNS WINTER 2017 DROP-IN SCHEDULE

Schedule effective January 3-March 24 . Schedule may be adjusted to meet community & facility needs.

Parent / Child Drop-in Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
Baby Gym \$1.00, age: 18mos & younger (wobblers)		1-3pm		9:30-11:30am	
Indoor Park \$1.00, age: 5 & under w/ an adult	9:30-11:30am	9:30-11:30am	9:30-11:30am	9:30-11:30am	

Youth Open Gym Drop-in

	Monday	Tuesday	Wednesday	Thursday	Friday
Youth Gym Age: 17 & under Free, ID required for teens	3:30-5pm	3:30-5pm	3:30-5pm	3:30-5pm	3:30-5pm

Adult Fitness Drop-in Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
Open Gym Age: 18 & up \$3.00, ID required for teens		7-9pm			
Tai Chi \$3.50, age 60 & up	9:30-10:30am	10-11am	9:30-10:30am		

BABY GYM

Crawl this way! Indoor Park toys too big for your baby? Here's an alternative in our mat room. No need to worry as little ones explore our soft and safe environment. Playful and challenging activities gently encourage your child to develop strength, coordination, and body awareness.

INDOOR PARK

Indoor Park is a safe and cooperative playtime for children accompanied by parents. Encourages the development of motor skills while helping children gain experience with group interaction and cooperative play on equipment, cars and assorted toys. Parents are responsible for supervising their children.

BASKETBALL – YOUTH OPEN GYM

Come by the Center after school and get in a couple games of pick up basketball. School ID required.

BASKETBALL – ADULTS

Practice your shots or join in on a friendly pick up game. Photo ID required.

TAI CHI

Incorporates slow, gentle movements that increase flexibility, balancing and lung capacity; promotes stress relief, body awareness, plus suppleness in your spine.

ST. JOHNS COMMUNITY CENTER



ADULT / CHILD

Children should wear comfortable clothing that is easy to move in. Parent/caregiver is required to participate in order to assist the child with the instructor facilitated activities

Movement - Twist & Twirl

Age 2½-4

Turn, leap & shake it with your parent. Explore rhythm, movement & coordination together. Nurturing environment focused on fun as a foundation for dance is developed while agility, flexibility & imagination are emphasized. May I have this dance?

9:00-9:30am	1/12-2/9	Th
Rm 4	\$22	1063143
9:00am-9:30am	2/16-3/16	Th
Rm 4	\$22	1063146

Movement - Dance with Me

Age 1½-3

Does your child start moving when the music begins? Step together & become aware of different ways to keep pace with the tempo. Rhythm & music inspire creativity. Improve motor skills, coordination & parent/child communication. Just go with it!

10:30-11:00am	1/12-2/9	Th
Rm 4	\$13	1063142
10:30-11:00am	2/16-3/16	Th
Rm 4	\$13	1063145
10:00-10:30am	1/14-2/11	Sa
Rm 4	\$13	1063051
10:00-10:30am	2/18-3/18	Sa
Rm 4	\$13	1063058

Music - Marching & Make Believe

Age 1½-3

Finger plays, nursery rhymes, music, marching & simple instruments are combined with imagination & creative dramatics to provide a positive group experience for the young child & a parent or special friend. Expanding playful imaginations here!

11:15-11:45am	1/12-2/9	Th
Rm 4	\$18	1063064
11:15-11:45am	2/16-3/16	Th
Rm 4	\$14	1063068

Messy Art - Art Adventures: Winter Wonderland

Age 2½-4

Come dressed for MESS and let us clean it up! A parent/caregiver is required to participate in order to assist the child with the activities while the instructor facilitates the class. Paint smocks are provided

Taste, touch, smell & see! Together mix, mash & moosh projects aimed at increasing creativity, dexterity & expanding your imagination. The fun is on you, the clean up is on us!

10:00-10:30am	1/11-2/8	W
Rm 1	\$13	1063063
10:00-10:30am	2/15-3/15	W
Rm 1	\$10.50	1063067

Tumbling: Romp & Roll

Age 2½-4

Leap, flip & spin! Together, explore animal walks, swinging & springing in an introduction to tumbling. Gain strength & flexibility by playing independent & group games. Just move it!

10:45-11:15am	1/10-2/7	Tu
Rm 3	\$22	1063043
10:45-11:15am	2/14-3/14	Tu
Rm 3	\$22	1063046

Tumbling: Tiny Tots

Age 1½-3

Parents! Join your child in an introduction to gymnastics & tumbling using animal walks, jumping, swinging & springing skills. Increase body awareness, balance, strength & flexibility.

10:00-10:30am	1/10-2/7	Tu
Rm 3	\$22	1063042
10:00-10:30am	2/14-3/14	Tu
Rm 3	\$22	1063045
11:00-11:30am	1/14-2/11	Sa
Rm 3	\$22	1063053
11:00-11:30am	2/18-3/18	Sa
Rm 3	\$22	1063060

Gymnastics - Twisting Tadpoles

Age 2½-4

Challenge your wee-one through obstacle courses, skill stations, & physical problem solving. Together, increase coordination & body awareness by rolling, crawling, & springing into toddler tumbling! Support your child as they develop new skills to help them reach the next step! Wiggle, Jump, & Roll!

9:15-9:45am	1/14-2/11	Sa
Rm 3	\$25	1063049
9:15-9:45am	2/18-3/18	Sa
Rm 3	\$25	1063056

Soccer - Tiny Tots

Age 1½-3

Kick it! Chase it! Stop it! Develop skills together that promote foot-eye coordination, balance & agility. Active games, creative drills & an emphasis on the joy of physical activity provide a playful introduction to a popular sport.

9:00-9:30am 1/13-2/10 F
Gym \$18 1063070

9:00-9:30am 2/17-3/17 F
Gym \$22.50 1063076

Basketball - Tiny Tots

Age 1½-3

Do you have a prospective ball player? Improve motor skill development while exploring the fundamentals of shooting, passing & dribbling. Two points for playing together!

10:30-11:00am 1/13-2/10 F
Gym \$18 1063072

10:30-11:00am 2/17-3/17 F
Gym \$22.50 1063074

PRESCHOOL

Artworks Messy Masterpieces-Winter Fun

Age 3-5

Does your child like to make a mess? Muddle & jumble are transformed into works of art. Fun is just the beginning as projects develop fine motor skills & enhance creative development. Warning! Treasures in progress!

10:45-11:30am 1/11-2/8 W
Rm 1 \$19.50 1063062

10:45-11:30am 2/15-3/15 W
Rm 1 \$19.50 1063066

Art - Party!

Age 3-5

Uncover the artist within! Using a variety of tools, such as pencils, crayons, & markers, young artists can increase eye-hand coordination while exploring new forms of art. Expand imaginations while developing mini-masterpieces to show off to family & friends. Future Picasso's start here!

Crafting Fun

11:45-12:30pm 1/11-2/8 W
Rm 1 \$33 1063138

11:45-12:30pm 2/15-3/15 W
Rm 1 \$33 1063140

PreBallet - Starting Steps!

Age 3-5

Take a step further as new movements are introduced as you focus on classical dance- steps, poise, body alignment & foot positions. An excellent way to increase self-discipline & self-confidence.

9:45-10:15am 1/12-2/9 Th
Rm 4 \$25 1063144

9:45-10:15am 2/16-3/16 Th
Rm 4 \$25 1063147

PreBallet - Starting Steps and More!

Age 3-5

New steps & movements are introduced as you focus on classical dance- steps, poise, body alignment & foot positions. An excellent way to increase self-discipline & self-confidence.

9:00-9:45am 1/14-2/11 Sa
Rm 4 \$33 1063048

9:00-9:45am 2/18-3/18 Sa
Rm 4 \$33 1063055

Science - Explorers

Age 3-5

Looking for educational fun? We're the place! Imaginations will soar as you develop problem solving skills and appreciation for the world around you. Increase your knowledge of science through hands-on experiments, games and craft projects. Let's explore!

9:00-9:45am 1/11-2/8 W
Rm 1 \$33 1063065

9:00-9:45am 2/15-3/15 W
Rm 1 \$27 1063069

Gymnastics - Preschool

Age 3-5

Children can increase body awareness and coordination through gymnastics! This is a great class for a child ready to participate without a parent. Learn basic gymnastics shapes and have fun with movement. We will use a variety of equipment and introduce 4 Olympic events!

9:00-9:45am 1/10-2/7 Tu
Rm 3 \$37.50 1063041

9:00-9:45am 2/14-3/14 Tu
Rm 3 \$37.50 1063044

10:00-10:45am 1/14-2/11 Sa
Rm 3 \$37.50 1063050

10:00-10:45am 2/18-3/18 Sa
Rm 3 \$37.50 1063057



Skateboarding - Flatground Basics

Improve your technique! Put your deck to good use in an introduction to ollie & flip tricks. Work on carving, turning & manuals while setting and reaching goals through skill-focused coaching. Get rolling!

Age 5-7

4:30-5:15pm 1/11-2/8 W
\$37.50 1063380

4:30-5:15pm 2/15-3/15 W
\$30 1063382

Age 7-12

5:45-6:30pm 1/11-2/8 W
\$37.50 1063381

5:45-6:30pm 2/15-3/15 W
\$37.50 1063383

ST. JOHNS COMMUNITY CENTER



PRESCHOOL

Soccer - For Starters

Age 3-5

Give it your best shot! Dribble, pass, shoot & score! Discover the fundamentals of ball handling while focusing on techniques, sportsmanship & fair play. Bring lots of energy!

9:45-10:15am	1/13-2/10	F
Gym	\$18	1063071
9:45-10:15am	2/17-3/17	F
Gym	\$18	1063075

Sports Mix - Gym Jamboree

Age 3-5

Does your child love to run, jump, twirl & play? Build strong & healthy bodies, work on motor skills, coordination, balance, flexibility & social development as they interact. All sorts of activities, from soccer to kickball- maybe even a crazy obstacle course while burning off extra energy! Let's go!

11:15-11:45am	1/13-2/10	F
Gym	\$17.75	1063073
11:15-11:45am	2/17-3/17	F
Gym	\$22	1063077

YOUTH

Kid's Day Off: Super Ventures

Age 5-10

You're invited to have the best time ever! Find new friends, stay busy & keep fit in an action packed adventure filled with exciting activities. Dive into creative projects, games, sports & special events. Cure the vacation blahs with good times galore. The journey begins here!

9:00am-5:00pm	1/27	F
	\$28	1063387

Before Care

7:30-9:00am	1/27	F
	\$4.50	1063338

After Care

5:00-6:00pm	1/27	F
	\$3	1063389

Ballet - Basics

Age 6-10

Express yourself! Explore this joyful dance style & increase agility, grace & coordination. Develop a firm foundation in classical technique while gaining music knowledge & arts appreciation.

10:45-11:45am	1/14-2/11	Sa
	\$39	1063052
10:45-11:45am	2/18-3/18	Sa
	\$39	1063059

Gymnastics - Level I Foundations

Age 6-10

Roll, stretch, balance and leap! Fun-filled introduction for first time participants. Experience the basics through games and obstacle courses. Floor, bars, beam and vault will help your child increase their strength and flexibility. We will provide instruction in proper skill progressions while stressing repetition and safety.

11:45am-12:30pm	1/14-2/11	Sa
	\$37.50	1063054
11:45am-12:30pm	2/18-3/18	Sa
	\$37.50	1063061

60 + ACTIVITIES

Tai Chi Today

Age 60 & up

More than 600 years ago this martial art evolved in China as healers searched for a source of physical immortality. Incorporate slow, gentle movements that increase flexibility, balance & lung capacity. Promote stress relief, body awareness, suppleness in your spine & increased stamina. Aud

Beginning Level

10:00-11:00am	1/10-1/31	Tu
	\$13	1063397
10:00-11:00am	2/7-2/28	Tu
	\$13	1063399
10:00-11:00am	3/7-3/14	Tu
	\$13	1063403

Beginning/Intermediate

9:30-10:30am	1/9-1/30	M
	\$12	1063396
9:30-10:30am	2/6-2/27	M
	\$12	1063401
9:30-10:30am	3/6-3/13	M
	\$12	1063402
9:30-10:30am	1/11-1/25	W
	\$13	1063398
9:30-10:30am	2/1-2/22	W
	\$13	1063400
9:30-10:30am	3/1-3/15	W
	\$13	1063404

TAE KWON DO FOR EVERYBODY

Join over 40 million people who practice this Korean martial art. Increase agility and strength while improving coordination using kicks, punches and blocks. Parents, children and families are welcome. Our classes are small and a comfortable environment to learn in. We emphasize learning at all ages, and at all belt levels. From the very first class, students are shown how to learn independently and to teach themselves. A valuable lesson to take with them throughout their life. Our program is designed so that no one is left behind and no one is unchallenged in their development. Room 3

Beginners: White to Yellow Belts

5:00-6:00pm 1/10-3/16 Tu Th
\$93 1063378

Yellow Belts and Up

6:15-7:15pm 1/10-3/16 Tu Th
\$93 1063379

BENEFITS OF TAE KWON DO

Physical

- Increase flexibility
- Improve coordination
- Develop quickness
- Learn self-defense skills

Mental

- Build self-confidence
- Practice self-discipline
- Increase concentration
- Achieve Goals

Social

- Make new friends
- Develop leadership
- Learn respect for others



BASKETBALL LEAGUE



Dribble, shoot, and sink the shot! Build confidence & self-esteem in this non-competitive, entry level league held in a safe environment. Focuses on teamwork, passing, dribbling, and shooting in these entry level

games. Parent volunteers needed- please contact the community center to find out more. An information meeting will be held during the beginning of the first practice. T-shirt included. Maximum of 10 players per team. Later registrations accepted through the third practice.

Games are held Fridays starting February 10 at CJCC. Game schedule provided at second practice. Cost is \$56.



PORTLAND PARKS & RECREATION™
Healthy Parks, Healthy Portland

Season: 1/30-3/17

Games begin 2/10

Grades: 3-4	1063833	W	6:15- 7:15 p.m.	Practice at CJCC Gym
Grades: 3-4	1063827	W	5:00- 6:00 p.m.	Practice at MDCC Gym
Grades: 3-4	1063843	M	5:45- 6:45 p.m.	Practice at SJCC Gym
Grades: 3-4	1063839	W	5:30- 6:30 p.m.	Practice at PPCC
Grades: K-2	1063834	W	5:15- 6:15 p.m.	Practice at CJCC Gym
Grades: K-2	1063835	W	5:15- 6:15 p.m.	Practice at CJCC Gym
Grades: K-2	1063828	W	4:00- 5:00 p.m.	Practice at MDCC Gym
Grades: K-2	1063829	W	4:00- 5:00 p.m.	Practice at MDCC Gym
Grades: K-2	1063844	Tu	5:30- 6:30 p.m.	Practice at SJCC Gym
Grades: K-2	1063845	W	5:30- 6:30 p.m.	Practice at SJCC Gym
Grades: K-2	1063840	W	4:30- 5:30 p.m.	Practice at PPCC



ELI PATTERSON III

Eli began his study of martial arts at age of 5. He quickly excelled in Tae Kwon Do due to its similarities to karate and kick boxing. Over the last 11 years he has won over 15 grand championships and traveled to compete in tournaments worldwide. He is a 4th degree black belt in Tae Kwon Do and has been teaching both children and adults for over 10 years.



Educational Preschool Program 2016-2017 SCHOOL YEAR

Preschool For Little Ones

Age 2 ½-3

Child must be 2 years old by March 1, 2017

Are You Ready? Play is the essential work of childhood, worthy of respect & encouragement. Curriculum designed to include stories; games & songs provide playful interaction while setting the stage for exploration, socialization & fostering a positive self-concept.

A-M/W 8:30-10:30am \$80/month
B-T/Th 8:30-10:30am \$80/month

Preschool

Age 3-4

Child must be 3 years old by September 1, 2017

Creative play in a supportive environment is important to a child's positive overall development. Make friends playing, painting, singing & sharing. Provides structured time during early childhood to enhance physical, mental, emotional & social growth & development.

A- M/W/F 11-2pm \$130/month
B- Tu/Th 11-2pm \$90/month

Pre Kindergarten

Ages 4-5

Child must be 4 years old by September 1, 2017

Make new connections developing social & emotional skills! Opportunities for discovery, exploration & socialization fosters a positive self-concept through activities including ABC's, arts, numbers, games, stories, songs & themes. Build self-confidence, independence & creative thinking through manipulative activities, reading readiness & positive reinforcement.

A- M-Th 8:30-11:30am \$178/month
B- M-Th 12:15-3:15pm \$178/month

The St. Johns Bridge Buddies Educational Preschool Program is based on the philosophy that children develop and grow at their own rate. In order to grow and develop their senses a child must "play" by exploring and manipulating their environment. To enhance this experience, the classroom is set up in learning centers that enable children to explore different areas of development such as fine motor, socialization, pre-math, pre-reading and listening skills. Preschool for your child is the foundation for academic learning. The St. Johns Bridge Buddies program follows the traditional school schedule with children enrolled September through early June.

PRE-REGISTER FOR FALL 2017!

*Currently enrolled families,
February 6 – 9:30am*

New families – February 21 – 9:30am
ON THE DAY OF REGISTRATION BRING

- \$35 non-refundable registration fee
- Immunization Record
- Emergency Contact Information
- Children must be the correct age on or before September 1, 2017
- Children enrolled in Preschool or PreKindergarten must be potty trained (Little Ones may be in pullups).
- All registration is on a first come first served basis

SOAR AFTERSCHOOL PROGRAM

Grade K-5

A school year program serving James John, Astor and Sitton Elementary Schools

2:15-6pm Monday-Friday \$155/month

The SOAR Afterschool Program is an enriching environment with entertaining & challenging activities that enhance children's development & promote self-esteem. Enjoy opportunities such as homework assistance, sports & games, social interaction, arts & crafts, education, and time making new friends.

Ask about our DAILY RATE for James John Elementary Families



REGISTER NOW!

\$35 registration fee due at the time of registration

We provide bus transportation from Astor and Sitton Elementary. Students attending James John Elementary are escorted from the school to the community center immediately following dismissal.

SOAR does not operate on PPS non-school days. Financial assistance is available on a sliding scale.

For more information, please, contact St. Johns Community Center (503) 823-3192

Typical Daily Schedule

2:15-2:45	Arrive & Free Play in Gym
2:45-3:30	Large Group Game
3:30-4:00	Snack
4:00-4:30	Homework
4:30-5:45	Rotations (Arts & Crafts, Rock Wall, Science & More!)
5:45-6:00	Free Time



PARTIES AT SJCC

Ever feel like you can't enjoy your child's birthday party because you are running around coordinating all the activities? Have your party here and let our trained party host set up, lead activities and clean up the mess when the fun is over!

- All Packages include party host, balloons, and paper products (plates, table covers, napkins, silverware & cups)
- Parties must be booked at least 2 weeks in advance. Each party package is two hours long
- A \$100 refundable deposit is required

Call 503-823-3192 to book your party or visit <https://www.portlandoregon.gov/parks/60621>.

MARCUS USED TO STAY LATE AT SCHOOL TO WORK ON HIS HISTORY REPORT.

NOW HE DOES HIS RESEARCH FROM HIS BEDROOM.

LEARN MORE. DO MORE. SHARE MORE.

Internet Essentials™ from Comcast brings affordable, high-speed Internet to your home and greater access to what's important to you. You may qualify if you have at least one child who is eligible for the National School Lunch Program or if you receive HUD housing assistance.

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CITYWIDE RECREATION GUIDE



SPECIALTY FACILITIES

- COMMUNITY MUSIC CENTER
- INTERSTATE FIREHOUSE CULTURAL CENTER
- LAURELHURST DANCE STUDIO
- MULTNOMAH ARTS CENTER
- PORTLAND TENNIS CENTER

COMMUNITY MUSIC CENTER

3350 SE Francis Street | 503-823-3177

portlandoregon.gov/parks/cmc

Community Music Center offers music programs and professional level instruction for all ages. Disciplines include general music, choir, chamber music, ensembles, orchestra, piano, guitar, violin, cello, music jams, Suzuki Strings, and more. Most group classes run from September to June, with extended activities offered during the summer

INTERSTATE FIREHOUSE CULTURAL CENTER

5340 N Interstate Avenue | 503-823-3620

portlandoregon.gov/parks/ifcc

Interstate Firehouse Cultural Center is committed to creating an environment in which people of every ethnic and cultural background come together as artists and audience to explore, preserve and celebrate their diversity. Programs include early childhood dance, ballet, hip-hop, tap, AIR recreation, and musical theatre.

LAURELHURST DANCE STUDIO

3756 SE Oak Street | 503-823-3662

portlandoregon.gov/parks/dance

Laurelhurst Dance Studio offers dance programs for early childhood, youth, teen, and adult groups. Disciplines include general dance, jazz, tap, hip-hop, ballroom, cultural, ballet, and more. Unique to

CITYWIDE RECREATION GUIDE

the Laurelhurst Dance Studio are the Youth Ballet Academy and the Portland Recreational Dance Company. These programs feature school-year programming that allow for outstanding training and performance opportunities with the guidance of professional level instruction.

MULTNOMAH ARTS CENTER

7688 SW Capitol HWY | 503-823-2787
portlandoregon.gov/parks/mac

Multnomah Arts Center offers vibrant arts education in both visual and performing arts at an affordable cost to students of all ages. The high quality programs include jewelry, metalsmithing, photography, printmaking and book arts, drawing, painting, textiles, mixed media, woodshop and sculpture, ceramics, literary arts, theater, dance, music, and more!

PORTLAND TENNIS CENTER

324 NE 12th Avenue | 503-823-3189
portlandoregon.gov/parks/ptc

Portland Tennis Center features eight indoor courts and four outdoor courts and is open every day of the week from 6:00 am to 10:00 pm. Group and individual lessons are offered throughout the year for all ages. Other programs include tennis mixers, World Team Tennis, USTA Leagues, and City Leagues.



URBAN PARKS

DIRECTOR PARK

815 SW Park Avenue
portlandoregon.gov/parks/directorpark

Located in the heart of downtown Portland, this public piazza is a gathering place for the community, a theatre to highlight arts and culture, and a space that emanates the best of what Portland has to offer. Director Park includes a restaurant, Teachers Fountain, a covered terrace, a Big Chess board, and many great places to gather, or sit and relax. The park supports local arts and culture by offering many opportunities to enjoy music and dance, stroll through art displays, or host a private event.

HOLLADAY PARK

NE 11th Avenue & Holladay Street
portlandoregon.gov/parks/holladaypark

Holladay Park is located on the east side of Portland in the Lloyd District. A large public gathering space with plaza and grassy areas, this park offers respite for neighbors and is centrally located for busy commuters. The Holladay Park Partnership connects with neighbors, community stakeholders, and PP&R to positively activate Holladay Park by offering daily activities, weekly programming, and special events for all ages.

CITYWIDE RECREATION GUIDE



PROGRAMS & SERVICES

- 5K SERIES
- ADAPTIVE & INCLUSIVE RECREATION
- COMMUNITY GARDENS
- ENVIRONMENTAL EDUCATION
- PARKS FOR NEW PORTLANDERS
- PORTLAND PUBLIC GOLF
- PP&R SKATEBOARDING
- SENIOR RECREATION
- SUMMER FREE FOR ALL
- TEEN FORCE

5K SERIES

503-823-2525

portlandoregon.gov/parks/5k

Portland Parks & Recreation's 5k Series are family-friendly 5k races that take place monthly from May through October throughout Portland parks. Perfect for all ages and abilities, the 5k Series is a fun and exciting way for the community to come together and support healthy lifestyle choices.

ADAPTIVE & INCLUSIVE RECREATION

5304 N Interstate Avenue | 503-823-4333

portlandoregon.gov/parks/air

Adaptive & Inclusive Recreation offers community-based recreation activities and leisure services specially designed for children, teens and adults who have a disability and/or special needs. Services are designed to assist people in developing and using their leisure time in ways that enhance their health, well-being, and independence. Programs include trips, art, cooking, dance, fitness and sports, and music.

COMMUNITY GARDENS

6437 SE Division Street | 503-823-1612

portlandoregon.gov/parks/communitygardens

With 50 community gardens located throughout the city, the Community Gardens program provides gardening opportunities, plus lifestyle benefits, residents in Portland. Developed and operated by volunteers and PP&R staff, this robust program offers individuals and families a place to grow their own healthy food. Plots are assigned to new gardeners for each summer season in February, March and April, and continue through June as plots are available. Plots are assigned on a first-come, first-served basis.

ENVIRONMENTAL EDUCATION

2909 SW 2nd Avenue | 503-823-3601

portlandoregon.gov/parks/ee

The Environmental Education program offers diverse experiences in Portland's parks, gardens, and natural areas. Classes, guided walks, day camps, volunteer opportunities, and special events focus on the forest, grassland, and water ecosystems available throughout our city. From young children to older adults, all ages can find active involvement and discovery of nature close to home!

PARKS FOR NEW PORTLANDERS

1120 SW Fifth Avenue, Ste. 1302 | 503-260-2487
parksfornewportlanders.org

Parks for New Portlanders (PNP) is a program initiated by PP&R to provide recreation opportunities for immigrant and refugee communities. PNP works with partners and city leaders to design culturally relevant programs, making sure services are welcoming to communities of color, new immigrants and refugees. With one in five Portlanders being foreign-born, addressing the needs of this new and diverse population is crucial as they transition to Portland's community.

PORTLAND PUBLIC GOLF

portlandoregon.gov/parks/golf

Portland Public Golf offers affordable, quality golf to Portland's residents and visitors alike. These six beautiful, and nationally recognized, golf courses offer 9- and 18-hole rounds, practice ranges, lessons for youth and adult, and spectacular options for tournament play. In addition, many sites have clubhouses available for rental parties. Located around the metro area, Portland public golf courses are Eastmoreland, Heron Lakes- Great Blue, Heron Lakes- Greenback, RedTail, Rose City, and the newly acquired Colwood Golf Course.

PP&R SKATEBOARDING

6433 NE Tillamook Street | 503-823-4328
portlandoregon.gov/parks/skate

PP&R offers skateboarding classes, clinics, day camps and private lessons for ages four and up in community centers, SUN Community Schools, and in Portland's parks. Skate programs get participants up and skateboarding by educating them in skate park etiquette and skateboard anatomy/function, practicing safe stance and bailing out, and finally by boosting confidence and ability in balance, mechanics and control.

SENIOR RECREATION

6433 NE Tillamook Street | 503-823-4328
portlandoregon.gov/parks/sr

Senior Recreation is dedicated to ensuring access to recreational, educational, and wellness opportunities for adults age 60+. These well-attended programs are offered throughout Portland and include excursions and van trips, health and wellness, gardening, fitness, computers, biking, book club, Brainpower Boost, arts and crafts, language, floral design, golf, cooking, dance, music, drawing, Hike for Health, Metro Movers, and more!

SUMMER FREE FOR ALL

portlandoregon.gov/parks/sffa

Summer Free For All is Portland Parks & Recreation's premiere community outreach effort. This wildly popular summer series of free outdoor activities is held in Portland's parks all over the city and is supported by community sponsors, donations, and in-kind contributions. Each summer, PP&R expects to serve more than 320,000 attendees by offering a collection of concerts, movies, playground programs, summer lunches for youth, a traveling climbing wall, and much more.

TEEN FORCE

6433 NE Tillamook Street | 503-823-4328
portlandoregon.gov/parks/teenforce

Teen Force strives to reflect the energy and excitement of the teens themselves in the awesome trips, classes, drop-in activities, events, and volunteer/service learning outings offered. Teen Force sites include: Charles Jordan, East Portland, Matt Dishman, Montavilla, and Mt. Scott Community Centers. Additional teen programs are available through local centers, SUN Community School sites, and Environmental Education.

REGISTRATION

Receipt of full payment is required for registration, unless otherwise arranged. Please call if you receive a returned check or declined bank card notice, either of which void registration.

RESIDENT / NON-RESIDENT

A resident is:

- anyone who occupies a permanent residence inside the city limits of Portland. At the discretion of a Community Center Director, proof of home address may be required. Acceptable address verification may include a 1) drivers license, 2) Oregon ID card, 3) property tax statement, 4) utility bill or lease agreement with current home address.
- any child living within the school boundaries of the Reynolds and Centennial School Districts who is attending a SUN Community School. Through a partnership between the City and County, a child attending a SUN Community School is eligible to register for programs at any SUN Community School location without paying a non-resident surcharge.

Anyone else is considered a non-resident (NR) and will be assessed a 40% surcharge (rounded to the next highest quarter (.25)). NR surcharges do not apply to drop-in activities. Non-residents who wish to register for PP&R activities may choose one of these options:

- Pay the additional 40% NR fee.
- Purchase a NR fee discount pass as either an individual or family for a period of three, six or nine months from the date of purchase. The NR discount pass takes 25% off the NR fee for the activity. Inquire about this option at time of registration. These passes are not refundable.

Non-resident Pass Prices

3-month pass: Individual \$25 Family \$50

6-month pass: Individual \$45 Family \$90

9-month pass: Individual \$65 Family \$130

A family denotes a couple (married or domestic) or a single parent and their legal dependents living in the same residence.

CLASS ENROLLMENT

Our classes must meet minimum and maximum enrollment standards. Classes may fill quickly or be canceled due to low enrollment.

WITHDRAWAL & REFUNDS

Please notify us at least seven (7) days, unless otherwise specified, before the start of your program so that we can refund or credit your account for the registration fee. Pre-paid materials and admission tickets cannot be refunded. Participants needing to withdraw after the program has begun are offered a prorated credit or refund based upon when the request is made.

SCHOLARSHIPS

City of Portland residents, regardless of age, who require financial assistance may apply for partial scholarships. Contact individual centers for information.

NOTICE OF NON-DISCRIMINATION

PP&R programs and services reflect the cultural diversity of our community. We do not discriminate on the basis of religion, race, color, gender, national origin, sexual orientation, age or ability.

SPECIAL NEEDS

Within the American with Disability Act (ADA), a person with a disability or special need who desires assistance with registration and/or participation in general PP&R programs can contact Inclusion Services at 503-823-4333 or 711 (TRS). If you request assistance through Inclusion Services, a minimum of 10 business days (Monday-Friday) advance notice is required.

If you need a sign language interpreter or FM loop amplifier, please call 503-823-4333 or 711 (TRS), at least five business days in advance of the activity or class. Information about programs and services is available online for those needing a voice synthesis; visit our website at www.PortlandParks.org. For additional ADA information, call 503-823-2223.

PHOTO POLICY

Portland Parks & Recreation (PP&R) reserves the right, and may give permission to the media, to photograph classes, programs, and participants at any of our facilities and properties or any sponsored activity. Please be aware that these photos are for promotional purposes and may be used in future publications and media communications in any format.

If you do not wish to be photographed, please inform staff and we will make reasonable efforts to honor your request. If you see staff taking pictures, and you do not wish to be photographed, please let us know.

If you see a photo of yourself or a family member that causes you concern, please notify us. As a courtesy, we will make every reasonable effort to dispose of the image, and will not use it in future publications. However, we will not be able to retrieve, destroy or discontinue existing printed publications in which the photograph may have been included.

CUSTOMER SATISFACTION

Your satisfaction is our goal! Portland Parks & Recreation strives for 100% customer satisfaction. If you are not satisfied with a recreation program or service, please let us know.

INFORMATION HOTLINE

For information on other PP&R services & programs, call our Information Hotline at 503-823-PLAY (7529), Monday-Friday, 8:30am-5pm.

INCLEMENT WEATHER

If the City of Portland public school districts (Portland Public, Parkrose, David Douglas, Reynolds, and Centennial) are closed because of weather conditions, PP&R classes and youth basketball in those school districts are cancelled. However, some sites may be open for drop-in activities. Call the specific PP&R facility for information and opening/closing times. If inclement weather is forecast on weekends or holidays, call the PP&R facility or program for operating hours and activity cancellations.



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community center or online at PortlandParks.org.