

# MT. SCOTT INDOOR POOL



5530 SE 72nd Ave  
Portland, Oregon 97206  
503-823-3183

## District Aquatic Coordinator

Larissa Doty

## Recreation Coordinator

Megan Stout

## Recreation Leader

Kaylyn Peterson

## Bus Line

#10 Harold, #14 Hawthorne

## Disabled Accessible

Entrances, Pool & Spa with Pool Lift up to 300 lbs), Parking, Restrooms

## Hours – June 19 - August 26

Monday – Friday 5:30am-9:00pm  
Saturday 7:00am-6:00pm  
Sunday 12:00-6:30pm

*Hours will be reviewed periodically to best meet participants' needs.*

## Building Closures & Special Hours\*

June 16 Pool opens at 1:00pm  
June 18, All Staff Training Closed  
July 4 5:30am-4:00pm  
(Pool closes at 3:30pm)

## FEATURES INCLUDE:

- Indoor year round
- 6-lane 25-yard lap pool heated to 84 degrees, water depth 3.5-9 feet.
- Leisure pool with slide, current channel, vortex and interactive play features heated to 88 degrees, water depth 0-3.5 feet.
- Whirlpool spa heated to 102 degrees. Spa closed for cleaning Sundays 6:00-8:00pm.
- Programs offering swim lessons, lap swim, water fitness & recreation swims

## FAMILY SWIM

Children under 18 yrs must be supervised by a parent or guardian in the water. Leisure Pool and Slide open.

### Monday - Friday

12:00- 1:00pm

### Saturday

11:30am- 1:00pm

### Sunday

12:00- 1:00pm

## OPEN PLAY SWIM

### Monday - Friday

1:00- 3:30pm  
(Leisure Pool, slide & rope open)  
7:10- 9:00pm  
(Leisure pool, slide & rope open)

### Saturday & Sunday

1:00- 6:00pm  
(Leisure Pool, slide & rope open)

## ADULT / PRESCHOOL SWIM

Children under 5 years and under. Parent or guardian must accompany children in the water.

### Saturday

9:30- 11:30am (Leisure Pool)



## MT. SCOTT CC and POOL GENERAL ADMISSION FEES\*

FEES: City of Portland Residents / Non Residents

	Drop-In-Visit	Active Pass**	10-Punch Card	20-Punch Card
Adults (18-59 yrs)	\$5.75/\$5.75	\$37.00/\$46.00	\$52.00/\$55.00	\$98.00/\$104.00
Seniors (60+ yrs)	\$4.50/\$4.50	\$29.00/\$36.00	\$41.00/\$43.00	\$77.00/81.00
Teens (13-17 yrs)	\$4.50/\$4.50	\$29.00/\$36.00	\$41.00/\$43.00	\$77.00/81.00
Youth (3-12 yrs)	\$4.00/\$4.00	\$26.00/\$32.00	\$36.00/\$38.00	\$68.00/\$72.00
Toddlers (0-2 yrs)	FREE	FREE	FREE	FREE
Family	N/A	\$61.00/\$74.00	N/A	N/A

\*NOTE: Passes valid only at Mt. Scott CC & Pool. These fees will include use of the following amenities during their regularly scheduled times: • Adult/Preschool Swim • Lap Swim • Open Play Swim • Family Play Swim • Water Fitness Classes • Fitness Room • Adult Basketball and Volleyball (Open Gym) • Roller Rink

\*\*NOTE: Active Passes will auto-renew each month. Simply pay your first monthly fee upon registering, and all future monthly payments are deducted from your debit or credit card.

## FITNESS SWIM TIMES

### LAP SWIM—All Ages (lanes vary)

#### Monday - Friday

5:30am- 12:00pm (lanes vary)  
4:00- 6:00pm (lanes vary)

#### Saturday

7:00- 9:30am (lanes vary)

### ADULT LAP SWIM

#### Monday - Friday

12:00- 1:00pm (lanes vary)  
7:20- 9:00pm (lanes vary)

#### Saturday

9:30am- 6:00pm (lanes vary)

#### Sunday

12:00- 6:00pm (lanes vary)

### Lap Swim & Adult Lap Swim

We will make every attempt to have 1-2 lap lanes available for lap swimmers. Up to 6 lanes will be available at designated times. Call 503.823.3183 for a complete schedule of lanes available during operating hours. (No lanes 6:00-7:20pm)

## CURRENT CHANNEL RUN/WALK

### Monday-Friday

8:00- 9:00am

## SUMMER SWIM TEAM

### Monday - Friday

8:00- 9:00am or 6:05-7:05pm

## MT. SCOTT POOL RENTALS

### Saturday & Sunday

6:45- 9:00pm

## MT. SCOTT WATER FITNESS SCHEDULE

MON	TUES	WED	THURS	FRI	SAT
6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	
7:00- 7:55am Aquaerobics		7:00- 7:55am Aquaerobics		7:00- 7:55am Aquaerobics	
9:05- 10:00am Aquaerobics	9:05- 10:00am AquaPower	9:05- 10:00am Aquaerobics	9:05- 10:00am AquaPower	<b>12:00 -12:55pm Aqua Zumba</b>	9:00- 9:55am AquaPower
10:15-11:10am S.M.I.L.E.	10:15-11:10am S.M.I.L.E.	10:15-11:10am S.M.I.L.E.	10:15-11:10am S.M.I.L.E.	10:15-11:10am S.M.I.L.E.	10:00-10:55am Aquaerobics
6:05- 7:00pm Aquaerobics	6:05- 7:00pm AquaPower	6:05- 7:00pm Aqua Zumba	6:05- 7:00pm Aqua Power		

## SUMMER SWIM LEAGUE

**A summer pre-competitive swim program for youth through age 17. Participants must be able to swim the length of the pool, front crawl and backstroke. Season runs June 19-August 11.**

Fee: \$135 Res / \$189 Non-Res (includes team shirt & cap)  
For information, call 503-823-5130

Nine weeks of daily practices and entry into all dual meets June 30, July 14, July 28 and the End of Season Relay Meets August 11. NOT for year-round USA swimmers.

**MT. SCOTT POOL PRACTICE: 8:00-9:00am or 6:05-7:05pm**

## JR. SWIM INSTRUCTOR

**Monday - Friday**  
3:30- 5:30pm  
(7/9-7/20)

## JR. LIFEGUARD

**Monday - Friday**  
2:30- 5:30pm  
(7/23-8/3)

## MT. SCOTT SPA HOURS

SPA available to those 16 yrs & older

**Monday-Friday**  
5:30am- 9:00pm

**Saturday**  
7:00am- 6:00pm

**Sunday**  
12:00- 6:00pm

NOTE: Pregnant women and those with heart disease, diabetes or high blood pressure should consult with their physician before using the spa.

## MT SCOTT SWIMMING LESSONS AND SWIM LESSON FEES

All swim classes are subject to change.

### PRESCHOOL / YOUTH LESSONS

10 lessons	Resident \$55.00	Non-resident \$77.00
9 lessons	Resident \$49.50	Non-resident \$69.30
5 lessons	Resident \$27.50	Non-resident \$38.50

### ADULT LESSONS

10 lessons	Resident \$65.00	Non-resident \$91.00
9 lessons	Resident \$58.50	Non-resident \$81.90
5 lessons	Resident \$32.50	Non-resident \$45.50

*Times & Levels listed are the same for all Sessions. Unless specified otherwise, both pre & youth classes are offered for Penguin, Otter & Seal.*

### MORNING

8:40 to 9:10am	Starfish, Goldfish (pre), Penguin, Otter (pre), Park Shark
9:15 to 9:45am	Goldfish (pre), Penguin, Otter (yth), Seal (yth), Teen Beginner
9:50 to 10:20am	Goldfish (pre), Penguin (pre), Otter, Seal (pre), Sea Lion
10:40 to 11:10am	Angelfish, Penguin, Otter (yth), Seal (yth), Polar Bear
11:15 to 11:45am	Starfish, Goldfish (pre), Penguin, Otter (yth), Dolphin, Adult Stroke

### LATE AFTERNOON / EVENING

3:45 to 4:15pm	Penguin, Otter, Seal (yth), Teen Stroke
4:20 to 4:50pm	Starfish, Goldfish (pre), Penguin (pre), Otter (yth), Seal (yth), Dolphin
4:55 to 5:25pm	Goldfish (pre), Penguin, Otter (pre), Polar Bear, Sea Lion
5:45 to 6:15pm	Angelfish, Goldfish (pre), Penguin (pre), Otter (yth), Seal (yth)
6:20 to 6:50pm	Goldfish (pre), Penguin, Otter (yth), Park Shark

## MONDAY THROUGH FRIDAY 2-Week sessions offered at all pools

FREE SESSION	June 19-June 22 (4 lessons)
SESSION 1	June 25-July 6 (9 lessons) no 7/4
SESSION 2	July 9-July 20 (10 lessons)
SESSION 3	July 23-August 3 (10 lessons)
SESSION 4	August 6-August 17 (10 lessons)
SESSION 5	August 20-August 24 (5 lessons)

