

# EAST PORTLAND COMMUNITY CENTER

## SUMMER 2018 DROP-IN SCHEDULE | Effective June 19-September 2 | Pool closed Monday, June 18 for staff training

Our one visit drop-in admission fee, 10-visit or 20-visit card, Active Pass, 3-month and annual passes each provide access (all on a first come-first served basis) to the fitness center, water exercise, whirlpool spa, lap swim, open play swim, family swim, adult/preschool swim, indoor park, Family Open gym, adult open basketball and volleyball. Swim lessons, Tai Chi and Chi Kung, Messy Art Park and other classes, rentals and parties are each offered at a separate fee. Hours subject to change.

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Basketball – Open Youth</b> Age 8-20	4:15-6:00pm	4:15-6:00pm	4:15-6:00pm	4:15-6:00pm	4:15-6:00pm		5:00-7:00pm
<b>Basketball – Families</b> \$1/person • Age 13 and under with adult							3:30-5:30pm
<b>Basketball – Open Adult</b> 18+ • Photo ID required	6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-8:00am		
<b>Basketball – 55+</b> Photo ID required		8:00-10:00am		8:00-10:00am			
<b>Volleyball – Open</b> Recreational • 18+ • Photo ID required	7:30-9:30pm			7:30-9:30pm			
<b>Fitness Center</b> 14+ • Waiver required (under 18)	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	7:00am-6:00pm	8:00am-6:00pm
<b>Indoor Park* – Age 5 and under</b> With an adult • \$1.50/child	10:00am-12:00pm (South Gym)		10:00am-12:00pm (South Gym)				
<b>Open Play Swim</b> Non Swimmers or Children under 48" in height must be accompanied within an arm's reach by an adult in the water. **Leisure pool only.	1:00-3:00pm 7:00-9:00pm**	1:00-3:00pm 7:00-9:00pm**	1:00-3:00pm 7:00-9:00pm**	1:00-3:00pm 7:00-9:00pm**	1:00-3:00pm 7:00-9:00pm**	1:00-5:00pm	1:00-5:00pm
<b>Family Swim</b> Children 17 and under must be accompanied by an adult in the water. Non-swimmers and children under 48" in height must stay within an arm's reach of an adult. **Leisure Pool Only.	11:30am-1:00pm**	11:30am-1:00pm**	11:30am-1:00pm**	11:30am-1:00pm**	11:30am-1:00pm**	11:30am-1:00pm**	11:30am-1:00pm**
<b>Lap Swim – Lap Pool</b> Number of lanes available varies. Space may be limited during training classes.	<b>6-7:25am</b> (4 lanes) <b>9:30-11:30am</b> (3-4 lanes) <b>11:30am-1pm</b> (adults only) <b>1-3:15pm</b> (2-3 lanes) <b>7-8pm</b> (2-4 lanes) <b>8-9pm</b> (adults only)	<b>6-7:25am</b> (4 lanes) <b>9:30-11:30</b> (3-4 lanes) <b>11:30am-1pm</b> (adults only) <b>1-3:15pm</b> (2-3 lanes) <b>3:15-6:45pm</b> (2 lanes)	<b>6-7:25am</b> (4 lanes) <b>9:30-11:30am</b> (3-4 lanes) <b>11:30am-1pm</b> (adults only) <b>1-3:15pm</b> (2-3 lanes) <b>7-8pm</b> (2-4 lanes) <b>8-9pm</b> (adults only)	<b>6-7:25am</b> (4 lanes) <b>9:30-11:30</b> (3-4 lanes) <b>11:30am-1pm</b> (adults only) <b>1-3:15pm</b> (2-3 lanes) <b>3:15-6:45pm</b> (2 lanes)	<b>6-7:25am</b> (4 lanes) <b>9:30-11:30am</b> (3-4 lanes) <b>11:30am-1pm</b> (adults only) <b>1-3:15pm</b> (2-3 lanes) <b>5:45-8pm</b> (2-3 lanes) <b>8-9pm</b> (adults only)	<b>7-8:55am</b> (4 lanes) <b>11am-1pm</b> (4 lanes) <b>1-5pm</b> (1-2 lanes)	<b>11am-1pm</b> (4 lanes) <b>1-5pm</b> (1-2 lanes)
<b>Senior / Adaptive Swim</b> Not held on school days off	10:30-11:30am <i>pool supporting multiple programs</i>		10:30-11:30am <i>pool supporting multiple programs</i>		10:30-11:30am <i>pool supporting multiple programs</i>		
<b>Aqua Yoga</b> <i>returns in fall</i>							
<b>Aqua Superfit</b>		7:00-7:55pm		7:00-7:55pm			
<b>Aquaerobics (Shallow)</b>	8:30-9:25am 5:55-6:50pm		8:30-9:25am 5:55-6:50pm		8:30-9:25am	10:00-10:55am	
<b>Aqua Power (Deep)</b>		8:30-9:25am		8:30-9:25am		9:00-9:55am	
<b>Aqua Zumba</b>		8:00-8:55pm		8:00-8:55pm			
<b>S.M.I.L.E. (Shallow)</b>	9:30-10:25am	9:30-10:25am	9:30-10:25am	9:30-10:25am	9:30-10:25am		
<b>River Challenge</b>	8:00-9:00am	5:45-6:45pm	8:00-9:00am	5:45-6:45pm			
<b>Current Channel Walk</b> No instructor	7:30-8:00am (ends 8/8) 9:30-11:30am 5:45-6:45pm	7:30-9:30am (ends 8/10) 9:30-11:30am	7:30-8:00am (ends 8/8) 9:30-11:30am 5:45-6:45pm	7:30-9:30am (ends 8/10) 9:30-11:30am	7:30-9:30am (ends 8/10) 9:30-11:30 5:45-6:45pm		
<b>Whirlpool Open</b> All pool hours • Age 16+	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	7:00am-5:00pm	11:00am-5:00pm
<b>Teen Swim</b> (FREE with TeenForce Pass, must be registered with pass ahead of time)	7-9pm	1-3pm	7-9pm	1-3pm	7-9pm		



## WELLNESS WEDNESDAY 9:00–10:00am

*Blood pressure screenings and body composition testings available outside the fitness center.*

### ACTIVE PASSES

The EPCC Active Pass provides ongoing access to drop-in programs throughout the facility. The Active Pass is not intended to be a one month pass and it is not recommended for less than 3 consecutive months. For your convenience, Active Passes will auto-renew each month. Simply register in person and pay your prorated first month fee by credit card and all future monthly payments are deducted directly from that same debit or credit card. Please stop by the front desk for more information.

Active Pass – Combo Passes	Resident	Non-resident
Adult Couple: 18-59 yrs	\$56	\$69
Senior Couple: 60+ yrs	\$44	\$54
Adult and Senior	\$52	\$64
Parent and Teen	\$52	\$64
Parent and Child	\$50	\$62
Teen and Child	\$42	\$52
2 Children (Same Household)	\$39	\$48

### REPLACEMENT PASSES

If you lose your pass, a replacement pass is \$2.00. Bring your pass each time you visit. Without it, we can not guarantee immediate access to the facility.

### SPECIAL CIRCUMSTANCES

Occasionally, specific facilities within the center (i.e. spa pool, lap pool, etc.) may be closed or have limited operating hours due to repairs, maintenance, inclement weather, holidays, and/or special events. Such closings will not result in a reduction of pass holders' rates or drop-in admission fees. When possible, the times and dates of closures will be posted in advance.

### FINANCIAL ASSISTANCE

Financial assistance and fee reduction is available to those residents of the City of Portland who apply for assistance and meet standard eligibility requirements. The Scholarship Assistance Application is available at our front desk. For more information, call 503-823-3450.

### LOCKER ROOMS AND DAY USE LOCKERS

Bring your own lock to secure personal belongings. Lockers are available for day use only. Use of lockers is at your own risk. East Portland Community Center accepts no responsibility for lost or stolen items. Please leave valuables at home and do not leave items in unlocked lockers.

We request that children age 6 yrs or older use the locker room of their own gender or the family changing room with a parent or guardian. Five family changing rooms are located near the entrance to the swimming pool and are available for families with children and/or individuals with disabilities requiring assistance or special accommodations. All other individuals must use gender specific locker rooms. Leave your valuables at home. Do not leave items in unlocked lockers.

***Bring your own lock. We sell key locks for \$7. We do not have locks to lend.***

	Drop-in one visit	10-visit Pass		20-visit Pass		3-month Pass		Active Pass		Annual Pass	
		Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident	Resident	Non-Resident
Adult 18-59 years	\$5.75	\$52	\$55	\$98	\$104	\$138	\$147	\$37/mo	\$46/mo	\$449/yr	\$552/yr
Senior 60+ years	\$4.50	\$41	\$43	\$77	\$81	\$108	\$115	\$29/mo	\$36/mo	\$351/yr	\$432/yr
Teen 14-17 years	\$4.50	41	\$43	\$77	\$81	\$108	\$115	\$29/mo	\$36/mo	\$351/yr	\$432/yr
Child 3-13 years	\$4.00	\$36	\$38	\$68	\$72	\$96	\$102	\$26/mo	\$32/mo	\$312/yr	\$384/yr
Tots 0-2 years	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE
Family*	n/a	n/a	n/a	n/a	n/a	\$222	\$235	\$61/mo	\$74/mo	\$733/yr	\$888/yr

*10 and 20-visit Passes valid for 2 years from the date of purchase. \*Family denotes a couple (married or domestic partner) or single parent and their legal dependents living in the same household.*