

Player Development Pathway Card

(Ball Type: 6-7 Foam-Orange, 8-11 Foam-Orange-Green Dot, 11-18 Foam-Green Dot)

Bronze (1) Ages 6-18

Student Name _____ Age _____

Tennis Pro _____ Session Date _____ - _____

Class Level: Beginner, Tournament Type: N/A

Tennis Pro Scoring Key:

1 = Novice, 2 = Developing, 3 = Excels

Required Skills

- ◆ Scoring (2 out of 3 Sets, add & no add, odd game changeover)
1 ___ 2 ___ 3 ___
- ◆ Demonstrates on court sportsmanship & tennis etiquette: 1 ___ 2 ___ 3 ___
- ◆ Drop hits ball with topspin to partner or target, side to side, short and deep
1 ___ 2 ___ 3 ___
- ◆ Rallies w/Coach or partner in small space (mini net or without net)
1 ___ 2 ___ 3 ___
- ◆ Ready Position (Groundstrokes, volleys/overheads, return of serve)
1 ___ 2 ___ 3 ___
- ◆ Demonstrates following stroke technique:
 - Forehand (square stance w/unit turn & point of contact) 1 ___ 2 ___ 3 ___
 - Backhand (square stance w/unit turn & point of contact) 1 ___ 2 ___ 3 ___
 - Serve (Full motion or Trophy position, Platform stance, toss & point of contact)
1 ___ 2 ___ 3 ___
 - Volleys (one handed both sides or two handed backhand volley if needed)
1 ___ 2 ___ 3 ___
 - Overhead (w/continental grip) 1 ___ 2 ___ 3 ___
- ◆ Flat serve from trophy position to correct service box from baseline (36', 60' or 78' court) 1 ___ 2 ___ 3 ___

Continued Required Skills:

- ◆ Demonstrates the following grips: 1___ 2___ 3___
Continental (Serve, Volley, Overhead, Backhand- non-dominate hand)
Eastern (Forehand & Backhand- Dominate hand)
Semi-Western (Forehand – if applicable)
- ◆ Basic movement & footwork, side-side/up and back & ready position recovery:
1___ 2___ 3___

Overall Score:

___ 0-15 (Novice) ___ 16-33(Developing) ___ 34-39 (Move - Bronze II)

* Bronze 1 Estimated Graduation: 3—6 Sessions *

Area (s) of Achievement:

Recommendations/Comments:

Portland Tennis Center • 324 NE 12th Avenue, Portland, Oregon 97232
503-823-3189 • portlandoregon.gov/parks/tennis



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