

MATT DISHMAN INDOOR POOL



77 NE Knott Street
Portland, Oregon 97212
503-823-3673

District Aquatic Coordinator
Evan Lilly

Recreation Coordinators
Steve Kavanagh, Sarah Wiggins

Recreation Leader
Sarah Faulkner, Megan Heisler

Bus Line
#6 MLK, #4 Fesseden, #40 Mocks Crest,
#33 Fremont

Disabled Accessible
Entrances, Pool & Spa with Pool Lift up to
300 lbs), Parking, Restrooms

Hours – Monday- Friday 5:30am- 9:00pm
(Friday hot tub closes at 8pm)
Saturday 9:00am- 6:00pm
Sunday 10:30am- 6:00pm
*Hours will be reviewed periodically to best meet
participants' needs.*

Building Closures & Special Hours
(See page 21 for more details)

Dec 24, Christmas Eve	Close at 2:30PM
Dec 25, Christmas	Closed
Dec 31, New Year's Eve	Close at 2:30pm
Jan 1, New Year's	Closed
Jan 4, 11, 18 & 25	Close at 5:30pm
Feb 1	Close at 5:30pm
Feb 8, Feb 15	Close at 5:00pm

FEATURES INCLUDE

- Indoor year round
- L-shaped 6-lane 25-yard pool heated to 84 degrees, water depth 2-12 feet. One-meter diving board
- Whirlpool spa heated to 102 degrees
- Programs offering swim lessons, lap swim, water fitness & recreation swims

OPEN PLAY SWIM

Friday- TEEN ONLY
8:00- 9:00pm (starts 2/22)

Saturday
2:00- 6:00pm

Sunday
1:30- 2:55pm

FAMILY SWIM

Children under 18 years of age must be supervised by a parent or guardian in the water.

Monday- Thursday
12:00- 4:20pm

Friday
9:00am- 7:30pm
(ends at 5:30pm 1/4-2/15)

Saturday
12:45- 2:00pm

Sunday
10:30am- 1:30pm



MATT DISHMAN CC and POOL GENERAL ADMISSION FEES*

FEES: City of Portland Residents

	Drop-In-Visit	Active Pass**	10-Punch Card	20-Punch Card
Adults (18-59 yrs)	\$5.75	\$37.00	\$52.00	\$98.00
Seniors (60+ yrs)	\$4.75	\$31.00	\$43.00	\$81.00
Teens (13-17 yrs)	\$4.75	\$31.00	\$43.00	\$81.00
Children (3-12 yrs)	\$3.75	\$24.00	\$34.00	\$64.00
Toddlers (0-2 yrs)	FREE	FREE	FREE	FREE
Family	N/A	\$61.00	N/A	N/A

*NOTE: Passes valid only at Matt Dishman CC & Pool. These fees will include use of the following amenities on a first-come, first-served basis during their regularly scheduled times:

- Open Play Swim • Family Play Swim • Water Fitness Classes • Fitness Room (must be 14 years & over) • Basketball

**NOTE: Active Passes will auto-renew each month. Simply pay your first monthly fee upon registering, and all future monthly payments are deducted from your debit or credit card.

LAP SWIM TIMES

LAP SWIM

Monday- Thursday
5:30am- 4:00pm (lanes vary)
6:05- 9:00pm (lanes vary)
Ends at 7:25pm 1/2- 2/15

Friday
5:30am- 4:00pm (lanes vary)
6:05- 8:00pm (lanes vary) starts 2/23

Saturday
11:20am- 6:00pm (lanes vary*)

Sunday
10:30am- 2:55pm (lanes vary*)
* During Open Swims, Lap Swim will be limited to 2 lanes

TWILIGHT LAP SWIM

Tuesday/Thursday
8:05- 9:00pm (lanes vary) starts 2/18

Lap Swim: We will make every attempt to have 1-2 lap lanes available at all times for adult lap swimmers. Up to 5 lanes will be available at designated times. Call 503.823.3673 for a complete schedule of lanes available during operating hours.

PAC (Portland Aquatic Club)

Monday- Friday
4:00- 6:00pm

Saturday
7:00- 9:00am

PIL Swim Team
Monday- Friday 1/2- 2/15
7:30- 9:00pm

MATT DISHMAN WATER FITNESS SCHEDULE

MON	TUES	WED	THURS	FRI	SAT
6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	
	7:00- 7:55am Aquaerobics		7:00- 7:55am Aquaerobics		
7:00- 9:15am Independent Aquaerobics / AquaPower (no instructor)	7:00- 9:15am Independent Aquaerobics / AquaPower (no instructor)	7:00- 9:15am Independent Aquaerobics / AquaPower (no instructor)	7:00- 9:15am Independent Aquaerobics / AquaPower (no instructor)	7:00- 9:15am Independent Aquaerobics / AquaPower (no instructor)	
9:15- 10:10am Aquaerobics and AquaPower	9:15- 10:10am Aquaerobics and AquaPower	9:15- 10:10am Aquaerobics and AquaPower	9:15- 10:10am Aquaerobics and AquaPower	9:15- 10:10am Aquaerobics and AquaPower	9:10- 10:05am AquaPower
10:15-11:10am S.M.I.L.E. / AquaPower	10:15-11:10am S.M.I.L.E. / AquaPower	10:15-11:10am S.M.I.L.E. / AquaPower.	10:15-11:10am S.M.I.L.E. / AquaPower	10:15-11:10am S.M.I.L.E. / AquaPower	10:10-11:05am Aquaerobics
6:05- 7:00pm AquaPower	6:05- 7:00pm Pregnancy Fitness	6:05- 7:00pm AquaPower	6:05- 7:00pm Pregnancy Fitness	6:05- 7:00pm AquaPower <i>*(cancelled 11/29-2/15)</i>	
7:05- 8:00pm Aquaerobics		7:05- 8:00pm Aquaerobics		7:05- 8:00pm Aquaerobics <i>*(cancelled 11/29-2/15)</i>	

* 11/29- 2/15 AquaPower and Aquaerobics cancelled for PIL Swim Meets



MATT DISHMAN SWIMMING LESSONS

Monday & Wednesday

- Jan 7 - Feb 6 (9 lessons) *no 1/21*
- Feb 11 - Mar 13 (9 lessons) *no 2/18*

Morning Classes

9:00- 9:30
9:35- 10:05
10:10- 10:40

Afternoon/Evening Classes

4:30- 5:00
5:05- 5:35
5:40- 6:10
6:30- 7:00
7:05- 7:35

Tuesday & Thursday

- Jan 8 - Feb 7 (9 lessons) *no 1/22*
- Feb 12- Mar 14 (10 lessons)

Morning Classes

9:00- 9:30
9:35- 10:05
10:10- 10:40

Afternoon/Evening Classes

4:30- 5:00
5:05- 5:35
5:40- 6:10
6:30- 7:00
7:05- 7:35

Saturday

- Jan 12 - Mar 16 (8 lessons)
no 1/19, 2/16

Morning Classes

9:05- 9:35 11:05- 11:35
9:40- 10:10 11:40- 12:10
10:15- 10:45

Sunday

- Jan 13- Mar 17 (8 lessons) *no 1/20, 2/17*

Evening Classes

3:00- 3:30 *Blue Makos*
3:35- 4:05 5:00- 6:00 or
4:10- 4:40 6:00- 7:00

5:00- 5:30
5:35- 6:05
6:10- 6:40

Private & Semi-Private Lessons only

6:15- 6:45pm

SWIM LESSON FEES

PRESCHOOL / YOUTH LESSONS

10 lessons	Res \$57.00	Non-Res \$80.00
9 lessons	Res \$51.30	Non-Res \$72.00
8 lessons	Res \$45.60	Non-Res \$64.00

ADULT LESSONS

10 lessons	Res \$67.00	Non-Res \$94.00
9 lessons	Res \$60.30	Non-Res \$84.60
8 lessons	Res \$53.60	Non-Res \$75.20

POOL RENTALS AND PARTY PACKAGES

Rentals available on Saturday and Sunday evenings. Party Packages available during Family & Open Swim. For more information please call 503-823-3673.

Occasionally, specific facilities within the Center (i.e. spa), may be closed or have limited operating hours due to repairs, maintenance, inclement weather, holidays, and/or special events. Such closings will not result in a deduction from pass holder costs. When possible, the times and dates of closings will be posted in advance to inform pass holders.