

# MT. SCOTT INDOOR POOL



5530 SE 72nd Ave  
Portland, Oregon 97206  
503-823-3183

## District Aquatic Coordinator

Larissa Doty

## Recreation Coordinators

Crystal Ius, Madeleine Hanlon-Austin

## Recreation Leader

Kelly Beaudoin, Kaylyn Peterson

## Bus Line

#10 Harold, #14 Hawthorne

## Disabled Accessible

Entrances, Pool & Spa with Pool Lift up to 300 lbs), Parking, Restrooms

## Hours – April 1 - June 16

Monday – Friday 5:30am-9:00pm  
Saturday 7:00am-6:00pm  
Sunday 12:00-6:30pm

*Hours will be reviewed periodically to best meet participants' needs.*

## Building Closures & Modified Hours\*

May 27, Memorial Day 5:30am-5:30pm  
June 15 Pool opens at 12:00pm  
June 17, All Staff Training Closed

## FEATURES INCLUDE

- Indoor year round
- 6-lane 25-yard lap pool heated to 84 degrees, water depth 3.5-9 feet.
- Leisure pool with slide, current channel, vortex and interactive play features heated to 88 degrees, water depth 0-3.5 feet.
- Whirlpool spa heated to 102 degrees
- Programs offering swim lessons, lap swim, water fitness & recreation swims

## OPEN PLAY SWIM

### Monday / Wednesday

Swim Lessons, *NO Open Play swims*

### Tuesday / Thursday

7:30- 9:00pm  
(Leisure Pool and Slide open)

### Friday

4:00- 9:00pm  
(Leisure Pool and Slide open)

### Saturday

1:00- 6:00pm  
(Slide and Rope open)

### Sunday

1:00- 5:00pm  
(Slide open 1:00- 5:00pm)  
(Rope Swing open 1:00- 3:00pm)  
(Leisure Pool only 3:00- 5:00pm)

## FAMILY SWIM

*Children under 18 years of age must be supervised by a parent or guardian in the water.*

### Monday - Friday

11:30am- 1:00pm  
(Slide only available Fridays)

### Saturday / Sunday

12:00- 1:00pm  
(Leisure Pool and Slide open)

## LAP SWIM TIMES

**LAP SWIM (All Ages)** lanes vary  
(Not held on Schools Out days, see pg 21)

### Monday / Wednesday

5:30am- 11:30am  
1:00- 9:00pm

### Tuesday / Thursday

5:30- 11:30am,  
1:00- 7:30pm

### Friday

5:30- 11:30am, 1:00- 4:00pm

### Saturday

7:00am- 12:00pm

### Sunday

5:00- 6:30pm

## ADULT LAP SWIM

### Monday / Wednesday

11:30am- 1:00pm

### Tuesday / Thursday

11:30am- 1:00pm, 7:30- 9:00pm

### Friday

11:30am- 1:00pm, 4:00- 9:00pm

### Saturday

12:00- 6:00pm

### Sunday

12:00- 5:00pm

## PAC (Portland Aquatic Club)

### Monday-Friday

4:30- 6:00pm

## CURRENT CHANNEL RUN/WALK

### Monday / Wednesday / Friday

8:00- 9:30am

### Tuesday / Thursday

8:00- 11:30am



## MT. SCOTT CC and POOL GENERAL ADMISSION FEES\*

FEES: City of Portland Residents

	Drop-In-Visit	Active Pass**	10-Punch Card	20-Punch Card
Adults (18-59 yrs)	\$6.00	\$39.00	\$54.00	\$102.00
Seniors (60+ yrs)	\$4.75	\$31.00	\$43.00	\$81.00
Teens (13-17 yrs)	\$4.75	\$31.00	\$43.00	\$81.00
Youth (3-12 yrs)	\$4.25	\$28.00	\$38.00	\$72.00
Toddlers (0-2 yrs)	FREE	FREE	FREE	FREE
Family	N/A	\$64.00	N/A	N/A

\*NOTE: Passes valid only at Mt. Scott CC & Pool. These fees will include use of the following amenities during their regularly scheduled times: • Adult/ Preschool Swim

• Lap Swim • Open Play Swim • Family Play Swim • Water Fitness Classes • Fitness Room • Adult Basketball and Volleyball (Open Gym) • Roller Rink

\*\*NOTE: Active Passes will auto-renew each month. Simply pay your first monthly fee upon registering, and all future monthly payments are deducted from your debit or credit card.

## MT. SCOTT WATER FITNESS SCHEDULE

MON	TUES	WED	THURS	FRI	SAT
6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	6:00- 6:55am AquaPower	
7:00- 7:55am Aquaerobics	8:05- 9:00am Aqua Yoga	7:00- 7:55am Aquaerobics	8:05- 9:00am Aqua Yoga	7:00- 7:55am Aquaerobics	
9:05- 10:00am Aquaerobics	9:05- 10:00am AquaPower	9:05- 10:00am Aquaerobics	9:05- 10:00am AquaPower	9:00- 9:50am Aqua Zumba (First come First Served)	9:00- 9:55am AquaPower
10:15- 11:10am S.M.I.L.E.	10:15- 11:10am S.M.I.L.E.	10:15- 11:10am S.M.I.L.E.	10:15- 11:10am S.M.I.L.E.	10:15- 11:10am S.M.I.L.E.	10:00- 10:55am Aquaerobics
6:05- 7:00pm Aquaerobics	6:05- 7:00pm AquaPower	6:05- 7:00pm Aqua Zumba	6:05- 7:00pm Aqua Power		

### MSCC SWIMMING LESSONS

#### Monday / Wednesday

- April 1- May 1 (9 lessons) *no 4/8*
- May 6- June 5 (9 lessons) *no 5/27*

#### Afternoon/Evening Classes

4:10- 7:50

#### Tuesday / Thursday

- April 2- May 2 (10 lessons)
- May 7- June 6 (10 lessons)

#### Morning Classes

9:00- 11:15

#### Afternoon/Evening Classes

4:10- 7:15

#### Saturday

- April 6- June 1 (8 lessons) *no 5/25*
- 8:10-11:50

*Blue Makos*

12:00- 1:00pm

#### Sunday

April 7- June 2 (7 lessons)

*no 4/21 or 5/26*

3:05- 6:45pm

*Blue Makos*

3:05- 4:05pm

4:15- 5:15pm

5:40- 6:40pm



### PARENT / PRESCHOOL SWIM

Children 5 years and under. Parent or guardian must accompany children in the water.

#### Monday / Wednesday / Friday

9:30- 11:30am

(Leisure Pool)

### SWIM LESSON FEES

#### PRESCHOOL / YOUTH LESSONS

10 lessons Res \$57.00 Non-Res \$80.00

9 lessons Res \$51.30 Non-Res \$72.00

8 lessons Res \$45.60 Non-Res \$64.00

7 lessons Res \$39.90 Non-Res \$56.00

#### ADULT LESSONS

10 lessons Res \$67.00 Non-Res \$94.00

9 lessons Res \$60.30 Non-Res \$84.60

8 lessons Res \$53.60 Non-Res \$75.20

7 lessons Res \$46.90 Non-Res \$65.80

### MT. SCOTT SPA HOURS

*Spa available to those 16 yrs & older*

**Monday - Friday** 5:30am- 9:00pm

**Saturday** 7:00am- 6:00pm

**Sunday** 12:00- 6:30pm

*NOTE: Pregnant women and those with heart disease, diabetes or high blood pressure should consult with their physician before using the spa.*

## KAYAK at MT. SCOTT POOL

**Practice your paddling skills in warm water.**

**Saturdays: April 27, May 25  
6:15- 8:15pm**

**FEE: \$10 per person with boat  
\$5 per extra person**

*Please register in advance.*

**April 27, Class #1106574**

**May 25, Class #1106576**

*Please make sure your kayak is clean and free from any debris. Hose available at back pool entrance.*