

# TeenForce

FALL 2019

## CHARLES JORDAN COMMUNITY CENTER

9009 N FOSS AVE • 503-823-3631

Portland Parks & Recreation's team of Teen Service Coordinators work together to provide safe spaces where youth, ages 10-20 years old, can engage in pro social activities surrounded by caring adults. TeenForce programs are offered at five community centers including: Charles Jordan, East Portland, Matt Dishman, Montavilla and Mt. Scott Community Centers.

### TeenForce Pass Age 10-20

One free pass opens up a whole world of possibilities!  
Gain access to TeenForce fitness times, special admission to designated swim times, open gyms and even Teen Nights at all five PP&R TeenForce facilities.

*Stop by any PP&R TeenForce site to pick up your pass today. Registration takes less than five minutes!*

**AVAILABLE AT**  
Charles Jordan, East Portland, Matt Dishman, Montavilla, and Mt. Scott Community Centers

### Friday Night Teen Nights!

Pre-Teens: Ages 10-13      5-7pm  
HS Teens: Ages 14-18      7:30-9:30pm



### TeenForce Activities | Must register for FREE TeenForce pass and scan card upon arrival for admission.

Activity	Notes/Restrictions	Mon	Tue	Wed	Thu	Fri
Middle School Basketball	Ages 10-13	3pm-6:45pm	3pm-6:45pm	3pm-6:45pm	3pm-5pm	5pm-7pm
High School Basketball	Ages 14-18	3pm-6:45pm	3pm-6:45pm	3pm-6:45pm	3pm-5pm	7:30pm-9:30pm
Post High School Basketball	Ages 18-20	3pm-6:45pm	3pm-6:45pm	3pm-6:45pm	3pm-5pm	
Youth Lounge/ Game Rm		3pm-6:45pm	3pm-6:45pm	3pm-6:45pm	3pm-5pm	5pm-7pm
Open Gym Volleyball						5pm-7pm
Sports Conditioning					3:30-5pm	
Baseball – Pitching & Hitting Clinic	Ages 10-13	Second Friday of each month: Oct 11, Nov 8 & Dec 13, 5:30-7pm				