

PORTLAND POLICE BUREAU
STRENGTH
Programs

Volunteer Application

Family Services Division
Portland Police Bureau
10225 East Burnside
Portland, OR 97216

This Application includes:

1. Application form
2. Supplementary questions
3. Informed Consent/Hold Harmless form
4. Applicant Background information form

Questions about the Training:

Call: 503-823-0262

Fax: (503) 823-0269

Email: WomenStrength.pb@portlandoregon.gov

www.portlandonline.com/police/BoyStrength

***Please submit your application by
Thursday, May 1st, 2014***

Thank you for your interest!





CITY OF PORTLAND, OREGON



Bureau of Police

Charlie Hales, Mayor

Michael Reese, Chief of Police

1111 S.W. 2nd Avenue • Portland, OR 97204 • Phone: 503-823-0000 • Fax: 503-823-0342

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Dear Applicant,

Thank you for your interest in becoming an instructor for the BoyStrength program! Though this is our first year training volunteers for BoyStrength, and we are excited that you are interested. WomenStrength and GirlStrength have been offering volunteer trainings once to twice a year for over 30 years. After completion of the training, new instructors teach with other instructors providing free violence prevention classes to boys around the City of Portland.

Being a BoyStrength instructor is challenging and rewarding. The Mission BoyStrength mission statement is *Fostering awareness, redefining masculinity, and encouraging boys to be leaders in nonviolence*. Some of the BoyStrength goals are to:

- Foster an understanding of what it means to be a young man in today's media driven society
- Boost knowledge and awareness of equity, diversity and cultural differences
- Support boys capacity to express and regulate emotions
- Encourage boys to explore healthier and safer choices to prevent violence
- Enhance boys inner strength to cultivate leadership and mentoring skills
- Increase boys capacity to be allies in ending violence against girls and women
- Promote boys social connections and understanding of healthy relationships
- Raise awareness of the importance of healing and self-care

Our first annual BoyStrength training will begin on June 7th. The instructor selection process is competitive and consists of three components: written application, interview and criminal background check. Enclosed in this mailing are the materials required for you to fill out.

Please don't be intimidated by this application! The process and the paperwork may seem overwhelming for a volunteer position; we also hope the requirements demonstrate the quality of our programs. Our volunteers are representatives of the Portland Police Bureau and the City of Portland. These trustworthy and exceptional people honor our mission to offer free, holistic and accessible violence prevention programming to people in the Portland area. We hope you will decide to be a part of our mission.

Please call one of us (Monae or Sara) if you have any questions. We welcome the opportunity to answer your questions. If you are not available to complete the training this year, but are still interested, please let us know and we will keep your name for future trainings.

Thanks so much for your interest!

Monae Elliott

Sara K. Johnson

BoyStrength Specialist
Family Services Division, PPB
monae.elliott@portlandoregon.gov

WomenStrength Director
Family Services Division, PPB
WomenStrength.pb@portlandoregon.gov

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BOYSTRENGTH PROGRAM

New Volunteer Training Schedule 2014

This training begins with “theory” and ends with learning curriculum and practice in teaching. Some of the subjects taught in the theory portion include understanding oppression, sexual assault, domestic violence, dating & digital violence, child sexual abuse, offender profiles and intervention, prevention strategies, crisis intervention, secondary trauma, case investigation, human trafficking and gang involvement and prosecution.

June 7 th , Saturday	9am – 5pm
June 9 th , Monday	6pm - 10pm
June 10 th , Tuesday	6pm - 10pm
June 11 th , Wednesday	6pm - 10pm
June 12 th , Thursday	6pm - 10pm
June 16 th , Monday	6pm - 10pm
June 17 th , Tuesday	6pm - 10pm
June 18 th , Wednesday	6pm - 10pm
June 19 th , Thursday	6pm - 10pm
June 23 rd , Monday	6pm - 10pm
June 24 th , Tuesday	6pm - 10pm
June 25 th , Wednesday	6pm - 10pm
June 26 th , Thursday	6pm - 10pm
June 28 th , Saturday	9am - 5pm

This is condensed training, as such, graduates will commit to teaching 2 summer camps within July and August to solidify their teaching skills. Summer camps are M-F for 3 hours a day (either morning or afternoon) and are posted on our website

Some questions you may have...

What exactly is this “job?”

This is a volunteer position in which your primary responsibility is to team-teach introductory violence prevention classes. The Strength programs have a holistic approach, including topics such as healthy relationships, emotion regulation and will include physical activity. Instructors are responsible for maintaining confidentiality, representing information accurately, and providing students with a supportive and safe learning environment. Beyond teaching, each instructor influences our curriculum and policies when they participate in the collective decision-making that occurs at our monthly staff meetings.

What qualities do I need to have to become a BoyStrength instructor?

Among the qualities we look for in new instructors are good interpersonal skills, flexibility, good verbal communication skills with groups and individuals, good judgment, ability to work as part of a team, comfort with and interest in working

with diverse people, a desire to teach and sensitivity to issues of violence. Although prior teaching *experience* is definitely not required, the *aptitude* to teach effectively with co-instructors is necessary.

What is the process involved in becoming an instructor?

- 1) The applicant completes the following paperwork (white pages) and sends it in by Friday, April 18th
 - The application form
 - Answers to supplemental questions
 - Informed consent/hold harmless form
 - “Statement of personal history” (background check information)
- 2) The applicant comes to our office to interview with the WomenStrength and GirlStrength directors, and the BoyStrength specialists. There may also be one or two of our current volunteer staff present. During the interview,

we notarize the informed consent, **so the applicant does not need to have the forms notarized, and needs to bring a valid ID to the interview.**

- 3) If the applicant is accepted into the training by staff, the applicant's notarized forms are then forwarded to the police bureau's Personnel Division so they can begin the background check. A police bureau background investigator will contact the applicant for an appointment for fingerprinting and for a brief interview to address any questions the investigator may have. The statement of personal history will be notarized at that time.
- 4) If the applicant passes the background check, he begins training on Saturday, June 7th.

The only thing stopping me from applying is the training schedule. How could I make it work for me? The schedule is definitely intense. We recommend that you not take any other class or take on any other new commitments during this time. Unless you normally keep a schedule like this, your family and friends will see less of you, you may not get to exercise as often or on the same schedule, and your time alone might be less than usual. Being exceptionally organized, even if that does not come naturally to you, being willing to let other activities have lesser priority for two months, and being utterly excited about the work are the keys to completing training with energy to spare. We, of course, encourage you to take good care of yourself throughout. That being said, it is a onetime immersion training that will prepare you to teach, and work towards ending violence in our community.

Do I need to attend every session during training? What if I get sick or have a family emergency during training?

This training is preparation for the important responsibility you agree to take on. Each session of training covers an essential piece of knowledge necessary to being a BoyStrength instructor. The initial training is intensive and we need to make sure all new volunteers can commit to the entire training. If you know of a conflict with any of the dates listed, please call so we can discuss some options. We know emergencies sometimes come up and will work with you on options for making up a missed training session. Our trainers and

coaches volunteer their time as well, and we wish to respect their time as we do yours by asking them to do more only in case of emergencies.

Why isn't training spread out over more time and not so condensed?

Those who have participated in previous years' training viewed the schedule as overwhelming, too. Yet, the majority agreed that the immersion style of training was exhilarating, helped them prepare for the role of volunteer instructor and resulted in lasting friendships among the groups' trainees.

Why the background check?

All individuals who represent the Portland Police Bureau, whether paid or volunteer, have a background check completed. As a volunteer staff member, your criminal history check is the briefest of all the types of checks. After your interview, if you are invited to go through the training, your statement of personal history will be forwarded to the Personnel Division for the confidential background check process. Please call if you have any questions about this process.

Who decides where and when I teach?

Once you complete the training, you decide where and when you teach. As mentioned, volunteers are required to teach 2 camps in the summer, and you decided which ones work with your schedule.

What is the commitment once training is over?

Once training is over, your load lightens!

BoyStrength:

- Teach 4 nine-week programs or camps (summer, fall, winter and spring) in the first year after training
- Teach at least 2 classes in each subsequent year of volunteering
- Attend quarterly staff meetings/in-service trainings which are held every three-four months on a Tuesday or Thursday, 6:30-9:00 pm.
- Attend yearly refreshers for volunteer staff.

**Note: BoyStrength is part of a short-term project. Our goal is seek long term funding and continue into the future.*



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APPLICANT BACKGROUND INFORMATION

Last Name _____ First Name _____ Middle
Name _____

Other names you have used _____

Date of Birth _____ Sex _____ Race _____ Height _____ Weight _____ Hair Color _____
Eye Color _____

Social Security Number _____ Citizenship* _____ Place of Birth _____

**If you are a non US citizen you must present work authorization papers and a Social Security Card at your appointment.*

Home Street Address (actual physical location) _____

City _____ State _____ Zip Code _____ Phone Number _____

Date of last police contact _____

List all states you have lived in since age 16 _____

Email Address _____

Driver's License # _____ State _____

Driver's License # _____ State _____

Company Name _____ Phone
Number _____

Company Address _____ City _____ State _____
Zip _____

Type of work or volunteering to be performed and
where _____

Best phone numbers to contact you to make
appointments _____

WomenStrength and GirlStrength instructors: Please bring this form to your interview. You do not need to fax it to Personnel.

We will contact you regarding scheduling an appointment to present *two* pieces of identification, notarize forms and be photographed and fingerprinted. Applicants must present two *original* pieces of identification such as a drivers license, Social Security card, passport or birth certificate. If you have any questions please feel free to call Personnel @ (503) 823-0333.

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Informed Consent/Release and Hold Harmless Waiver

Ensuring Confidentiality of Background Investigation Information

I acknowledge the need for individuals applying for access to police facilities on a regular basis demonstrate their suitability to access specific areas of police facilities to accomplish the purpose of their business. I further recognize that the Portland Police Bureau has an obligation to ensure public safety and protect police property, equipment and records. I acknowledge the burden of proof of my fitness falls upon me.

I understand that I am authorizing an investigation into aspects of my personal life to determine my fitness to access police facilities. This investigation may include contacting persons and/or organizations that have information relating to my suitability. I also understand that those persons and/or organizations may feel inhibited, intimidated or otherwise reticent about furnishing legitimate information concerning my fitness unless the confidentiality of their information can be guaranteed on a permanent basis.

I further recognize that although some of the information contained in this report is a matter of public record, or would otherwise be accessible to me, this information will be interwoven with other confidential information to which I would otherwise not be privy. Therefore, I exonerate, release and discharge the City of Portland, the Police Bureau, their officers, agents or assigns, now and in the future, from any claim or damages, whether in law or in equity, on behalf of myself, my heirs, agents, or assigns, for their refusal to make available any and all information contained in this facility access screening investigation, including but not limited to the identity of any person or organization who may have supplied information in the course of this investigation, as well as the substance of any such information supplied, even where such information has been the basis for my disqualification from further consideration.

I hereby knowingly, voluntarily, and specifically, waive any rights I may have to examine, review, or to otherwise discover the contents of this investigation and all documents related thereto, whether by request, civil service appeal, grievance, or by legal process.

Signature of applicant

Printed name of applicant

I attest the applicant subscribed the above before me on this ____ day of _____, 20__ in the City of Portland, County of Multnomah, State of Oregon.

Notary Public for the State of Oregon

My commission expires on the ____ of _____, 20____.

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