

Behavioral Health Unit Advisory Committee

Meeting Minutes

April 26, 2017

Committee Members

Lt. Tashia Hager, PPB; PPB; ***Sgt. Chris Burley**, PPB; **Sgt. Todd Tackett** PPB; **Ofc. Jason Jones**, PPB CIT; ***Emily Rochon**, PPB SCT; **Shannon Pullen**, National Alliance on Mental Illness; **Bill Osborne**, Multnomah County Behavioral Health; **Cristina Nieves**, Commissioner Fritz's Office; ***Maggie Bennington-Davis**, Health Share of OR; ***Felesia Otis**, Volunteers of America; ***Floyd Pittman**, Community Representative; **Jan Friedman**, Disability Rights Oregon; **Kathleen Roy**, Central City Concern; **Beth Epps**, Cascadia; **Cpt. Mary Lindstrand**, Multnomah County Sheriff's Office; **Mike Morris**, Oregon Health Authority Addictions & Mental Health Division; ***Melanie Payne**, Bureau Of Emergency Communications, **Janie Marsh**, Mental Health America of Oregon, **Alex Bassos**, Metropolitan Public Defender's Office; **Leticia Sainz**, Multnomah County Mental Health & Addiction Services; **Wyndham McNair**, Case Manager CCC

Guest: Mary Claire Buckley PPB, Adrian Brown US District Attorney's office

[* Indicates Committee Member was absent]

Minutes & Report:

March Minutes & Report

The minutes were reviewed and Bill Osborne moved to accept them as they are. Kathleen Roy seconded the motion. Wyndham Mc Nair abstained. The motion passed.

M/S/P

The report was reviewed and Beth Epps moved to accept them, Bill Osborne seconded the motion. Wyndham Mc Nair abstained. The motion passed.

Adrian Brown would like to share the recommendations in the minutes with others. Can she do this?

Yes, the minutes go through one last approval and then they are posted on the BHU web site at:

<https://www.portlandoregon.gov/police/68666>

Central City Concern – Overview

Kathleen Roy presented the committee with a broad overview of Central City Concern.

Central City Concern has been around since the 1970's and serves more than 13,000 individuals a year. They include single adults, older adults, teens, parents and children throughout the tri-county metro area. Of their employees, 46% are self-identified as in recovery and 25% have experienced Central City Concern's programs first hand. They believe that every person they serve has unique skills and talents that can enrich the health, security, sustainability, and quality of life for us all.

Their goal of CCC is to end homelessness in addition to addressing the other issues such as: addiction, mental illness, chronic health problems, trauma, lack of insurance, unemployment and criminality. CCC combats homelessness with programs that include supportive, affordable housing, integrated health

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care, income & employment services and positive peer relationships. Last year, CCC helped 8324 patients in their clinic, 986 job seekers, 3510 people acquire housing and 5676 with short term stabilization (Hooper detox). Most of the services that CCC provides are located in the Portland's downtown core area. They are opening a new clinic on 122 & Burnside and new housing projects are in the works. They have 1734 homes in 24 buildings for their supportive affordable housing projects.

Their health care clinics are integrated and accessible. They provide primary care, mental health and recovery services. CCC also has mental health programs that are culturally specific. IMANI provides appropriate outpatient mental health and SUDS services to African American adults and Puentes offers the same services to Latino adults and youth. The Old Town Recovery Center is a comprehensive outpatient mental health & SUDS service providers. They have an integrated IHART team, fidelity based ACT services, and Fidelity based ICM and a Community Engagement Program.

They provide a BEST team for those coming into their care. The Benefit Entitlement Team provides technical assistance and guidance for preparing applications for Social Security disability benefits and with enrollment of medical coverage for individuals and families.

CCC also focuses on income & employment assistance to help ensure long term stability of their clients. They have community volunteer corps, Clean & Safe program and a Community Maintenance Team. The Access Center has more than 700 jobs secured in the past two years. They provide one-on-one job placement assistance and follow-up support to employee and employer. They also have a peer program that helps with all of the aspects in housing, recovery, employment and skill building.

Cascadia – Overview

Beth Epps gave the committee an overview of what Cascadia is and how it functions. In 2002 Cascadia was created by Multnomah County as a collection of over 20 agencies that already existed. They currently serve around 15,000 people a year. Cascadia Programs include Secure Residential in Multnomah and Lane County along with Licensed Residential in Clackamas, Lane, Multnomah and Washington County. They are a large PSRB provider, have enhanced care facilities in Multnomah and Lane County and run Facility-Based Supportive Housing in Multnomah & Clackamas. They have a homeless focus in Multnomah County and PSR in outer SE Portland.

They also provide Crisis Intervention via Project Respond (which includes the Mobile crisis team, ED response team and Library outreach), the Urgent Walk-in clinic and Standing Stone. They provide the Turning Point SUD prison programs at CRCI and Coffee Creek and the Intensive Community based programs in Multnomah, Clackamas & Lane Counties and the PSRB ICM.

Their homeless services range from facility based Bud Clark Commons to community base housing outreach teams and the street outreach teams. They have clinic sites in Multnomah County at the Hope Center, Garlington, Plaza and Woodland Park. In Clackamas County they have Lake Road. David's Harp is

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a drop in center. They provide Child & Family services along with Gambling, Recovery, Refugee & Immigrant Support and HOPWA throughout the area.

Addiction Services, Supported Education and Supported Employment services are available at all clinic sites. They have peer wellness services & CAIR through a number of their programs.

Cascadia's Certified Community Behavioral Health Clinic opened April 1, 2017 and has enabled Cascadia to de-silo many of the old agencies into everything *but* residential service. Care Coordination is now their focus. Connecting people with their primary care (optimal) but also monitoring the patient. There have been 1161 people who have signed up in 16 days. The focus will be on population health management and every visit includes a primary health screen PHQ-9, BP, BMI and height and weight. In one year Cascadia will be required to have primary care on site. The missing piece right now is getting the service to those who need it.

After the presentation BHUAC moved up to the Wayne Sullivan room for an award presentation by Billy Williams, the United States Attorney for the District of Oregon. The BHUAC, BHU, and PPB were recognized for the work they have done around the response to the mental health crisis in our community.

The next BHUAC meeting will be on May 24th, 2017 at 2:00 PM at the Portland Police Bureau's Central Precinct, 11th floor BHU Meeting Room.