

Behavioral Health Unit Advisory Committee

Meeting Minutes

February 28, 2018

Committee Members

Lt. Chris Wheelwright BHU (2nd half of meeting); PPB, **Sgt. Todd Tackett** PPB; **Sgt. Casey Hettman** PPB; ***Ofc. Jason Jones**, PPB CIT; **Emily Rochon**, PPB SCT; **Shannon Pullen**, National Alliance on Mental Illness; **Cristina Nieves**, Commissioner Fritz's Office; **Jan Friedman**, Disability Rights Oregon; **Kathleen Roy**, Central City Concern; ***Beth Epps**, Cascadia; **Katie Burgard** Multnomah County Sherriff's Office; **Mike Morris**, Oregon Health Authority Addictions & Mental Health Division; **Melanie Payne**, Bureau Of Emergency Communications, **Janie Gullickson**, Mental Health Association of Oregon (MHAO); **Leticia Sainz**, Multnomah County Mental Health & Addiction Services; ***Wyndham McNair**, Case Manager CCC

[* Indicates Committee Member was absent]

Notes & Updates:

The April meeting will be Shannon Pullen's last meeting. Starting in May, Janie Gullickson will be the new BHUAC Chair.

January Minutes & Report

Katie Burgard moved to accept the January minutes. Christina Nieves seconded the motion. Mike Morris and Melanie Payne abstained. **M/S/P**

Jan Friedman moved to accept the January report. Janie Gullickson seconded the motion. Mike Morris and Melanie Payne abstained. **M/S/P**

Planning for 2018

In order to plan for 2018, the Chair reviewed last year's priority topics with the committee. What have we learned? Next steps? What would you like to see more or less of? What did we not get to?

Overall, members expressed appreciation of the education component of 2017 and learning more about the intersection of law enforcement with the community mental health system. Members wanted to take this knowledge, build on it and turn that collective wisdom into more action in 2018. Members discussed how this committee can have impact on other parts of the mental health system, including more intentionality about exchanging and sharing information with other committees whose work may overlap with BHUAC's focus.

Many of the topics we discussed in 2017 involve Unity, emergency services and other aspects of the community mental health system, including end user experience. One member described the last few years as a "seismic system change." Members wanted to make sure we have the right people at the table to have conversations that lead to better collaboration between systems and increase positive outcomes for people experiencing these systems.

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Members wanted a better understanding of how the disengagement policy is actually working on the ground.

Members wanted examples of what is working well and differently now that BHU exists. Members wanted to know how all the new directives, policies and training are working out in the community. One member suggested starting each BHUAC meeting with a story or case study (with all personal identifying information removed) that would illustrate the impact of the major system changes. One member wanted to hear stories about disengagements and how that policy impacts police encounters with people in crisis.

One member wanted to know if we on track with the DOJ requirements?

One member suggested having some form of public meeting with BHUAC. Is it possible to have a public listening session? Is there an opportunity to showcase to the public how PPB has changed?

Members of the committee would like more data. One member suggested twice a year presentations might be better.

The Chair reviewed topics or presenters that BHUAC did not get to but were requested on the priority list for 2017:

- LPSCC
- County Commissioner
- Judge Jones (now retired although Judge Albrecht could be invited to a future meeting)
- State MH System (the parts that affects the Multnomah County MH system) (Metro BH Collaborative)
- Effectiveness of the Memphis Model

Topics to Review in 2018

Based on the presentations and discussions from 2017, BHUAC would like to learn more information about the following:

- The impact of using emergency services to transport people in crisis to Unity or Providence. Topics to include: use of chemical and physical restraints, how this impacts assessment in the ER, feedback from people who have experienced this new transportation system change, and the training video put together by PPB and AMR that clarifies roles, builds better collaboration and communication, and demonstrates how create and share tactical plans.
- Clarification with community mental health providers about the role of PPB when calling for a Director's hold. There is also a BOEC component to this. Sometimes AMR arrives without police. Sometimes police show up and are hands off. Lt. Wheelwright will follow up directly with the organization that brought up this issue.

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- One member suggested there are misconceptions on what Portland Police's role is thought to be out in the community. BHU is not a mental health provider. There are gaps in the system. Need to identify the issues and get decision makers involved.
- It was also suggested that there needs to be more transparency to providers and the community as a whole about the police's changing role. A member suggested more outreach with provider organizations along with the creation of a handout: What to expect when we do call the police? (Providers of all types) It could address when holds are written, then what? Help with navigating holds. Clarification is needed on what mental health facility really means and how the directives are playing out in the field. It was suggested that a training scenario could have PPB respond to a MH facility.
- One member suggested the Director's Designee training needs updating.
- The DOJ is holding PPB and BOEC to a standard based on the Memphis model and yet has not been able to provide data that this model is proven effective. It is difficult for BHUAC to review PPB and BOEC's efforts against this standard without this data. BHUAC wants to know is there effectiveness data on the Memphis model?
- A presentation on the Americans with Disabilities Act and how it affects the work of BHU.
- A presentation on substance use disorder.

Priority/Next Steps

- Disengagement policy
- Transporting people in crisis to Unity and Providence
- Gaps – education, systems, communication, what is the role of PPB/BHU/BHRT/ECIT?
- Work Group – identify “big picture issues” then problem solve, invite subject matter experts and other key stakeholders, share solutions.
- A tangible document/take away to share with community partners (re: holds, transportation, emergency services, roles, directives, etc.)

Annual Report for 2017

The committee tabled this discussion until next month.

The next BHUAC meeting will be on March 28, 2018 at 2:00 PM at the Portland Police Bureau's Central Precinct, 11th floor BHU Meeting Room.