

# Behavioral Health Unit Advisory Committee

## Meeting Minutes

May 23rd, 2018

### Committee Members

**Lt. Chris Wheelwright** BHU; PPB, **\*Sgt. Todd Tackett** PPB; **\*Sgt. Casey Hettman** PPB; **Ofc. Jim Stegemeyer** PPB CIT; **Emily Rochon**, PPB SCT; **\*Cristina Nieves**, Commissioner Fritz's Office, **\*Beth Epps**, Cascadia; **Katie Burgard** Multnomah County Sheriff's Office; **\*Mike Morris**, Oregon Health Authority Addictions & Mental Health Division; **\*Melanie Payne**, Bureau Of Emergency Communications, **Janie Gullickson**, Mental Health Association of Oregon (MHAO); **Leticia Sainz**, Multnomah County Mental Health & Addiction Services; **Wyndham McNair**, Case Manager CCC; **LaKeesha Dumas**, Office of Consumer Engagement -Multnomah County Mental Health and Addictions Services Division; **Cheryl Cohen**, Health Share of Oregon; **Tim Case**, AMR

[\* Indicates Committee Member was absent]

### Notes & Updates

This is Janie's first meeting as Chair. Welcome to the new members who are on the committee. There was a round of introductions and a brief description of what they do and their backgrounds.

The proposed budget will expand the BHU team by two officers and two clinicians and a full time administrative staff position. This will allow the BHU more time to look for people, more cases to have on their case load and increase the ability to be more proactive to reduce the number of negative encounters that people might have with the PPB.

There was a small recap of the BHU acronyms that apply to the BHU and a refresher for how BHU referrals work. Another ECIT training will be happening in the first part of August. PPB currently has 115 officers who are working on the street who are ECIT trained.

Mike Morris had a behavioral health collaborative meeting recently and one of the things to come out of that meeting was for a regional behavioral health collaborative in the metro area to address the coordination of services in the community. The behavioral health collaborative is 50 people and they are attempting to pull together a smaller group to tackle issues.

### April Minutes & Report

Leticia Sainz moved to accept the April minutes and Katie Burgard seconded the motion. LaKeesha Dumas abstained **M/S/P**

The April status report was approved via email. The motion passed and there were no updates.

### BHU success stories

On the 17<sup>th</sup> of April at the Skidmore fountain area the PPB responded to an individual who was cutting himself with a razor blade. Officers called for more resources and staged. Over the course of 30 minutes

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the officers talked the individual was talked into dropping the razor blade and going on a hold to get treatment for his wounds and a mental health evaluation.

### AMR

Tim from AMR gave a presentation on AMR. They cover all of Multnomah County. They have 235 paramedics and 5 supervisors for a population of 810,000 in a geographic area of 465 sq. miles. They currently have 100,000 calls for service and 75,872 transports annually. There is an 8 minute response standard, the peak deployment is 28 ambulances at a time.

Behavioral health calls in April 2018 = 525 patients with behavioral health as primary impression. 202 of those were transported to Unity. Behavioral Health Calls are 2<sup>nd</sup> and 3<sup>rd</sup> most frequent primary impression. They may chemically restrain patients if they are actively posing a risk to themselves or the crew.

How is transporting to Unity going? Have you noticed a change in the system? They have, about 38% of their transports are going to Unity. Behavioral Health is not new for AMR, but the focus on AMR transporting is. They are still trying to figure out the best way to transport & how is best to transport for the patient. Going to Unity has been smooth and the process is going well. AMR still takes patients to area hospitals, those tend to have a medical issue that Unity can't handle. By and large it seems to be working well.

Tri County 911 – is AMR part of the program? Yes. It is run through Multnomah County and AMR refers repetitive callers to them. The goal is to get them coordinated care to mitigate the calls to 911 and cuts down the cost of transport and high hospital usage.

How often do you divert from Unity? They don't go on divert all that often, though Tim said he hasn't looked at the data recently.

If Chemical restraints are used do they go to another ER rather than Unity? Yes, they are attempting to develop different drugs to use for particular profiles of clients so they can go to Unity. Currently if they use Geodon or Versed then they have to go to another hospital. It usually takes 6 hours recovery from those medication to recover before you could interview someone. Versed alone can wear off in 30 minutes and is preferred by ER staff over the longer bed usage. What are the laws over forced compliant/care? If there is a diminished capacity (unconscious, drugs or alcohol use) there is implied consent for service.

Does the patient have a choice if they go to Unity? The autonomy to say where they seek care. The crew can suggest, if they don't have a preference, but the client chooses. Providence, Keiser and Adventist may be used depending on the situation.

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All police officer holds go through AMR.

### Term Limit Discussion

This was shelved last month. Bi-laws say that community members can serve for 2 years and can be appointed for an additional 2 years term. Some members on the committee are THE person from the organization to have at the table. There are new members coming in, the thought was to change the bi-laws to add another 2 year term. This could keep the continuity on the committee and also let new people filter in. This would be for all members on the committee.

What about adding a clause or line that if an outside agency has a specific position that benefits the BHUAC that they could stay longer? What happens if the person on the committee changes jobs? Can they still represent their new job on the committee? Everybody is a "community member" and there is a diverse cross section of members present. There is no automatic disqualification and there is no limit to the number of members. The bi-laws state specific members who must be on the committee, but then it directs them to seek out members from other parts of the community. If a committee member moves on to another job they may still have the option to remain a member of BHUAC. That decision will be made between the Lieutenant and the committee member.

Cheryl moved that committee members shall serve for 2 years and may be appointed for up to two (2) additional two-year terms. Mike Morris seconded the motion. M/S/P

Commissioner Meieran will be coming next month to deliver a presentation.

**The next BHUAC meeting will be on June 27<sup>th</sup>, 2018 at 2:00 PM at the Portland Police Bureau's Central Precinct, 11<sup>th</sup> floor BHU Meeting Room.**