

PORTLAND BY CYCLE CLASSES

All classes are free and open to the public.

We will schedule additional classes around the city through the summer. Check our calendar at www.portlandoregon.gov/PBOTevents or call 503-823-7699.

Adults Learn to Ride

Saturday, April 27, 11:00 a.m.

Meet: Portland Community College Cascade, N Albina Avenue between Killingsworth and Jessup Streets (quad east of Albina)

Wish you could ride a bike but never learned how? Or maybe you need a refresher? This class is for you! With our safe and easy teaching methods, students will learn how to balance, pedal, start, stop, and steer a bike in a two hour class. Bikes and helmets provided for participants to use.

Cycling Essentials

Tuesday, Apr 30, 12:00 p.m.

Meet: Go Lloyd, 700 NE Multnomah Street – 3rd floor

Want more information on how to develop your cycling awareness, stay comfortable and safe, and find the best bike routes? Come join us for this interactive session and build your cycling confidence.

Bike Mechanics Basics

Thursday, June 6, 6-7:30 p.m.

Meet: Bikes for Humanity PDX, 3366 SE Powell Boulevard

Join us for a hands-on clinic covering basic bike maintenance, flat repair, and a few simple adjustments and cleaning techniques. Learn how to keep your bike running like, um... a well-oiled machine! Great if you can bring your bike, as there'll be an opportunity to work on it, but not absolutely necessary.



PORTLAND BY CYCLE

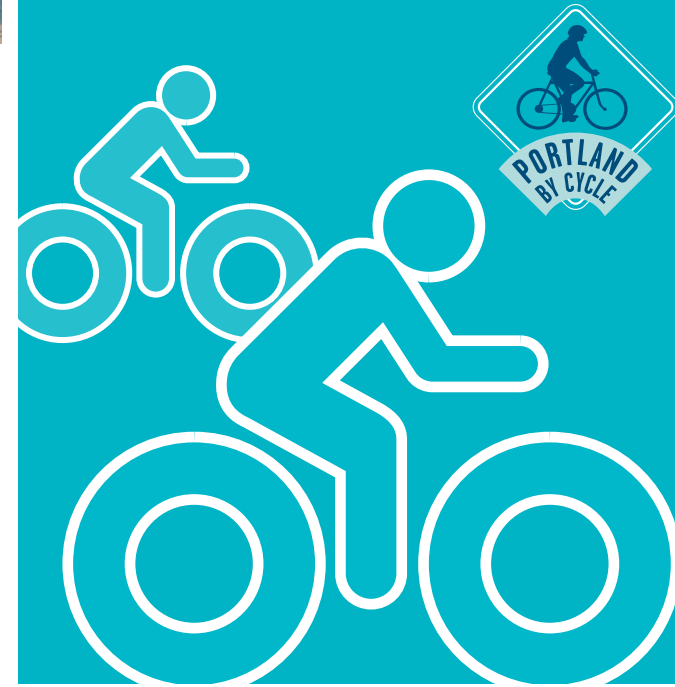
2019

FOR MORE INFORMATION about Portland By Cycle contact Timo Forsberg at 503-823-7699 or timo.forsberg@portlandoregon.gov

Or visit our website at

portlandoregon.gov/smarttrips

Find us on Facebook @PortlandByCycle



MADE POSSIBLE WITH SUPPORT FROM METRO AND THE FEDERAL TRANSIT ADMINISTRATION



PBOT
PORTLAND BUREAU OF TRANSPORTATION



**Drive less.
Save more.**



Sunday Parkways is your ticket to free fun all summer long!

Sunday Parkways promotes healthy active living through a series of free events opening the city's largest public space — its streets — to walk, bike, roll, and discover active transportation.

MAY 19
Southeast

JUNE 30
North

JULY 21
Outer
Northeast

AUG 25
Green Loop

SEPT 22
Northeast

The City of Portland is committed to providing meaningful access. To request translation, interpretation, modifications, accommodations, or other auxiliary aids or services, contact 503-823-5185, Relay: 711.

Portland is the City that Bikes.
We'll show you why, where and how.

Free, easy-paced bike rides for adults. Classes so you can get out and go.



Pretty Chill Cycling SE

E SE

Thursday, May 2, 11:00 a.m.

Meet: Portland Community College SE, SE Division Street and 82nd Avenue (quad north of library)

Whether or not you attend Portland Community College, join us on a relaxed ride for Bike Month.

Pretty Chill Cycling Cascade

N

Thursday, May 9, 11:00 a.m.

Meet: Portland Community College Cascade, N Albina Avenue between Killingsworth and Jessup (quad east of Albina)

Whether or not you attend Portland Community College, join us on a relaxed ride for Bike Month.

Bridges to the Sky

CC SE

Saturday, May 11, 10:30 a.m.

Meet: Powell Park, SE Powell Boulevard and 26th Avenue, by the swings

Kid-friendly ride via several bridges to the Portland Tram and “Celebrate Moms” event.

Pretty Chill Cycling Sylvania

SW

Thursday, May 16, 11:00 a.m.

Meet: Portland Community College Sylvania Main Stop, SW 49th Avenue near library

Whether or not you attend Portland Community College, join us on a relaxed ride for Bike Month.

Stormwater Cycling in Eliot

N

Wednesday, June 5, 5:30 p.m.

Meet: Dawson Park, N Vancouver Avenue and Morris Street
See the innovative ways Portlanders turn rain from a problem into a resource in the Eliot neighborhood.

Resourceful PDX Ride

SE

Tuesday, June 11, 4:30 p.m.

Meet: Col. Summers Park picnic pavilion, SE 17th Avenue and Taylor Street

We'll visit several community organizations that help you consume less and enjoy life more.

Sweet and Savory Cycle

N NE

Tuesday, July 9, 5:45 p.m.

Meet: Alberta Park, NE 19th Avenue and Jarrett Street
Free treats to bribe you to take an easy ride to see neighborhood bikeways and local businesses.

Sweet and Savory Cycle

SE

Wednesday, July 10, 5:45 p.m.

Meet: Woodstock Park, SE 47th Avenue and Harold Street
Free treats to bribe you to take an easy ride to see neighborhood bikeways and local businesses.

Four Parks of East Portland

E NE

Tuesday, July 16, 5:45 p.m.

Meet: Gateway Discovery Park, NE 106th Avenue and Halsey Street

A surprisingly low-stress bike ride to help you find your new favorite park.

Lloyd to Woodlawn to Tillamook

NE

Wednesday, July 17, 5:45 p.m.

Meet: Irving Park, NE 7th Avenue and Fargo Street

PBOT staff will show off two Neighborhood Greenways — one classic, one in the making.

The Art of Transit, SE

SE

Tuesday, July 23, 5:45 p.m.

Meet: Portland Community College CLIMB Center, 1626 SE Water Avenue

Discover public art and bike amenities that TriMet installed along the MAX Orange Line.

Green Lents and Jade

E SE

Wednesday, July 24, 5:45 p.m.

Meet: Lents Park, SE Steele Street and 89th Avenue

See places and efforts that help to green Lents and the Jade District.

Greeley, Really

N

Tuesday, July 30, 5:45 p.m.

Meet: Dawson Park, N Vancouver Avenue and Morris Street

We'll enjoy North Portland Neighborhood Greenways and see where Greeley will soon be more agreeable.

N Portland Parks and Paths on the Peninsula

N

Wednesday, July 31, 5:45 p.m.

Meet: St. Johns Park, 8427 N Central Street

A delightful mid-summer ride on protected bike lanes, off-street paths and low-traffic Neighborhood Greenways.

It's like bike camp for adults.

All Rides are free. No pre-registration required.

Helmets must be worn by all riders. Children under 16 must be accompanied by an adult.

For more information about rides contact
Timo Forsberg at 503-823-7699 or
timo.forsberg@portlandoregon.gov



The Art of Foster

SE

Tuesday, August 6, 5:45 p.m.

Meet: Portland Mercado, 7238 SE Foster Road
Take a look at public art near and along Foster Road, which is now more bike- and walk-friendly.

The Disaster Ride

NE

Wednesday, August 7, 5:45 p.m.

Meet: Glenhaven Park, NE Siskiyou Street and 79th Avenue
See how useful your bike could be during a natural disaster and learn from neighborhood experts how to be prepared.

The Art of Transit, East

E

Tuesday, August 13, 5:45 p.m.

Meet: East Portland Community Center, 740 SE 106th Avenue

Discover public art and bike amenities that TriMet has installed along the MAX Green Line.

SW Multnomah-Vermont Ride

SW

Wednesday, August 14, 5:45 p.m.

Meet: Multnomah County Library – Hillsdale, 1525 SW Sunset Boulevard

We'll ride streets newly improved for biking to see parks and more. There will be hills!

Pretty Chill Cycling SE

E SE

Tuesday, August 20, 5:45 p.m.

Meet: Portland Community College SE, SE Division Street and 82nd Avenue (quad north of library)

Whether or not you attend Portland Community College join us on a relaxed ride showing SE bikeways present and future.

Forest Park Ride

NW

Wednesday, August 21, 5:45 p.m.

Meet: Wallace Park, NW Raleigh Street and 26th Avenue
There will be climbing. Some of the route is on gravel roads — wider tires recommended.

Central City in Motion

CC

Tuesday, August 27, 5:45 p.m.

Meet: Salmon Street Springs, SW Naito Parkway and Salmon Street

We'll see where it's great to ride downtown today, and where there will be improvements soon.

Street Art of the City Ride

NE SE

Wednesday, August 28, 5:45 p.m.

Meet: Oregon Park, NE 30th Avenue and Hoyt Street
Forget a stuffy museum, we've got the best gallery — and no admission fee!