

**Resources**

- ORGANIZED WALKS**  
 Ten Toe Express Walks ..... 503-823-5490  
 Portland Transportation ..... portlandoregon.gov/transportation/at  
 Audubon Society ..... audubonportland.org/trips-classes-camps/adult  
 Columbia River Volkssport Club ..... walking4fun.org  
 Forest Park Conservancy ..... 503-223-5449  
 Mazamas ..... mazamas.org  
 Portland Walking Tours ..... 503-774-4522  
 Rose City Roamers ..... rosecityroamers.org  
 SW Trails ..... swtrails.org  
 Trails Club of Oregon ..... trailsclub.org  
 Walk Oregon! ..... walkoregon.org  
 Wonders of Walking ..... wondersofwalking.com

- BICYCLE PROGRAMS AND CLASSES**  
**Youth Bike Safety Programs**  
 Community Cycling Center ..... 503-288-8864  
 Safe Routes to School ..... 503-823-5291

For more information on walking and biking in Portland contact:  
**Portland Bureau of Transportation Active Transportation and Safety Division**  
 1120 SW 5th Ave., Suite 800  
 Portland, OR 97204  
 503-823-5490  
 TTD 503-823-6868  
 active.transportation@portlandoregon.gov  
 portlandoregon.gov/transportation/at

**PBOT**  
 PORTLAND BUREAU OF TRANSPORTATION  
 1120 SW 5th Ave., Suite 800  
 Portland, OR 97204  
 portlandoregon.gov/transportation  
 7/16 18800

- BICYCLE PROGRAMS AND CLASSES (CONTINUED)**  
**Adult Cycling and Commuting Classes**  
 Portland By Cycle Classes ..... 503-823-7083  
 Bicycle Transportation Alliance ..... 503-226-0676  
**Older Adult Bike Program**  
 Biking is Back  
 Portland Parks and Recreation ..... 503-823-4328  
**Repair, Maintenance, and Information Classes**  
 Portland By Cycle Classes ..... 503-823-7083  
 Bike Farm ..... 971-533-7428  
 Bike Gallery ..... 503-281-9800  
 Bikes for Humanity PDX ..... b4hpdx.org  
 Citybikes ..... 503-239-0553  
 Community Cycling Center ..... 503-288-8864  
 North Portland Bikeworks ..... 503-287-1098  
 River City Bicycles ..... 503-233-5973  
**FREE RECREATIONAL GROUP BICYCLE RIDES**  
 Portland By Cycle Guided Bike Rides ..... 503-823-7699  
 Andando en Bicicletas en Cully ..... facebook.com/AndandoenBicicletasenCully  
 Bike Gallery ..... 503-281-9800  
 Northwest Trail Alliance ..... nw-trail.org  
 Portland Velo ..... portlandvelo.net  
 Portland Wheelmen Touring Club ..... 503-257-PWTC  
 River City Bicycles ..... 503-233-5973  
 Shift ..... shift2bikes.org/cal  
 Women on Wheels ..... meetup.com/womenonwheels

- MAPS, GUIDES, AND PUBLICATIONS**  
 Free from Portland Bureau of Transportation, 503-823-CYCL or portlandoregon.gov/transportation/at  
**Portland Citywide Bike Map and Resources\***  
 With bicycling resources and tips and expanded downtown Portland and downtown Vancouver maps  
**Portland Neighborhood Walk and Bike Maps\***  
 Central City, Northwest/Downtown, Southwest, North, Northeast and Southeast  
**A Portland Pedestrian's Resource Guide\***  
 Helpful resources for getting around Portland on foot  
**Portland Biking Guide\***  
 Comprehensive overview of biking for transportation  
**Portland's Family Biking Guide\***  
 A how-to manual for all stages of family biking  
**Safe Biking Handbook\***  
 Skills and techniques for kids (and adults!)  
**Oregon Bicyclists' Manual\***  
 Bike law and technique from Oregon DOT  
**Bikes On TriMet Information Brochure**  
**Viaje Mejor — Su guía al transporte público\***  
 TriMet guide to transit in Spanish  
 \* disponible en español — available in Spanish

- OTHER MAPS AND GUIDES**  
**Walk There! 50 Treks In and Around Portland and Vancouver**  
 Metro's guide features routes around the region. \$9.95, Metro, 503-813-7575, oregonmetro.gov or at local book shops  
**Bike There!**  
 Bicycle map of the Portland metro area, covers Sandy to Forest Grove, Wilsonville to Vancouver. \$6.00, Metro, 503-813-7575, oregonmetro.gov or at most area bike shops  
**40 Mile Loop Trail Map**  
 \$5.00, 40-Mile Loop Land Trust, 503-665-5519, 40mileloop.org  
**Forest Park Green Trail Map**  
 \$12.00, Forest Park Conservancy, 503-223-5449, forestparkconservancy.org

- SIDEWALKS, CURB RAMPS AND STREET MAINTENANCE**  
 To report needed sidewalk maintenance ..... 503-823-1711  
 To report vegetation blocking signs and intersection visibility ..... 503-823-5211  
 To request a Curb Ramp ..... 503-823-5185  
 peds@portlandoregon.gov  
 To report problems on city streets, such as potholes or broken glass ..... 503-823-1700  
 (24-hour street maintenance line)  
 To report pedestrian or bicycle safety concerns for Portland roadways ..... 503-823-SAFE

- GOVERNMENT AND COMMUNITY ADVOCATES**  
 Throughout the Portland area you can contact many community groups and government agencies for information on pedestrian-, bicyclist- and transit-related issues.  
 City of Portland  
 Bicycle Advisory Committee ..... 503-823-5185  
 City of Portland  
 Pedestrian Advisory Committee ..... 503-823-5185  
 Bicycle Transportation Alliance ..... 503-226-0676  
 Bus Riders Unite ..... opalpdx.org/bus-riders-unite  
 East Portland Action Plan Bike Subcommittee ..... eastportlandactionplan.org/bike  
 Metro ..... 503-813-7575  
 Multnomah County ..... 503-988-5050  
 Northwest Trail Alliance ..... nw-trail.org  
 Oregon Walks ..... oregonwalks.org

**BIKETOWN**  
 BIKETOWN will provide 1,000 smart bikes for use in the Central City and some eastside neighborhoods beginning in July 2016. See the reverse side of this map for the service area. For real-time information on bike availability and location, or about reserving a bike:  
[www.BIKETOWNpdx.com](http://www.BIKETOWNpdx.com)

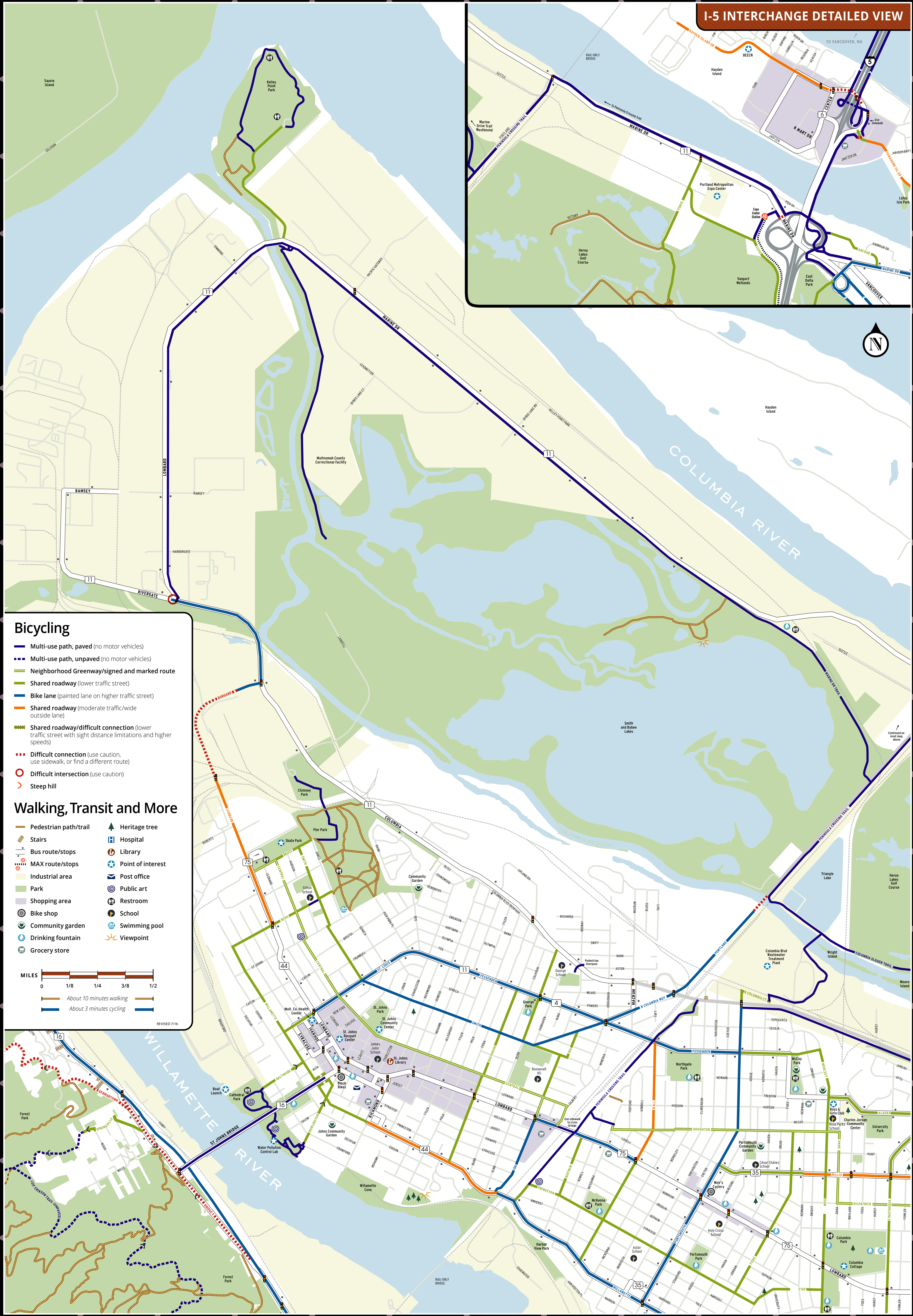
To help ensure equal access to City programs, services and activities, the City of Portland will provide translation, reasonably modify policies/procedures and provide auxiliary aids/services/alternative formats to persons with disabilities. For accommodations, translations, complaints, and additional information, contact Timo Forsberg, 503-823-7699 / timo.forsberg@portlandoregon.gov, use City TTY 503-823-6868, or use Oregon Relay Service: 711.

**NORTH PORTLAND BIKE/WALK MAP**

**FREE**

- Bike routes
- Walking paths
- Signals and stairs
- Transit routes and stops
- Parks and shopping areas
- Amenities and more!

**PBOT**  
 PORTLAND BUREAU OF TRANSPORTATION



**Bicycling**

- Multi-use path, paved (no motor vehicles)
- Multi-use path, unpaved (no motor vehicles)
- Neighborhood Greenway/signed and marked route
- Shared roadway (lower traffic street)
- Bike lane (painted lane on higher traffic street)
- Shared roadway (moderate traffic/wide outside lane)
- Shared roadway/difficult connection (lower traffic street with sight distance limitations and higher speeds)
- Difficult connection (use caution, use sidewalk, or find a different route)
- Difficult intersection (use caution)
- Steep hill

**Walking, Transit and More**

- Pedestrian path/trail
- Stairs
- Bus route/stops
- MAX route/stops
- Industrial area
- Park
- Shopping area
- Bike shop
- Community garden
- Drinking fountain
- Grocery store
- Heritage tree
- Hospital
- Library
- Point of interest
- Post office
- Public art
- Restroom
- School
- Swimming pool
- Viewpoint

MILES 0 1/8 1/4 3/8 1/2

About 10 minutes walking  
 About 3 minutes cycling

**BIKEBOXES**  
**WHAT MOTORISTS SHOULD KNOW:**  
 When the traffic signal is yellow or red, motorists must stop behind the white stop line behind the green bike box. Keep it clear for cyclists to use. **NO RIGHT TURN ON RED at these intersections!**  
 When the light turns green, motorists and cyclists may move through the intersection, with cyclists going first. Motorists turning right on green should signal and watch for cyclists to the right, especially in the green bike lane in the intersection.  
**WHAT BICYCLISTS SHOULD KNOW:**  
 When a traffic signal is yellow or red, enter the bike box from the approaching green bike lane. Stop before the crosswalk.  
 When the light turns green, proceed as normal. Be aware of right-turning motorists, especially while in the green lane in the intersection.

**I-5 INTERCHANGE DETAILED VIEW**

