

## Read up on these **WALKING FACTS!**



A typical pair of tennis shoes will last **500 miles** of walking.

Medillín, the 2nd largest city in Colombia, built a **1,260 foot outdoor** escalator to improve access for people living up a steep hillside.



The first robots able to walk **had six legs.**



Today's robots can walk on two legs, but are still **not as graceful as humans.**



World circumference of **about 25,000 miles**

+

Average walking rate of **3 mph**



=

Walking nonstop for **347 days** to travel around the world

Sleepwalking is called somnambulism (Latin *somnus* "sleep" + *ambulare* "to walk"). **About 18%** of the world suffers from somnambulism.



The term “walk” is from the Old English word *wealcan*, or “to roll.”



A **light-year** = the distance light travels in one Earth year.



**That's 5.9 trillion miles!!**

It would take **225 million years** to walk one light-year at a brisk pace.



Traveling on the fastest aircraft in the world, *NASA's hypersonic scramjet*, would take only **95,000 years**.

The United States **walks the least** of any industrialized nation.



In **Australia**, the average person takes **9,695 steps** per day.



In **Japan**, the average person takes **7,168 steps** per day.



In the **USA**, the average person takes **5,117 steps** per day.

**How many steps do YOU take?**



**PBOT**  
PORTLAND BUREAU OF TRANSPORTATION



[saferoutesportland.org](http://saferoutesportland.org)

The City of Portland is committed to providing meaningful access. To request assistance, contact 503-823-5185; TTY 7-1-1.

[factretriever.com/walking-facts](http://factretriever.com/walking-facts)